



Student Athlete Name _____

Date of Birth _____ Student ID # _____ Sport _____

Stimulant Medication Guidelines and Requirements

Widener University Athletic Department in conjunction with the NCAA Medical Exemption Banned stimulant policy requires strict documentation of the use of stimulant medications. . This documentation must demonstrate that the student-athlete has had a clinical assessment, being monitored routinely for use of stimulant medication, and has a current prescription on file in Student Health Services to be approved for a medical exemption to the banned drug policy.

Clinical Evaluation and documentation must include the following:

(please initial each bullet to confirm that the information is included in the report)

- * Summary of comprehensive evaluation (referencing DSM-IV Criteria) _____
(attach all supporting documentation)
- * ADHD Rating Scale(s) (i.e. Connors, ASRS, CAARS) scores/report summary _____
- * Statement of Diagnosis (including when it was confirmed) _____
- * History of Treatment (previous/ongoing) _____
- * List of all current medication(s) and dosages (prescription and OTC) _____
- * Blood Pressure/Pulse readings, history and physical exam date and results _____
(attach supporting documentation)
- * Laboratory/testing results _____
- * Date/results of most recent Clinical Evaluation _____
- * Follow-up and ongoing plan of care _____
- * A student-athlete signed note that documents that alternative non-banned medications have been considered. _____
- * Copy of current stimulant prescription _____
- * Stimulant Use Fact Sheet used by provider's practice. _____
(attach copy of this fact sheet)
- * Practitioner policy for stimulant misuse; lost or stolen stimulant prescription _____
(attach copy of this policy)
- * Physician name (printed) _____
- * Office address and contact information _____
- * Specialty/Credentials _____
- * Physician signature and date _____