

## CURRICULUM VITAE

### Sanjay R. Nath, Ph.D.

Widener University  
Institute for Graduate Clinical Psychology  
One University Place  
Chester, PA 19013  
p: 610-499-1214  
f: 610-499-4625  
snath@widener.edu

#### EDUCATION:

- Ph.D.** Received 2004, Clinical Psychology  
Temple University, Philadelphia PA  
Dissertation: *Narrative coherence as a predictor of postpartum depression: At-risk women's stories of the transition to motherhood.*  
Advisor: Jay S. Efran, Ph.D.
- M.A.** Received 1997, Developmental Psychology  
University of Chicago, Chicago IL  
Master's Thesis: *Nonclinical depression and the interpretation of day-to-day events.*  
Advisor: Mihaly Csikszentmihalyi, Ph.D.
- B.A.** Received 1994, with General Honors, Phi Beta Kappa  
University of Chicago, Chicago IL  
Major: Fundamentals: Issues and Texts, Minor: Mathematics  
Bachelor's Thesis: *Family dynamics and the role of children in Dostoevsky's The Brothers Karamazov.*

#### LICENSE:

Pennsylvania Psychologist License #PS015846, 2005-present

#### CURRENT POSITION:

ASSOCIATE DEAN AND DIRECTOR, Institute for Graduate Clinical Psychology, Widener University, Chester, PA  
Administrative responsibility for the Psy.D. doctoral training program, as well as full-time faculty position as an associate professor with tenure. Administrative responsibilities include facilitating faculty meetings/governance, supervision of staff, budget responsibility; academic responsibilities include teaching courses, providing supervision, serving on doctoral committees. Research interests includes cross-cultural issues in mental health and assessment, identity development, immigration and acculturation, qualitative research methods, and issues of difference between therapist and client. July 2011-present (prior role as Assistant Professor at Widener from 2005- 2011)

PRIVATE PRACTICE, Philadelphia, PA  
Provide individual and couples psychotherapy to adults and adolescents. Focus on immigration and acculturation issues, Asian-American psychology, identity issues, and college students / late adolescents. January 2006-present

#### HONORS AND AWARDS:

APA Educational Leadership Conference Representative, 2006 and 2007

Lindback Career Enhancement Minority Junior Faculty Grant, 2006-2011  
University Fellowship Scholarship, Temple University, 1997, 2001  
Tuition Award and Graduate Assistantship, Temple University 1998-2000  
Century Fellow Scholarship, University of Chicago, 1995-1997

## **PROFESSIONAL AFFILIATIONS:**

### **APA DIVISION 39 (PSYCHOANALYSIS) MULTICULTURAL CONCERNS COMMITTEE, Co-Chair**

This very active committee meets twice a year formally and monthly informally, and plans an annual panel on race, ethnicity, and culture. Involvement includes streamlining a process for selecting diversity scholars, mentoring current scholars, and attending Division 39 Board meetings as co-chair.

January 2015-present

### **ASSOCIATE EDITOR, *Journal of College Counseling*.**

This journal is a publication of the American College Counseling Association.

July 2010-July 2012

### **EDITORIAL BOARD MEMBER, *Journal of College Counseling*.**

This journal is a publication of the American College Counseling Association.

July 2007- July 2010 (3-year appointment).

### **AD HOC REVIEWER, *Journal of Personality Assessment*.**

2008-present.

### **APA DIVISION 39 (PSYCHOANALYSIS) TASK FORCE FOR ACADEMIC MENTORSHIP, Chair**

This task force is organized to help students and early career professionals who are interested in academic careers and psychoanalysis pursue scholarship, teaching, and clinical work informed by psychoanalysis within the rubric of an academic career. Tasks include a mentoring program, the creation of workshops and programs related to obtaining grant-funding and journal publication within a psychoanalytic research framework, and making psychoanalytic teaching and supervisory resources accessible.

Summer 2006 – Summer 2011

### **PHILADELPHIA SOCIETY FOR PSYCHOANALYTIC PSYCHOLOGY, Board Member, Philadelphia, PA**

Served on the board's program committee, and helped plan talks and workshops related to psychoanalysis. Coordinated outreach efforts to graduate students interested in psychodynamic theory and therapy. Contributed to quarterly newsletter.

Fall 1999 – Spring 2002, Spring 2004 – Summer 2007

### **SOUTH ASIAN AMERICAN FORUM, Board Member, Philadelphia, PA**

Planned six annual events related to South Asia, immigration, and acculturation for a membership composed of mental health professionals, physicians, and members of the community at large. Served as a moderator of talks, coordinated outreach efforts, invited speakers, and helped plan and execute logistics of events. Events focus on prejudice, bicultural identity, and mourning/loss of the home country in immigration. Past featured panels have included, "Immigration and its psychological impact on families" and "Cross-cultural issues in psychotherapy."

May 1998 – Sept 2003

PHILADELPHIA AREA GROUP PSYCHOTHERAPY SOCIETY, Board Member and Graduate Student Liaison, Philadelphia, PA

Served on the board of the local chapter of the American Group Psychotherapy Association. Participation included organizing talks and workshops, and helping to promote interest in group psychotherapy among graduate students and psychiatric residents.  
Fall 1999 – Spring 2002

American Psychological Association, Member

APA, Division 39 (Psychoanalysis), Member

### **RESEARCH GRANTS AND AWARDS:**

HRSA GRADUATE PSYCHOLOGY EDUCATION GRANT, PRIMARY INVESTIGATOR (2014-2016)

Grant for \$190,000 annually for a two year cycle for training of interns and development of curriculum related to health care training in primary care and interprofessional training. Collaborative project with interns placed at AIDS Care Group in Sharon Hill, PA. Supports faculty development at IGCP, student training, and funding of 5 interns on average per year. As principal investigator, I am responsible for team meetings, budget, quarterly reporting, and execution/implementation of the project.

LINDBACK CAREER ENHANCEMENT MINORITY JUNIOR FACULTY GRANT (2006)

Grant for \$15,000 awarded to conduct research on the “Socio-cultural Protective and Risk Factors for Suicide by South Asians in the U.S.” The goal of this project is to use qualitative and quantitative methods to better understand both the protective and risk factors for suicide by South Asians in the U.S. The proposed study has three parts: (1) to examine both cultural documents related to suicide and reported individual cases of suicide attempts by South Asians in the United States; (2) to collect web-based survey data about South Asian views of suicide and mental health; and (3) to conduct intensive interviews with local South Asians in the community about their views of suicide and mental health. Through analysis of these multiple data sources, it is hoped that a preliminary description of protective and risk factors for suicide among South Asians in the U.S. can be obtained and compared to the previous findings from the United Kingdom.

ACCESS PROJECT: RATES OF COLLEGE COUNSELING CENTER UTILIZATION BY ETHNICITY (2006)

Co-principal investigator, together with Susanna Chyu, D.O., from Thomas Jefferson University. Obtained funding of \$1800 from the American Psychiatric Association, Minority Fellowship, to conduct a research project aiming to provide descriptive data on how the proportions of various ethnicities that utilize college counseling centers’ mental health services differ from the proportions of those same ethnicities in the student bodies at large on the respective campuses. The project will sample a dozen colleges and universities in the greater Philadelphia metropolitan area and attempt to collect summary group-level data from each school’s college counseling center utilization rates.

AMERICAN PSYCHOLOGICAL ASSOCIATION’S COMMISSION ON ETHNIC MINORITY RECRUITMENT, RETENTION AND TRAINING IN PSYCHOLOGY (2006)

Grant awarded for \$4000 for faculty development and training at Widener University’s Institute for Graduate Clinical Psychology related to “Handling Challenging Moments in the Classroom Effectively:

Increasing Graduate-Level Psychology Faculty's Multicultural Teaching Competency," to promote and improve multicultural education and training in psychology.

WIDENER UNIVERSITY PROVOST'S GRANT AND FACULTY DEVELOPMENT GRANT (2006)  
Internal university grants (total of \$3300) to provide supplementary funding for research on protective and risk factors for suicide described above.

## **PUBLICATIONS:**

**Nath, S. R.**, Lee, A. J., Belcher-Timme, Z., & Chau, C. P. (2014). Projective testing with Asian clients. In L. T. Benuto, N. S. Thaler, B. D. Leany, L. T. Benuto, N. S. Thaler, B. D. Leany (Eds.) , *Guide to psychological assessment with Asians* (pp. 121-133). New York, NY, US: Springer Science. doi:10.1007/978-1-4939-0796-0\_8

**Nath, S. R.**, & Alvelo, P. R. (2014). Personality Disorders, Overview. *Encyclopedia of Critical Psychology*, pp. 1368-1374.

Shorey, H. S., **Nath, S. R.**, & Carter, M. (2013). Using research to inform best practices in working with adoptive families. In V. M. Brabender, A. E. Fallon, V. M. Brabender, A. E. Fallon (Eds.) , *Working with adoptive parents: Research, theory, and therapeutic interventions* (pp. 45-60). Hoboken, NJ, US: Wiley.

Patel, N. G, & **Nath, S. R.** (2013). Where identity and trauma converge: Hindu-Muslim perceptions of the 2002 Gujarati riots. *Journal of Muslim Mental Health*, 7(2), 25-45.

Ikunaga, A., **Nath, S. R.**, & Skinner, K. (2013). Internet suicide bulletin boards in Japan: A qualitative content analysis. *Transcultural Psychiatry*, 50(2), 280–302.

Ahmad-Stout, D. J., & **Nath, S. R.** (2013). South Asians in college counseling. *Journal of College Student Psychotherapy*, 27(1), 43-61.

Yocum, A. L., & **Nath, S. R.** (2011). Anticipating father reentry: A qualitative study of children's and mothers' experiences. *Journal of Offender Rehabilitation*, 50, 286-304.

Chao, R., & **Nath, S. R.** (2010). The role of ethnic identity, gender roles, and multicultural training in college counselors' multicultural counseling competence: A mediation model. *Journal of College Counseling*, 14, 50-64.

Gordon, A. & **Nath, S. R.** (2010). A comparison of the dependent variables in CBT and PDT outcome research: Towards measuring symptom states, personality traits, and mental capacities. *Journal of the American Psychoanalytic Association*, 58, 556-560.

**Nath, S. R.** (2010). The write stuff: Local writer applied psychoanalytic theory in a non-traditional context. *Philadelphia Society for Psychoanalytic Psychology Currents*, Summer.

Coren, C., **Nath, S. R.**, & Prout, M. F. (2009). Computer-assisted sensate focus: Integrating technology with sex therapy practice. *Journal of Technology in Human Services*, 27, 273-286.

Lehman, D. J., & **Nath, S. R.** (2009). Female genital mutilation: Insider/outsider discourses and the politics of judgment. *Psychoanalysis, Culture, & Society*. 14, 406-413.

Momenian-Schneider, S. H., Brabender, V. M., & **Nath, S. R.** (2009). The psychophysiology of personality assessment: The body's reaction to the response phase of the Rorschach and 16PF. *Journal of Personality Assessment*, 91, 494-496.

**Nath, S. R.** (2008). Academically successful students with serious mental health difficulties: A psychodynamic developmental perspective. *Journal of College Student Psychotherapy*, 22, 17-27.

**Nath, S. R.** (2007). In the beginning is the end: The life of Masud Khan. [Book review of *False Self*]. *Psychoanalysis, Culture, & Society*, 12, 296-299.

**Nath, S. R.** (2007). Panel summary of 'I'm Not in Kansas Anymore: Complexity and Paradox in Psychoanalytic Work at a College Student's Pace.' *Psychologist-Psychoanalyst*, 27(4), 28-30.

**Nath, S. R.** (2006). Gerald Gargiulo to Speak at Fall Dinner Meeting [Review of *Psyche, Self, and Soul* by Gerald Gargiulo]. *Philadelphia Society for Psychoanalytic Psychology Currents*, August.

**Nath, S. R.** (2006). Panel summary of 'Will the real Eminem please stand up? Psychoanalytic perspectives on a rapper and his adolescent fans.' *Psychologist-Psychoanalyst*, 26(3), 40-41.

Efran, J. S., & **Nath, S. R.** (2003). The Zen of social phobia: A context-centered group treatment. In J. D. Raskin & S. K. Bridges (Eds.), *Studies in meaning: Explorations in Constructivist Psychology* (Vol. 2) New York: Pace University Press.

Silk, J. S., **Nath, S. R.**, Siegel, L. R., & Kendall, P. C. (2000). Conceptualizing mental disorders in children: Where have we been and where are we going? *Development and Psychopathology*, 12, 713-735.

Kendall, P. C., Marrs-Garcia, A., **Nath, S. R.**, & Sheldrick, R. (1999). Normative comparisons for the evaluation of clinical significance. *Journal of Consulting and Clinical Psychology*, 6, 285-299.

## **PEER-REVIEWED CONFERENCE PRESENTATIONS:**

**Nath, S. R.**, & Davisson, K. (2015). Intersectionality: Gender, sexuality and race- The trifecta. Part I- Theory. Co-chairs of panel at the Division 39 Spring Meeting Annual Conference (Atlanta, GA) in April, 2016.

**Nath, S. R.** (2015). The origins of childhood subjectivity: Cultural and dynamic considerations. Roundtable panelist at the Association for the Psychoanalysis of Culture and Society Annual Conference (Rutgers, NJ) in November, 2015.

**Nath, S. R.** (2015). The new health care environment and clinical training: Psychologist advocates for the underserved. Paper presented at the American Psychological Association Annual Convention (Toronto, CA) in August, 2015.

**Nath, S. R.**, & Moore, K. C. (2015). Psychologists as social change agents: A social justice based clinical practice and training model. Co-chairs of panel at the American Psychological Association Annual Convention (Toronto, CA) in August, 2015.

Ahmad-Stout, F., **Nath, S. R.**, Khoury, N. K., and Huang, H. (2015). Suicidality, resilience, and help-seeking barriers: A qualitative study of South Asian women survivors of domestic violence.

Poster presented at Harvard Psychiatry Research Day Poster Session (Cambridge, MA) in April, 2015.

**Nath, S. R.** (2013). Revenge of the youth: Early/mid-career ethnic therapists reflect on a senior White analyst's cross cultural work. Panelist at the Division 39 Spring Meeting Annual Conference (Boston, MA) in April, 2013.

**Nath, S. R.** (2012). 'The self' as illusion': Acceptance, diagnosis, and negotiated identity in the therapeutic context. Roundtable panelist at the Association for the Psychoanalysis of Culture and Society Annual Conference (Rutgers, NJ) in November, 2012.

Ahmad-Stout, D., & **Nath, S. R.** (2012). College counseling utilization by race: The importance of campus environmental factors. Poster presented at the American Psychological Association Annual Convention (Orlando, FL) in August, 2012.

Klein, R. A., Davis, W., & **Nath, S. R.** (2012). Self-concept development among youth participating in a transitional living program after emancipation from foster care. Poster presented at the American Psychological Association Annual Convention (Orlando, FL) in August, 2012.

**Nath, S. R.** (2011). Clinical training. Roundtable panelist at the Association for the Psychoanalysis of Culture and Society Annual Conference (Rutgers, NJ) in November, 2011.

**Nath, S. R.**, Ahmad, F., van Leer, S., & Carter, M. (2011). South Asians residing in the U.S. and suicide protective factors: Preliminary results from a quantitative and qualitative study. Poster presented at the American Psychological Association Annual Convention (Washington, DC) in August, 2011.

Malora, K., & **Nath, S. R.** (2011). A comparison of self-reported and implicit interpersonal dependency in lesbian and heterosexual women. Poster presented at the American Psychological Association Annual Convention (Washington, DC) in August, 2011.

Berman, M. F., & **Nath, S. R.** (2011). A critical evaluation of international psychosocial programs following disasters: Lessons learned from the tsunami in Sri Lanka. Poster presented at the American Psychological Association Annual Convention (Washington, DC) in August, 2011.

Winokur, S. B., Langleben, D., Franklin, T., & **Nath, S. R.** (2011). The impact of gender and trauma on cue-induced craving. Poster presented at the American Psychological Association Annual Convention (Washington, DC) in August, 2011.

Dias, K., & **Nath, S. R.** (2011). First-generation college students' negotiations of class identity, social mobility, and belonging at elite liberal arts colleges committed to diversity. Poster presented at the Division 39 Spring Meeting Annual Conference (New York, NY) in April, 2011.

Nath, S. B., **Nath, S. R.** & Gibfried, D. (2010). Wisdom in the supervisory hour: Clinical supervision and nontraditional students. Paper presented at the 6<sup>th</sup> Annual International Interdisciplinary Conference on Clinical Supervision (Adelphi University, Garden City, New York) in June, 2010.

Gordon, A. & **Nath, S. R.** (2010). A comparison of the dependent variables in CBT and PDT outcome research: Towards measuring symptom states, personality traits, and mental capacities. Poster presented at the American Psychoanalytic Association National Meeting (New York) in January, 2010.

Debiak, D., Jones, A. L., Holcomb, L., **Nath, S. R.**, & Wang, D. (2009). Speaking against limits: Encounters with otherness. Roundtable panel discussion at the Association for the Psychoanalysis of

Culture and Society Annual Conference (Rutgers, NJ) in October, 2009.

**Nath, S. R.**, Schultz, D., Warren, O., Wood, N. (2009). Gays, lesbians, bisexuals, and trans: Sexuality in Chile today. Moderator of panel discussion, American Psychological Association National Convention (Toronto, Canada) in August, 2009

Ikunaga, A., **Nath, S. R.**, & Skinner, K. (2009). Internet suicide bulletin boards in Japan: A qualitative content analysis. Poster presented at the American Psychological Association Annual Convention (Toronto, Canada) in August, 2009.

Whitten, R. L., & **Nath, S. R.** (2009). Heterosexual Christian women's experience of premarital abstinence and marital sexuality. Poster presented at the American Psychological Association Annual Convention (Toronto, Canada) in August, 2009.

Patel, N.G., & **Nath, S. R.** (2009). Hindu-Muslim perceptions of the 2002 Gujarati Riots. Poster presented at the American Psychological Association Annual Convention (Toronto, Canada) in August, 2009.

Bhogal, K. R., Brabender, V., & **Nath, S. R.** (2009). Integrating biofeedback and talk therapy: A focus on the relationship. Poster presented at the American Psychological Association Annual Convention (Toronto, Canada) in August, 2009.

Sonenshein, E., Boyer, B.A., **Nath, S. R.**, Tannenbaum, M. & Brenner, D. (2009). An examination of the psychosocial impact of familial dysautonomia on the family. Poster Presented at the 30th Annual Scientific Sessions of the Society of Behavioral Medicine, Montreal, Quebec in April, 2009.

**Nath, S. R.** (2008). Mental health, stigma, and service utilization by South Asian families in the U.S. Paper presented at the biannual International Childhood and Migration Interdisciplinary Conference (Philadelphia, PA) in June, 2008.

Yocum, A. L., & **Nath, S. R.** (2008). Mothers' and children's expectations prior to father reentry from prison. Poster presented at the American Psychological Association Annual Convention (Boston, MA) in August, 2008.

**Nath, S. R.** (2008). Psychoanalysis and academia: Three rings under the big tent. Paper presented at the American Psychological Association Annual Convention (Boston, MA) in August, 2008.

Lehman, D. J., & **Nath, S. R.** (2008). Female circumcision: An ethnographic perspective. Poster presented at the Delaware Psychological Association annual meeting (Rehobeth, DE) in October, 2008.

**Nath, S. R.**, Moore, K., Debiak, D., & Dias, K. (2007). Psychoanalytic psychotherapy as activism: Treatment of LGBT clients diagnosed with HIV/AIDS. Roundtable clinical case presentation at the Association for the Psychoanalysis of Culture and Society Annual Conference (Rutgers, NJ) in November, 2007.

**Nath, S. R.** (2007). Beyond academic success and failure: The struggle for authenticity. Paper presented at a symposia of the American Psychological Association, Division 39 Annual Conference (Toronto, Canada) in April, 2007.

Momenian-Schneider, S. H., Brabender, V. M., & **Nath, S. R.** (2007). The psychophysiology of personality assessment: The body's reaction to the response phase of the Rorschach and 16PF. Paper presented at a symposia of the Society for Personality Assessment Annual Conference (Alexandria, VA)

in March, 2007.

**Nath, S. R.,** Ward, R. M., Moore, K., & Debiak, D. (2006). Bureaucratic realities, psychoanalysis and subversion: Therapeutic responses to life in a capitalist society. Roundtable panel presentation at the Association for the Psychoanalysis of Culture and Society Annual Conference (Rutgers, NJ) in October, 2006.

**Nath, S. R.** (2006). A constructivist research project: Women's narratives of the transition to motherhood and postpartum depression. Paper presented at the Constructivist Psychology Network Annual Conference (San Marcos, CA) in July 2006.

**Nath, S. R.** (2006). Lose yourself in the music: Adolescents' fascination with Eminem. Paper presented at a symposia of the American Psychological Association, Division 39 Annual Conference (Philadelphia, PA) in April, 2006.

**Nath, S. R.** (2005). Socio-cultural protective and risk factors for suicide by South Asians. Invited panel presentation for National Asian American Pacific Islander Mental Health Association and New York Coalition for Asian American Mental Health conference "Breaking the Silence: Assessment and Prevention of Suicide among Asian Americans" (New York, NY) September, 2005.

Patel, N., Gurung, R. A., & **Nath, S. R.** (2003). Issues in close relationships: Mixed-ethnic relationships and arranged marriages. Presented as part of a symposium on "Current Trends in South Asian American Theory, Research, and Practice" at the American Psychological Association Annual Meeting (Toronto, Canada) in August, 2003.

Efran, J. S., & **Nath, S. R.** (2002). Overcoming shyness: A context-centered group approach. Workshop presentation at the annual meeting of the American Group Psychotherapy Association, Annual Conference (New Orleans, LA) in March 2002.

**Nath, S. R.** (2001). Psychoanalysis as a hermeneutic science: Beyond the mystic writing-pad. Paper presented at a symposia of the American Psychological Association, Division 39 Annual Conference (Santa Fe, NM) in April 2001.

**Nath, S. R.,** & Feldman, T. E. (2000). Project for an integrated psychology: Reconsidering the relationship between psychology and biology through the eyes of Niels Bohr. Paper presented at a symposia of the American Psychological Association, Division 39 Annual Conference (San Francisco, CA) in April 2000.

**Nath, S. R.,** Cook, P. F., Jack, M. S., Johnson, S., Sheldrick, R. C., & Efran, J. S. (1999). An acceptance based treatment for social phobia. Poster presented at the Philadelphia Area Group Psychotherapy Association Conference (Chester, PA) in April, 1999.

Lapkin, J. B., Bifulco, A., Anderson, B., Fraser, M., Siegal, L. R., & **Nath, S. R.** (1999). Children's unique contribution to their parents' reports of life events: A preliminary analysis. Poster presented at the biennial meeting of the Society for Research In Child Development (Albuquerque, NM) in April 1999.

#### **INVITED PRESENTATIONS:**

**Nath, S. R.** (2014). Accessing mental health care. Presentation to the 1<sup>st</sup> Annual Chester Wellness and Resiliency Symposium (Chester, PA) in May, 2014.



**Nath, S. R.** (2013). Multicultural assessment and intervention. Presentation to the Delaware County Intermediate Unit (Morton, PA) in November, 2013.

**Nath, S. R.** (2013). Class issues in psychotherapy. Presentation to the University of Pennsylvania Counseling Center (Philadelphia, PA) in November, 2013.

**Nath, S. R.** (2011). A clinical case presentation of a suicidal patient. Presentation to the Haverford College Counseling Center Staff (Haverford, PA) in May, 2011.

**Nath, S. R.** (2009). Working effectively with South Asian students on a college campus. Presentation to the Temple University Counseling Center (Philadelphia, PA) in December, 2009.

Shapiro, J., **Nath, S. R.**, & Robinson, K. (2009). 'Born into brothels: Calcutta's red light kids.' Film Screening and Discussion. Invited panel discussion, Bryn Mawr Graduate School of Social Work Scott Lecture Series (Bryn Mawr, PA) in October, 2009.

Navsaria, N., **Nath, S. R.**, & Niemiec, R. (2009). 'Slumdog Millionaire.' Film Screening and Discussion. Invited panel discussion, American Psychological Association National Convention (Toronto, Canada) in August, 2009.

**Nath, S. R.** (2009). Tina and her Sisters: How Party And Play Puts MSM at Greater Risk of HIV and STDs. Discussion panelist at the 10th Annual Prevention and Outreach Summit (Philadelphia, PA) in June, 2009.

**Nath, S. R.** (2008). Working with Asian-American students in psychotherapy. Presentation to the Temple University Counseling Center (Philadelphia, PA) in November 2008.

Schultz, D., Warren, O., Wood, N., & **Nath, S. R.** (2008). Los gays, lesbianas, transexuales y bisexuales: Sexuality in Chile today. Annual IGCP LGBT Lecture, Widener University (Chester, PA) in October, 2008.

**Nath, S. R.** (2008). Gay Men and Mental Health: Cocktails, Crystal, Coke, and Condoms. Discussion panelist at the 9th Annual Prevention and Outreach Summit (Philadelphia, PA) in June, 2008.

**Nath, S. R.** (2008). YouTube Mania. Panelist on "It's Your Call with Lynne Doyle" [Television Broadcast, Aired June 11, 2008]. Philadelphia: CN8, The Comcast Network.

**Nath, S. R.** (2008). Teen Suicide. Panelist on "It's Your Call with Lynne Doyle" [Television Broadcast, Aired June 17, 2008]. Philadelphia: CN8, The Comcast Network.

**Nath, S. R.** (2008). Culture and Resilience. Presentation at the 9<sup>th</sup> Annual Widener University Grandparents Conference (Chester, PA) in May, 2008.

**Nath, S. R.** (2007). Domestic violence on college campuses. Panel presenter for The Women's Resource Center, Swarthmore College (Swarthmore, PA) in December, 2007.

**Nath, S. R.** (2007). The psychology of crossing cultures: South Asian students' adjustment to U.S. university life. Invited presentation to the University of the Sciences Student Affairs Staff (Philadelphia, PA) in October 2007.

**Nath, S. R.** (2007). Power, effect size, and meta-analysis: A review. Invited faculty in-service presentation to IGCP Faculty, Widener University (Chester, PA) in October 2007.

Rastogi, M., Aldarondo, E., Inman, I., **Nath, S. R.**, & Shah, S. (2007). 'Bend It Like Beckham' Film Screening and Discussion. Invited panel discussion, American Psychological Association National Convention (San Francisco, CA) in August, 2007.

**Nath, S. R.** (2007). 'The wrong things for the right reasons': Adolescents, music, and the inner world. Paper presented at the Philadelphia Society for Psychoanalytic Psychology Spring Meeting (Philadelphia, PA) in April, 2007.

**Nath, S. R.**, & Nath, S. B. (2007). Suicide awareness panel. Presentation to the Bryn Mawr College Chapter of Active Minds (Bryn Mawr, PA) in April, 2007.

**Nath, S. R.** & Moore, K. (2007). From culture to couch and couch to culture (co-facilitators), featuring invited speaker Lynne Layton. Four part workshop sponsored by the Philadelphia Center for Psychoanalytic Education in March, 2007.

**Nath, S. R.** (2007). From arranged marriages to rearranged ideas. Presentation to the University of the Sciences Counseling Center Staff (Philadelphia, PA) in March 2007.

**Nath, S. R.** (2007). Conflict in today's society. Discussion session leader at the 2007 International Leadership Conference: Exploring and Defining Your Vision of the World (Philadelphia, PA) in February, 2007.

**Nath, S. R.** (2006). Eminem: A psycho-biographical introduction. Invited presentation for the Adelphi University Speakers Series Colloquium (Garden City, NY) in November, 2006.

Bradender, V. M., & **Nath, S. R.** (2006). Presentation to the Drexel University School of Nursing.

**Nath, S. R.** (2005). Themes of class and culture: South Asian perspectives. Invited panel presentation for The City University of New York conference "Cross Cultural Issues and Counseling" (New York, NY) in October, 2005.

**Nath, S. R.** & Parkes, L. (2005). Transitions of late adolescence: Destructive responses, college counseling (co-facilitators) featuring invited speaker Alex Coren, Director of Counselling Services, Psychodynamic Studies, Oxford University, Oxford, England. Four part workshop sponsored by the Philadelphia Center for Psychoanalytic Education in September, 2005.

**Nath, S. R.** (2005). Seminar on multiculturalism and diversity in psychotherapy. Four-hour workshop presented to psychology doctoral students at Tuttleman Counseling Center (Philadelphia, PA) in February and March, 2004.

**Nath, S. R.** (2004). Inter-racial dating. Invited presentation for the East-West Club at Temple University (Philadelphia, PA) in February 2005.

**Nath, S. R.** (2004). From arranged marriages to rearranged ideas. Invited presentation for the International House at the University of Pennsylvania (Philadelphia, PA) in October 2004.

**Nath, S. R.** & Freeman, P. (2004). Mental health issues in advising international students. Invited

presentation for the Philadelphia Area International Educator's Network (Philadelphia, PA) in September 2004.

**Nath, S. R.** (2003). Grand Rounds Psychotherapy Case presentation. Invited paper presented at Pennsylvania Hospital Department of Psychiatry Grand Rounds (Philadelphia, PA) in December 2003.

**Nath, S. R.** (2002). The art of crossing cultures: South Asian international students' adjustment to U.S. university life. Invited paper presented to St. Joseph's University administration and counseling center staff (Philadelphia, PA) in April 2002.

**Nath, S. R.** (2002). The psychology of crossing cultures: Immigration and arranged marriage in South Asia. Invited paper presented at Pennsylvania Hospital, Department of Psychiatry (Philadelphia, PA) in November 2002.

## **WIDENER UNIVERSITY TEACHING AND SERVICE:**

### *COURSES TAUGHT*

Transitioning to the Professional Role (Spring 2014-present)

History and Systems of Psychology (Fall 2012-present)

Diversity (Spring 2014-present)

Qualitative Research Methods (Spring 2006, Spring 2007)

Introduction to the Dissertation (Fall 2005-2010, Spring 2008-2011)

Introduction to Cross-Cultural Psychology (Fall 2006, Fall 2009)

Personality Assessment Case Conference (Spring 2005-2011)

Case Conference: College Counseling (Fall 2008)

Case Conference: Adult (Fall 2005)

Case Conference: Orals Preparation (Fall 2007)

### *SERVICE ACTIVITY*

#### **DIVERSITY COMMITTEE, CHAIR, 2005-2010**

This committee is charged with developing ongoing diversity programming for students outside the classroom, reviewing and evaluating the diversity-related curricula, and providing a liaison to active student groups that represent diversity. Each year, the committee has also planned and held both an LGBT Diversity Lecture and IGCP Diversity Lecture.

#### **INTERNATIONAL COURSE COMMITTEE, CO-CHAIR, 2007-2008**

Successfully implemented an inter-disciplinary trip to Santiago, Chile. This committee involved a great number of service hours (in addition to the 10 days spent on the trip) and

provided students with a cross-cultural learning experience that was received very positively.

#### **INSTRUCTIONAL RESOURCE COMMITTEE, MEMBER 2009-2011**

Service on a University-wide Faculty Council committee that planned a faculty Technology Fair and addressed faculty use of technology on campus.

#### **ADDITIONAL SERVICE:**

IGCP Admissions Committee, 2005-2008  
IGCP Promotion and Tenure Committee, 2007-2009  
IGCP Academic Affairs Committee, 2007-2010  
IGCP Search Committee, 2007-2010  
SHSP Promotion and Tenure Committee, 2007-2009  
SHSP Latino/Hispanic Task Force, 2006-200

#### **PREVIOUS CLINICAL EXPERIENCE:**

##### **STAFF PSYCHOLOGIST, Tuttleman Counseling Services, Temple University, Philadelphia, PA**

Provide short-term individual and group psychotherapy to college and graduate students in a university setting. Provide outreach and workshops to student body, including issues relevant to substance abuse, sexual assault, international students, and conflict resolution. Provide individual supervision to doctoral students and involvement on training committee for interns and externs. July 2004 — August 2005, Supervisor and Director: John DiMino, Ph.D.

##### **PSYCHOLOGY FELLOW / INTERN, Department of Psychology, Pennsylvania Hospital, The University of Pennsylvania, Philadelphia, PA**

Conducted individual psychotherapy with a diverse adult client population, predominantly from the greater Philadelphia community. Clients presented with a broad range of clinical concerns and diagnoses, including a significant proportion of employee assistance patients presenting for short-term (8-session) treatment. Attended individual and group supervision, which focused on case conceptualization, treatment planning, and transference/countertransference issues. Coordinated care with psychiatrists for cases involving medication. Co-facilitated an ongoing weekly psychotherapy group for the treatment of adults with anxiety disorders. Six-month rotations also included palliative care counseling with cancer patients, consultation-liaison counseling of hospitalized patients, and adult intake service.

July 2002 — June 2004, Supervisor and Director: Michael Kowitt, Ph.D.

##### **PSYCHOTHERAPIST, Counseling and Psychological Services Center, Haverford College, Haverford, PA**

Conducted individual psychotherapy with college students. Clients' presenting problems included affective disorders, identity issues, academic underachievement, relationship difficulties, and individuation issues of late adolescence. Treatment length ranged from brief to long-term. Attended individual and group supervision, which focused on case conceptualization and treatment planning. Coordinated student care with consulting psychiatrist in cases that involved medication.

September 2000 – May 2002, Supervisors: 2000-2001, Richard E. Webb, Ph.D. (Director), 2001-2002, Jane Widseth, Ph.D.

##### **GROUP CO-LEADER, Temple University Social Anxiety Project, Philadelphia PA**

Co-facilitated groups for the treatment of social anxiety in adults, utilizing an acceptance-based

approach. Conducted intake assessments including an unstructured interview, the social phobia module of the Anxiety Disorders Interview Schedule, and various self-report measures. Conducted intake and follow-up assessments.  
Spring 1998 – May 2002, Supervisor: Jay S. Efran, Ph.D.

**PSYCHOTHERAPIST**, Psychological Services Center, Temple University, Philadelphia PA  
Conducted short-term and long-term individual and couples psychotherapy with ethnically diverse adult client population, predominantly from the greater Philadelphia area. Clients' presenting problems included affective / anxiety disorders, adjustment disorders, relationship problems, and personality disorders. Supervision included psychodynamic, constructivist-existential, family systems, and cognitive-behavioral orientations. Format included audiotape review and case presentations in individual / group supervision.  
September 1998 – July 2000, Supervisors: Jay S. Efran, Ph.D., Herbert Rappaport, Ph.D., Penny Levin, Ph.D.

**SCHOOL-BASED PSYCHOEDUCATIONAL ASSESSOR**, Mathematics, Civics, & Sciences Charter School, Philadelphia, PA  
Conducted psychoeducational testing with elementary school children in order to determine eligibility for special education services. Testing included use of educational achievement measures (WIAT, WRAT), cognitive measures (WASI), and measures of adaptive functioning (VABS). Prepared reports for school and provided verbal feedback to parents and teachers.  
August 2000 – May 2001, Supervisor: Angela Winfrey, Ph.D.

**GROUP CO-LEADER**, Inpatient Unit, Wilmington Hospital Department of Psychiatry, Wilmington, DE  
Co-facilitated an ongoing adult inpatient therapy group that utilized structured activities and artistic modalities (e.g., music, poetry, painting). Participated in individual supervision prior to and following group.  
April 1999 – June 1999 (3 month rotation), Supervisor: Gary Gerace, Ph.D.

**PSYCHOTHERAPIST**, Child and Adolescent Anxiety Disorders Clinic, Temple University, Philadelphia, PA  
Provided cognitive behavioral therapy to youths aged 7-14 years with principal anxiety diagnoses. Trained in an individual version of a manualized 16-20 week cognitive-behavioral treatment. Taught children and their parents coping skills that address somatic, cognitive and behavioral facets of anxiety. Participated in weekly individual and group supervision.  
September 1997 – January 2000, Supervisors: Philip C. Kendall, Ph.D., ABPP

**CLINICAL DIAGNOSTICIAN**, Child and Adolescent Anxiety Disorders Clinic, Temple University, Philadelphia, PA  
Performed diagnostic interviews in an NIMH-funded treatment outcome study to investigate the efficacy of manualized treatments for youths (ages 8-14) with DSM-IV diagnosed anxiety disorders. Participated in training and reliability checks, and conducted structured diagnostic interviews prior to treatment, post-treatment, and at one year follow-up.  
January 1998 – January 2000, Supervisor: Philip C. Kendall, Ph.D., ABPP

**PSYCHOLOGICAL ASSESSMENT INTERN**, Christiana Care Health System, Wilmington, DE  
Conducted cognitive, personality, and neuropsychological assessments with diverse client populations predominantly for the purposes of differential diagnosis and treatment planning. Patients included children, adolescents, adults, and the elderly in both partial hospital and inpatient units. Tests administered included the WISC-III, WAIS-III, WMS-III, Mini Mental

Status Exam, Rorschach Inkblot Test, MMPI-2, MMPI-A, Thematic Apperception Test, Projective Drawings, and various self-report instruments. Presenting problems included schizophrenia, major depression, bipolar disorder, anxiety disorders, dementia, cognitive deficits, ADHD, oppositional defiant disorder, and personality disorders.  
August 1998 - June 1999, Supervisors: Alan Schwartz, Psy.D., and David York, Ph.D.

**PSCYHOLOGICAL ASSESSMENT INTERN**, Northwestern Human Services, Philadelphia, PA  
Administered cognitive, personality, and neuropsychological assessments at a community mental health center. Referral questions included diagnostic clarification, vocational and occupational recommendations, evaluation of intellectual ability and adaptive functioning skills, and treatment planning. Provided written reports to referring psychologists and gave verbal feedback to patients.  
May 1998 – August 1998, Supervisor: M. Elizabeth Stokes, Psy.D.

**RESIDENTIAL COUNSELOR**, Sonia Shankman Orthogenic School (the Bruno Bettelheim School), Chicago, IL  
Provided milieu treatment to emotionally disturbed male adolescents. Worked four ten hour shifts per week with a group of adolescents in a residential dormitory setting. Milieu treatment approach was primarily psychoanalytic. Attended psychiatric conferences, and helped develop treatment plans for adolescents in consultation with individual therapists and school-based staff.  
May 1993 – September 1993, Supervisors: Patrick Zimmerman, Ph.D.