

Courtney Lynn Slater, PhD
Assistant Professor of Clinical Psychology
Widener University

Institute for Graduate Clinical Psychology
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Educational History

- 2010-2011 **Postdoctoral Fellowship in Clinical Psychology**
University of Delaware, Center for Counseling and Student Development
- 2010 **Ph.D. in Clinical Psychology** (APA Accredited)
Rosemead School of Psychology at Biola University, La Mirada, CA
Dissertation: *Engaging in Virtuous Behavior: Attachment and Moral Identity in Marriage*
- 2009-2010 **Predoctoral Internship in Clinical Psychology** (APA Accredited)
University of Virginia, Counseling and Psychological Services
- 2006 **Masters of Arts in Clinical Psychology**
Rosemead School of Psychology at Biola University
- 2004 **Bachelors of Arts in Psychology**
State University of New York, Geneseo Minors: Sociology & Conflict Resolution

Licensure

- 2015-Present **Licensed Psychologist**, Commonwealth of Pennsylvania
(License #PS017902)
- 2012-Present **Licensed Psychologist**, State of Delaware (License #B1-0000913)

Professional and Clinical Positions

- 2011- Present **Assistant Professor**
Institute for Graduate Clinical Psychology
Widener University, Chester, PA
- 2011-2016 **Licensed Psychologist**
Pike Creek Psychological Center and Courtney L Slater, LLC
- 2010-2011 **Adjunct Professor**
West Chester University, Counselor Education Department
- 2010-2011 **Post-Doctoral Fellow**

2006-2009	University of Delaware, Center for Counseling and Student Development Staff Therapist
	Biola University Counseling Center
2006-2009	Adjunct Professor Biola University, BOLD Program for Adult Education

Areas of Specialization

- **Spirituality, Religion, and Psychology:**
Graduate training included five courses in theology and six courses on the integration of spirituality and psychology. Specialization further developed by research and clinical practice.
- **Brief Psychodynamic Psychotherapy:**
Training includes classes on various forms of brief dynamic therapy, a two-day intensive workshop by Dr. Hanna Levenson on an Attachment-Based, Emotionally-Focused, Interpersonal Approach to Therapy, and a 5-day intensive training with Dr. Diana Fosha on Accelerated Experiential Dynamic Psychotherapy. In addition, internship training at UVA included year-long seminars on Fosha and McCullough's models of therapy.
- **Social and Cultural Psychology:**
Training includes seminars and post-graduate education in multicultural competency and training multiculturally sensitive psychologists. Specialization further developed through leading discussions on cultural and religious pluralism in psychology, diversity course preparation, and committee service.

Classes taught at Widener University

Basic Concepts of Psychodynamic Theory
 Diversity
 Case Conference: CBT and Psychodynamic Therapies
 Case Conference: Spirituality and Psychotherapy
 Social Psychology
 Essentials of Psychotherapy
 Short-Term Dynamic Psychotherapy
 Introductory Personality Assessment: Case Conference
 Independent Study: Emotion Focused Couple Therapy
 Higher Education Abroad: Amsterdam
 Higher Education Abroad: London

Current Research Interests

Spirituality, Religion, and Clinical Psychology
 Spirituality and Virtue in Marriage
 Buddhism, Psychoanalysis, and the Self

Religious Fundamentalism, Attachment, and Ego Development
Attachment to God and Adult Attachment
Religious Importance and Attitudes Toward Seeking Professional Psychological Help

Clinical Practice

Licensed Clinical Psychologist, State of Delaware (License#B1-0000913) and Commonwealth of Pennsylvania (License #PS017902) No past or pending complaints or violations

October 2015- Current	Private Practice; Courtney L Slater, LLC Philadelphia, PA
August 2011- April 2016	Independent Contractor with Pike Creek Psychological Center Newark, DE
August 2010- July 2011	Postdoctoral Fellow in Clinical Psychology University of Delaware Specialization in Psychodynamic Psychotherapy with University Students
July 2009- August 2010	Predoctoral Internship in Clinical Psychology University of Virginia Counseling and Psychological Services Specialized training in Brief Psychodynamic Psychotherapy with University Students
August 2005- June 2009	Graduate Student Clinician with four years of direct client service including one year each in an elementary school, a university counseling center, an institute for brain aging and Dementia, and a community mental health center

Professional Affiliations

American Psychological Association (Divisions 12, 36, & 39)
Delaware Psychological Association
Philadelphia Society for Psychoanalytic Psychology
Society for the Exploration of Psychoanalytic Therapies and Theology
Christian Association for Psychological Studies

Publications

Brabender, V., & Slater, C. (2014). The group as a medium for personal and professional renewal. In R. Wicks & E. Maynard (Eds.), *Clinicians Guide to Self-Renewal*. (pp265-283). Hoboken, New Jersey: Wiley and Sons.

Zenkert, R. L., Brabender, V., & **Slater, C.** (2014). Therapists' responses to religious/spiritual discussions with trauma versus non-trauma clients. *Journal of Contemporary Psychotherapy, 44*, 213-221.

In Press

Slater, C., Legg, J., & Boyer, B. The Impact of Religious and Spiritual Coping on PTSD. In C. R. Martin, V. R. Preedy, & V. B. Patel (Eds.), *The Comprehensive Guide to Post-Traumatic Stress Disorder*. Springer.

Under Review

Boyer, S., **Slater, C.**, Debiak, D., & Widseth, J. Dilemmas in Bearing Witness: Psychotherapist and Supervisor Experiences of Witnessing. Under Review with *InSight*.

Slater, C. Working with Implicit God Representations in Practice: Exploring the Use of Prayer. *Under Review with Psychoanalysis, Culture, and Society*.

Maxson, M., **Slater, C.**, Dengel, D., & Brabender, B. An Integrated Therapy for College Student Relationship Dissolution. Under Review with *Journal of College Student Psychotherapy*.

Presentations

Bassett, K., Livney, D., & **Slater, C.** (*Upcoming, 2016*). Psychodynamic/Psychoanalytic Practice in the Real World. Presentation with Philadelphia Society for Psychoanalytic Psychology, Philadelphia, PA.

Maxson, M., **Slater, C.**, Dengel, D., & Brabender, B. (2015, October). An Integrated Therapy for College Student Relationship Dissolution. Poster presentation at the Delaware Psychological Association, Rehoboth Beach, DE.

Gouzos, I., Matz, A., **Slater, C.** (2014, October). *Study Abroad in Amsterdam: Exploring the Mental Health and Stigma*. Poster presentation at the Delaware Psychological Association, Rehoboth Beach, DE.

Yavorek, K., **Slater, C.**, Waldman, J. (2014, October). *Spirituality and Leadership*. Poster presentation at the Delaware Psychological Association, Rehoboth Beach, DE.

Boyer, S., **Slater, C.**, Widseth, J., & Debiak, D. (2014, April) *Dilemmas in Bearing Witness Psychotherapist and Supervisor Experiences of Witnessing*. APA Division of Psychoanalysis (39), New York, NY.

Slater, C. (2014, January). *Integration, Attachment, and Psychodynamic Therapy*. Presentation to Christians in Psychology and Mental Health, Philadelphia, PA.

Slater, C. (2013, October). *Integrating a "Pet God": Psychoanalysis, Attachment, and Religion in Practice*. Paper panel at the Psychology and The Other Conference, Lesley University.

Slater, C., Debiak, D., Alevelo, P., Hart, J., Gould, A. (2013, October). *Self and Other in Buddhism and the West: Reconsidering Borderline Personality Disorder*. Paper panel at the Psychology and The Other Conference, Lesley University.

Slater, C. (2013, May). *Integrating Religion and Spirituality into Higher Education: Developing an Integrative Approach*. Bridge Week Presentation, Widener University.

Slater, C. (2013, April). *Integrating a Pet God into Therapy: Psychoanalysis and Religion in Practice*. Presentation to the Philadelphia Society for Psychoanalytic Psychology, Brunch Series, Philadelphia, PA.

Brabender, V., Beatty, M., Mihura, J., Krishnamurthy, R., **Slater, C.** (2013, March). *What keeps personality assessment instructors up at night: Seeking antidotes*. Roundtable Discussion presented at the Society for Personality Assessment, San Diego, CA.

Yavorek, K., **Slater, C.,** Waldman, J. (2013, February). *Spirituality and Leadership*. Poster presentation at the Society of Consulting Psychology, Midwinter Conference, Atlanta, Georgia.

Nath, S., Debiak, D., **Slater, C.,** Alvelo, P., Gould, A. (2012, October). *The "Self" as Illusion: Acceptance, Diagnosis, and Negotiated Identity in the Therapeutic Context*. Panel discussion at the Association for the Psychoanalysis of Culture and Society Conference.

Slater, C. (2012, March). *Ethically and Effectively Integrating Spirituality into Training for Therapists*. Paper presentation at the Christian Association for Psychological Studies Conference.

Wolgast, B., Davidson, A., **Widger, C.,** Daltry, R., Brannan, M. (2011, April). *Young Adults and Sleep Health: Caffeine, Insomnia, Narcolepsy, and More*. Workshop presented at the Pennsylvania Psychological Association Continuing Education and Ethics Conference.

Widger, C., Edwards, K., Tragonno, F., & Fallon, D. (2009, August). *Engaging in Virtuous Behaviors: The Role of Attachment and Marriage*. Poster presented at the American Psychological Association, Toronto, Canada.

Widger, C., Edwards, K., Poelstra, P., & Mitchell, J. (2006, March). *Utilizing a virtue framework for marital attachment and satisfaction*. Paper presented at the Christian Association for Psychological Studies, Cincinnati, OH.

Edwards, K., Poelstra, P., Mitchell, J., Kloster, M., Kendrick, M., & **Widger, C.** (2005, March). *Religion, virtue, and marital satisfaction*. Two-hour seminar given at the Christian Association for Psychological Studies, Dallas, TX.

Schneider, M. E., Allen, J. B., **Widger, C.**, & Harrison, A. (2004, May). *Gender, self-esteem, and sexual threat as predictors of attitudes toward gays and lesbians*. Poster presented at the meeting of the American Psychological Society, Chicago, IL.

Current Service

Widener University

Institute for Graduate Clinical Psychology

Academic Affairs Committee

Faculty Affairs Committee

Diversity Committee – Convener

Promotion and Tenure Committee

Director of Admissions

Director of Pro Bono Distinction

Founder/Facilitator: *Sacred Dialogues*

Junior Mentor to Dr. Lizzy Foster

School of Human Service Professions

Promotion and Tenure Committee

Diversity Committee

Delaware Psychological Association

Widener University Liaison

Association for the Psychoanalysis of Culture and Society

Blog Curator – Psychoanalysis, Religion, and Spirituality

Philadelphia Society for Psychoanalytic Psychology

Director at Large, CE Coordinator

Previous Teaching Experience

Practicum for Higher Education (1 Section)

West Chester University, Counselor Education Department

Counseling Theories and Techniques (1 Section)

West Chester University, Counselor Education Department

Statistics with Computer Applications (1 Section)

Biola University

Learning and Cognition (3 Sections)

BOLD School of Professional Studies, Biola University

Statistics (3 Sections)

BOLD School of Professional Studies, Biola University

Advanced Statistics Lab (2 Sections)
Rosemead School of Psychology

Introduction to Psychology (1 Section)
Daystar University, Nairobi Kenya

Previous Service

August 2010- July 2011	University of Delaware, CCSD Professional Development Committee Research Committee
August 2009- August 2010	University of Virginia, CAPS Training Committee, Intern Representative
September 2007- June 2008	Rosemead School of Psychology Student Government Executive Secretary
September 2006- June 2007	Rosemead School of Psychology Spiritual Life Representative