

CURRICULUM VITAE
BETH I. BAROL, Ph.D., L.S.W. B.C.B., NADD-CC

ADDRESS

Widener University
One University Place
Chester PA 19073-5792
Email: Bibarol@widener.edu

EDUCATION

- 1998 Ph.D. Bryn Mawr College**
Graduate School of Social Work and Social Research Bryn Mawr, PA
Dissertation Title: *Developing Power-With Leadership Through a Guided Group Process: a Case Study of the Leadership Development Institute*. Dissertation Director: Jeffrey Applegate.
- 1986 M.S.S. Bryn Mawr College Graduate School of Social Work and Social Research**
Bryn Mawr, PA
- 1976 **B.A. Temple University**
Philadelphia, PA
Urban Studies Major
Honors: Magna cum laude, Phi Beta Kappa, University President's Scholar, Department Honors in Urban Studies, Member of College Honors Program

ACADEMIC HONORS

The Carola Woerishoffer Award for Academic Distinction, Bryn Mawr College Graduate School of Social Work and Social Research for 1989-1990

LICENSURE and CERTIFICATION

Licensed Social Worker -- Commonwealth of Pennsylvania,
Department of State, Bureau of Professional and Occupational Affairs.
Certificate No. SW002392E
Board Certified Biofeedback Practitioner – BCB
NADD (National Association of Dual Diagnosis) Clinical Certification NADD-CC

PROFESSIONAL TRAINING

2004 – EMDR training
2019 Neurofeedback Training

EMPLOYMENT

Widener University

Chester, PA

Teaching

July 2019 – current Associate Professor, Associate Director of Clinic for Vulnerable Adults. Project Director for the HRSA Grant for CSVA, Chair of the SHSP Community Services Council.

Courses currently taught:

Interpersonal Processes (SW503) –campus-based and online

The Biographical Timeline (SW626)

Trauma (SW664)

Trauma Certificate Seminar

Post-Grad Trauma Certificate Seminar

2015 – July 1 2019 Associate Dean and Director of the Center of Social Work Education

Associate professor,

Responsibilities include serving on the administrative team of the School of Human Service Professions, Directing the Center for Social Work Education's BSW, MSW and PhD programs, and overseeing the Campus and Online Curriculae for the campus based and online programs.

Founder and co-director of the Clinic for Vulnerable Adults (CSVA), and the Certificate for Social Work with individuals with Intellectual and Developmental Disability.

Co-Author and Project Director (PI) for HRSA Grant for CSVA

Courses currently taught:

Interpersonal Processes (SW503) –campus-based and online

The Biographical Timeline (SW626)

Trauma (SW664)

Trauma Certificate Seminar

Post-Grad Trauma Certificate Seminar

2011- 2016 MSW Program Director, Associate Professor, Center for Social Work Education

Responsibilities include serving on the administrative team of the Center, oversight of the MSW implicit and explicit curriculum, and continuing education.

Co-authoring the self-study for reaccreditation, working with and developing supports for students with academic and non-academic issues, membership on departmental and university committees, directing the intellectual and developmental disabilities certificate program. Consulting to the Widener University Charter School

2004-2011 Assistant Professor, Center for Social Work Education

Responsibilities include instruction in the MSW program, developing syllabi, initiating and launching certificate and service learning clinic for working with people with Intellectual and Developmental Disabilities, monitoring student field

Beth I. Barol Ph.D. LSW.

placement, advising students, participating in departmental and university committees.

Courses Taught:

Human Behavior in the Social Environment 1 (SW501)
Human Behavior in the Social Environment II (SW502)
Cultural Diversity (SW504)
Foundations Generalist Social Work Practice (SW505)
Foundation Social Work Practice with Individuals, Families, and Small Groups (SW506)
Field Instruction I (SW550)
Field Instruction II (SW551)
Social Work Practice with Groups (SW636)
Current Issues in Child Welfare Practice and Policy (SW648)
Social Work Practice with People with Intellectual and Developmental Disabilities (SW655)
The Biographical Timeline - Research Elective (SW626)
Clinical Elective in EMDR (SW679)
Independence Study, Nursing Ph.D. student (N899)
Independent Study for MSW students on Trauma and EMDR

Project Director and Seminar Instructor:

Service learning project: Harrisburg Campus Social Work in the Community Clinic for People with Intellectual and Developmental Disabilities

2003 – 2004 Adjunct Faculty Member, Center for Social Work Education
Taught SW 635 – Social Work Practice With Groups Summer Sessions 2

2000-2003 Guest Lecturer and Continuing Education Instructor
Provided several one-day courses on psychopharmacology, supporting Individuals with challenging behaviors and developmental disabilities as well as working with the Mental Health and Mental Retardation Systems.

Bryn Mawr College Graduate School of Social Work and Social Research
Bryn Mawr, PA 19010

1993-1995 Adjunct Instructor, Part Time
Courses Taught:
Group Dynamics
Racial and Ethnic Perspectives.

Clinical & Management

Private Consulting: Nationally and internationally

2016-present Co-Director of the Capacity Building Institute for Pennsylvania Co-designed and directed a 9 month institute, funded through a Federal grant, designed to break down silos in supporting people with Intellectual disability and co-occurring Mental Health issues, from a trauma informed perspective.

2011 –2015 Facilitated an institute on positive approaches through the lens of the biographical timeline as part of the EmmA project in Germany,

2004-present Facilitates agency-wide transformation projects to develop cultures to promote positive practices: Mentoring and coaching leadership staff, training staff throughout agency, facilitating systems change work groups.

Provides consultation, coaching and Technical Assistance to State and County Government, staff on system development in the service of positive practices, strategic planning and team building

Directs and provides training institutes on: Working with People with Challenging Behaviors – focusing on Bio/psycho/social Environments, the Biographical Timeline Process, Autism, Trauma, and Mental Illness Diagnosis and Treatment and as-needed related topics

Facilitates Biographical Timelines and planning for selected individuals with challenging behaviors

Provides Training and Coaching and technical assistance to families and direct supporters of individuals with Developmental Disabilities.

South East Health Board,

Kilkenny, Ireland

2001 - 2005

Directs and provides training institutes on: Working with People with Challenging Behaviors – focusing on Bio/psycho/social Environments, the Biographical Timeline Process, Autism, Trauma, and Mental Illness Diagnosis and Treatment

Provides consultation, coaching and Technical Assistance to Health Board staff around systems development, strategic planning and team building

Facilitates Biographical Timelines and planning for selected individuals with challenging behaviors

Provides Technical Assistance to agency staff

Provides Training and Coaching to families of individuals with Developmental Disabilities.

Pennsylvania Office of Mental Retardation,

Harrisburg, PA

1995-2004 Clinical Director OMR Statewide Training and Technical Assistance Initiative

Responsible for coordinating the initiative to increase the state's capacity to support 40,000 individuals in Pennsylvania identified as presenting "challenging behaviors" by providing training, facilitation, and consultation on system change, dual diagnosis (mental illness and developmental disabilities), group dynamics, trauma, partnership building, case management, supervision, and leadership statewide.

Served as a member of the executive staff of the Deputy Secretary of the Department of Public Welfare, Office of Mental Retardation until May 2003.

Ken-Crest Services

Plymouth Meeting, PA

1994-1995 Special Assistant To Executive Director

Responsibilities included implementation of the agency's long-range plan, providing consultation and training on management, leadership, and positive approaches internal and external to the agency.

Responsibilities also included creating a broad based consumer self-advocacy system within the agency.

Ken Crest Services; River Crest Center

Montgomery County PA

1986-1994 Director of an ICF/MR funded program serving 77 clients with severe behavioral shaping needs.

Also directed community group homes serving clients under CLA (Community Living Arrangements) and "waiver" funding respite care services and a summer camp.

Responsibilities included assuring that the individuals received habilitative services through a positive approaches treatment paradigm.

Managed an annual budget of over \$6 million.

Promoted full systems agreement to phase out the ICF/MR residential facility; replacing it with a continuum of community placements, from CLA to family and alternative living arrangements.

Managed the phase-out of the institution and the start-up of the community program completed in September 1993.

1982-1986 Director of Residential Services: RiverCrest Center

1980-1982 Project Director: Community Living Arrangements

1977-1980 Program Manager/Houseparent

Providing a family-like structure for developmentally disabled children and adolescents in a home in Pottstown, followed by one in Glenside.

Responsibilities included interface with physicians, psychiatrists, behavioral specialists, social workers, educational institutions, community leaders.

Recruited, interviewed, trained staff, kept records, wrote developmental narratives on each resident on an ongoing basis, used assessment tools, and developed a program manual subsequently used as a basis for the Ken-Crest CLA Division Manual.

1976-1977 Residential Program Supervisor/Houseparent

Started the first group home in Pennsylvania for individuals with severe challenging behaviors. Supported 6 adult men, with severe behavioral challenges, deinstitutionalized from Pennhurst Center.

COMMUNITY SERVICE

2012

Member of statewide taskforce of the PA Office of Developmental Programs (ODP) responsible for developing

- curricula for clinical, judicial, and direct care staff on the health and wellbeing of people with IDD and co-occurring Mental Illness
- 2007-2009** Chairperson for Social Welfare Action Alliance (SWAA): Widener University Chapter
- 2006** Facilitated Violence Taskforce Retreat
- 1990-1992** Member of the Board of Directors for the Commonwealth Institute of Pennsylvania.
- 1995-1997** Member of the Office of Mental Retardation Planning Advisory Committee Subcommittee on Quality Enhancement, appointed by the Deputy Secretary of Mental Retardation.
- 1990-1993** Chairperson of the Positive Approaches Subcommittee for OMR, appointed by Deputy Secretary of Mental Retardation.
- 1988 – 1995** Founding member of the Positive Approaches Subcommittee for the Pennsylvania OMR appointed by the Deputy Secretary of Mental Retardation.
- 1985-1987** Member of the Board of Directors for the Pennsylvania Association for Resources for People with Mental Retardation.
- 1978** Initiating plaintiff in court case brought before the Pennsylvania Commonwealth Court resulting in a legal precedent contesting the legality of a restrictive definition of family in township zoning ordinances, in support of community alternatives to institutionalization.

PROFESSIONAL SERVICE

- 2019-present** Chair of the Board of Directors for Camphill Soltane.
- 2019-present** Member of the board of directors for NRBS, Northeast Region Neurofeedback Society.
- 2018-present** Member of the Board of Directors for Parzival, An organization supporting people with Intellectual and Developmental Disability.
- 2015-2018** Vice-Chair of the Board of Directors for Camphill Soltane.
- 2014 –2016** Member of the Board of Directors for Meristem, An organization supporting people with Autism, Sacramento, California
- 2013-2015** Member of the Board of Directors for Camphill Soltane. Chair of the Quality Committee.
- 2010 & 2011** Conference initiator and organizer for; Considerations in Supporting People with Intellectual and Developmental Disability. This conference was part of a service learning project for students and a community service initiative for, alumni, supports coordinators and direct care workers in the Dauphin County Area.
- 2008-2009** National Steering Committee Member SWAA
- 1996 to 2004** Founder and Editor-in-Chief of the *Pennsylvania Journal of Positive Approaches*, a juried journal.

SCHOLARSHIP

Peer-Reviewed Articles

- Barol, B. (2019).** Revisiting the fourfold positive approaches paradigm: Environment, communication, assessment, and hanging in there. *Positive Approaches Journal*. Vol. 8, (1) 12-26.
- Barol, B. & Seubert, A. (2010).** Stepping stones: EMDR treatment of Individuals with intellectual and developmental disabilities and challenging behavior. *Journal of EMDR Practice and Research*.4(4), 156-169.
- Focht-New, G., Clements, P.T., **Barol, B.**, Service, K. & Faulkner, M. (2008). Persons with developmental disabilities exposed to interpersonal violence and crime: Strategies and Guidance for assessment. *Journal of Psychiatric Mental Health Nursing*. 44(1), 3-13.
- Focht-New, G., **Barol, B.**, Clements, P.T. , Faulkner, M. & Service, K. (2008). Persons with developmental disabilities exposed to interpersonal violence and crime: Approaches for intervention (Part II of II). *Journal of Psychiatric Mental Health Nursing*. 44 (2), 89-98.
- Barol, B's.**, Gelo, F., & Joyce, S. (2002). Delving deeper: Experiences in using Biographical Timelines. *Pennsylvania Journal on Positive Approaches*, 4 (2), 14-18.
- Barol, B.** (2001). Learning from a person's biography: An introduction to the Biographical Timeline process *The Pennsylvania Journal on Positive Approaches*, Vol. 3, No. 4, 20-20
- Barol, B.** et al. (2000). A new paradigm for case management: Evolving roles and effective support. *The Pennsylvania Journal on Positive Approaches*, Vol. 3, No. 1.
- Barol, B.** (1996). The Pennsylvania Journal on Positive Approaches: An overview. *The Pennsylvania Journal on Positive Approaches*, Vol.1, No.1.
- Applegate, J. and **Barol, B.** (1989). Repairing the nest a psychodynamic developmental approach to clients with severe behavior disorders. *Clinical Social Work Journal*, Vol. 17, No. 3.

Book Chapters

Peer-Reviewed Book Chapters

- Barol, B.** (2009). Generalist practice with groups. In J. Poulin (Ed.) *Strengths based generalist practice: A collaborative approach*.(3rd ed.) Belmont, CA.: Brooks/Cole.
- Silver, P. & **Barol, B.** (2009). Generalist practice with abused and neglected children and their families. In J. Poulin (Ed.) *Strengths based generalist practice: A collaborative approach*.(3rd ed.) Belmont, CA.: Brooks/Cole.

Proposals and Grants

- Barol B.**, Haney, J., Cullen, J. (August 2017) Recipients of a HRSA/BWET grant for Clinical Services for Vulnerable Adults (CSVA). Status: Funded for 4 years \$165,837.00 per year total: \$663,348.00
- Barol, B. (January 2007)** *Dean's Professional Development Fund for Research Assistants*. Status: Funded \$1,200
- Barol, B.** (December 2006) *Faculty Development Options Award, "Exploratory Study on the Use of a 'Clinic Without Walls"*. Status: Funded \$2,400

Barol, B. (June 2006) *Developing practitioners skilled in EMDR work with people with developmental disabilities.* Status: Funded \$60,000

International Presentations

- Barol, B. (2014).** Overcoming the obstacles of the present: The Biographical Timeline Process. Keynote address. *International Conference for Curative Education and Social Therapy.* Dornach, Switzerland
- Barol, B. (2012).** Facilitators training for biographical timeline facilitators, Frickingen Germany and Frankfurt Germany.
- Barol, B. (2011).** The biographical timeline: Building a context for supports and therapy. *International Conference on Social Work and Community Development.* Chongquin, China
- Barol, B. (2010).** Setting the stage for our work; Working with individuals with challenging behaviors. Beit Elisha, Regional Conference Day, Harduf, Israel
- Barol, B. (2010).** Educational action research: The biographical timeline as a qualitative research tool. Rudolf Steiner University College and Ruskin Mill Educational Trust (REMET), Nailsworth, United Kingdom.
- Barol, B. (2009)** Setting the stage for our work and the Biographical Timeline. Rudolf Steiner University College, Oslo, Norway.
- Barol, B. (2009).** The prevalence and treatment of trauma: the social therapeutic aspects of craft and mentorship, *Practical Therapeutic Research Project.* Ruskin Mill, United Kingdom.
- Barol B. (2006).** "Setting the stage for our work". Hiram Trust, England.
- Barol B. (2003).** The Biographical Timeline: Team building and assessment tool. *Presentation for Kishorit Village.* Northern Israel

National Presentations and Workshops

- Barol, B. (2019)** Using the Biographical Timeline to Enhance the Empathetic Response of Professionals. Keynote Address: *NADD State of Ohio Conference.* Dublin, Ohio.
- Ahrens, K., Cherpes, G. and **Barol B. (2019)** The Role Of Direct Support Professionals In Supporting People With Complex Dual Diagnosis. *Webinar: State Agency's Role in Building Effective Support for People Dually Diagnosed.* NASDDDS.
- Barol, B. (2016).** From Biography to treatment: Supporting people with ID who struggle with the effects of Trauma. *Healthy Lives, Safe Communities Cross Systems Learning Collaborative.* San Diego, CA.
- Barol, B. & Silver, P. (2008).** The biographical timeline: A tool for building empathy in child welfare practitioners. *CSWE Annual Program Meeting (APM).* Philadelphia PA
- Barol B.** panel session moderated by Rossman G. (2005). Information systems and measurements of performance. *Alliance for Full Participation Summit 2005.* Washington, DC.
- Barol, B. (1989).** Mental Retardation: Communication and Interventions. National Conference for Psychiatric Staff Nurses.

Regional Presentations and Workshops

- Barol, B. (2019).** A Trauma-Informed Approach to Successful Employment. Keynote address: Networks for Training and Development Conference. Philadelphia, PA

- Barol, B.** (2018). Supporting the supporters: The under-recognized key to helping people recover from trauma. Keynote address: Pennsylvania Dual Diagnosis Conference. Blair County, PA
- Barol, Focht-New, V. & Cullen, J..** (2014). Friendship and resilience: Surviving life's ups and downs. *MAX Conference for Developmental Disabilities and Behavioral Health Professionals*. Montgomery County, PA
- Barol, B. (2012).** Presenter: Innovative approaches: Challenging the system. *Redefining commitment: Moving forward Conference*. Split Rock Resort, Lake Harmony, PA.
- Barol, B. (2012)** Presenter: It's Not Once and Done: The Importance of Lifelong Relationships to Healing from Trauma. *MAX Conference for Developmental Disabilities and Behavioral Health Professionals*. Double Tree Guest Suites, Plymouth Meeting, PA.
- Barol, B. (2011).** Presenter: Direct support professionals: Enriching Lives & Endnote for Conference: *Creating our Legacy Conference*. Mt. Laurel Resort, Whitehaven, PA.
- Barol, B. (2009).** Peer to peer abuse and violence: Awareness, prevention, relief, and recovery. *Western Regional Office of Developmental Programs and APS Healthcare Southwestern PA HCQU*. Four Points Sheraton, Mars PA.
- Barol, B. (2008).** Setting the stage for our work. *MAX conference for MH/MR/D&A Professionals: Maximizing your potential...There is no place like home*. Montgomery County Community College: Blue Bell, PA.
- Barol, B. (2006).** The Biographical Timeline - A Guide for the Direct Supporter“ *Positive Behavior Supports Conference, Positive Behavior Supports: State of the Art and Evidence Base; A Conference for Practitioners and Policy Makers*“, New Jersey School of Medicine and Dentistry, Woodbridge N.J.
- Barol B.(2005)**, Exploring the Effects of Trauma on Children and Adults with Autism, Setting the Stage for Our Work and Learning from a Person's Biography. *A Holistic Approach to Supporting People with Developmental Disabilities and Challenging Behaviors Conference* Grantville PA
- Barol B., Focht New, G., Legare, G., Boorse, M.** (2005). Creating and sustaining cultures of quality, *A Holistic Approach to Supporting People with Developmental Disabilities and Challenging Behaviors Conference*. Grantville, PA
- Barol, B.** (2004), Positive approaches to people with developmental disabilities. *Aging/Mental Retardation 20024 Cross-Systems Conference: Building Bridges*. Grantville PA
- Focht-New V., **Barol B.** & Legare G. (2005). Positive Approaches, Listening and circles of conversation: How can they help? *NADD Promoting Mental Health in Persons with Developmental Disabilities*, New Brunswick NJ.
- Barol, B.,** (2003). Introduction to clinical supervision. *Service Coordination Institute* Penn State, PA.
- Barol, B.** (2003). Positive approaches to people with challenging behaviors, & Biographical Timelines: maximizing the experience & Investing in direct supporters: The healing path. *Everyday Lives Are For Everyone*. Hershey, PA.
- Barol B., & Legare, G.** (2003). Reconnecting with the Spirit Behind Positive Approaches. *Everyday Lives Are For Everyone*. Hershey PA
- Barol, B.** (2002). The Critical Role: Social Therapy for People with a Dual Diagnosis” *John Merck Program 25th Anniversary Educational Conference*. 2002
- Barol, B.** (2000 and 2001). Keynote address: Setting the Stage for Our Work *Licensed Practical Nurses Association Convention*

- Barol B.** (2002). Predominant Issues of Individuals with MR/MH Dual Diagnosis; With Illustrations from Biographical Case Studies *Lancaster County Office Of Mental Health and Mental Retardation and Dual Diagnosis Committee County training day*
- Barol, B.** (1991). So now you know the hot theories, how do you make them work? *Everyday Lives. Community Mental Retardation Services Convention.*
- Barol, B.** (1992). Empowering staff. *Fifth Annual Conference on Supported Employment, Temple University.*
- Barol, B.** (1991). Two-day session on group dynamics. *Leadership 2000 training institute for the Office of Mental Retardation.*
- Barol, B.** (1993). Gentle teaching. *Family Involvement Conference, Northeast Region, PA.*
- Barol, B.** (1993). The Origins of Behavior: Understanding is Critical to Helping and Nurturing the Helpers Teaching Direct Care Staff to be Positive *Office of Mental Retardation Bureau of Community Programs, biannual meeting.*
- Barol, B.** (1990). Counseling the Victim with a Developmental Disability. *When the Person with Developmental Disabilities is a Crime Victim Conference. Temple University.*