

## Curriculum Vitae

**Shanna M. Williams, MSW, LCSW, MEd**

Center for Social Work Education

Widener University

Chester, PA 19013

smwilliams2@widener.edu

610-499-4684

---

---

### PROFESSIONAL PREPARATION & EXPERIENCE

---

---

**Widener University**, Chester, PA ■ Anticipated May 2021

**Doctorate** of Social Work (PhD)

Research Topic: Historical Trauma, Black Women & Breastfeeding Experiences

**Widener University**, Chester, PA ■ May 2010

**Masters** of Social Work

**Widener University**, Chester, PA ■ May 2010

**Masters** of Human Sexuality Education

**Widener University**, Chester, PA ■ May 2006

**Bachelors** of Social Work

Honors: Graduated Summa Cum Laude with GPA of 3.99

---

---

### LICENSES & CERTIFICATION

---

---

- **Licensed Clinical Social Worker (LCSW)**

Commonwealth of Pennsylvania, Department of State, Bureau of Professional and Occupational Affairs

- **Certificate of Biblical Studies**

Palmer Seminary, Eastern School of Christian Ministry

- **Doula (SMC-Provisional Certification)**

Shafia Monroe Consulting, Portland, Oregon

- **Certified Lactation Counselor**

ALPP/Healthy Children Project Training, Chester, PA

---

---

### HONORS & AWARDS

---

---

- Prudential Spirit of Community Award, Prudential Financial Services and City of Wilmington, 2001

- Emma Carter Wilson Award, Widener University School of Human Service Professions, 2006
- Outstanding Academic Achievement and University Service Award for Social Work, Widener University School of Human Service Professions, 2006

## RESEARCH INTERESTS

Black women, children & families, Trauma, Reproductive Justice, Birth Justice, Maternal and Infant Health, Health Disparities, Holistic Mental Health Treatment, Integration of Spirituality & Social Work, Social Justice, Grief & Loss, Sexuality across the lifespan.

## PROPOSALS & GRANTS

Shanna M. Williams, M. Rourke, Hobbs, A. (April 2016-March 2019) *Chester Assessment and Prevention Program*: Pew Charitable Trusts. Status: Awarded

Shanna M. Williams, M. Rourke, Hobbs, A. (April 2019-March 2022) *Chester Assessment and Prevention Program*: Pew Charitable Trusts. Status: Awarded

## RELATED EXPERIENCE

**Widener University**

**Chester, PA**

**5/2014-  
Present**

*Director of Social Work Counseling Services (SWCS)/Clinical Assistant Professor*

Duties include development and implementation of counseling & social work services provided by MSW Interns to the community of Chester, PA and surrounding areas

- Provided administrative supervision to approx. 30 MSW interns placed at various sites including the Widener Partnership Charter School, The College Access Center of Delaware County and The Veteran's Law Clinic
- Provided clinical supervision a staff of clinical supervisors and therapists assigned to provide supervision and therapeutic services to School of Human Services students
- Partnered with various community agencies to create programming that utilizes MSW interns to provide services to their clientele
- Collaborated with Widener University Center for Social Work Education Faculty to provide cutting edge clinical training, agency assessment and group supervision opportunities for MSW Interns and community agencies
- Regularly participate in Community Collaborative meetings to stay abreast of community needs and

- develop relationships with community partners
- Provide clinical consultation, trainings and serve as a liaison to Center for Social Work Education for community agencies as it relates to SWCS partnerships
- Attend community and agency events to promote SWCS and enhance community partnerships

**Private Practice**

**Drexel Hill, PA**

**8/2018-  
Present**

*Owner, S.W. Doula, LLC*

Duties include providing integrative supportive counseling, advocacy, therapeutic resource navigation & Full Circle Doula services to pregnant parents & families in the Greater Philadelphia Region

- Conduct home visits, medical advocacy and labor & birth support throughout the perinatal period
- Provide personalized childbirth education, breastfeeding & newborn care support to families
- Implement the use of comfort measures and somatic interventions to increase physical and emotional coping throughout the Perinatal period
- Utilize a variety of assessment and screening tools to identify counseling needs and provide support to the pregnant person's family throughout the Perinatal period
- Facilitate trainings and consultation to a variety of community agencies serving pregnant and parenting families regarding the impact of mental health, trauma and racial & health disparities on the Perinatal period

**Widener PECO STEM Camp**

**Chester, PA**

**4/2014-  
8/2014**

*Camp Director*

Duties included development, coordination and oversight of a month long overnight summer camp for 40 6-8<sup>th</sup> grade Widener Partnership Charter School Students on the campus of Widener University for the School of Human Service Professions.

- Developed and coordinated daily scheduling of camp staff and campers
- Supervised a staff of 22 personnel providing educational and recreational support to the campers
- Developed and coordinated a 7 day training for overnight staff
- Managed camp finances and maintained tracking of expenses to maintain grant compliance
- Collaborated and coordinated with Charter School Administration and Staff to identify and enroll campers
- Collaborated and coordinated with Widener University Administration including School of Human Service Professions, Residence Life, Human Resources, Aramark and Campus Safety
- Coordinated a total of 12 camp field trips including The Franklin Institute, Hershey Park, Ski Roundtop-Mt. Adventure, and Citizens Bank Park.
- Provided behavioral support to campers exhibiting negative behavior through counseling, and integration of family support and modeling of positive behavioral approaches for camp staff

**Social Work Counseling Services (SWCS)**

**Chester, PA**

**1/2014-  
4/2014**

*Site Supervisor*

Duties included providing administrative and clinical supervision to team of 12 MSW students interns

placed at the Widener Partnership Charter School in the city of Chester, PA.

- Provided individual and group clinical supervision 6 MSW students serving in their generalist social work placement in grades K-8
- Provided supportive and administrative supervision to all 12 interns
- Collaborated with school teachers, psychologists, social workers and administrators to coordinate services provided to charter school students and families
- Created and facilitated various trainings for Interns including “Home Visit Safety” and “Sexuality Across the Lifespan: What a K-8<sup>th</sup> Grade Social Worker Should Know”
- Led weekly staff meetings to coordinate service delivery
- Provided weekly training on play therapy, narrative and cognitive behavioral interventions with children grades K-8
- Facilitated school wide Intern led interventions including evidenced based programming and the development of an In-House Mentoring Program

**Holcomb Behavioral Health Systems**

**Upper Darby, PA 1/2014- 6/2014**

*Outpatient Therapist*

Duties include providing outpatient individual, child, adolescent & family therapy to clients from Philadelphia and Delaware Counties

- Participates in regular trainings to maintain current knowledge and skills on various treatment modalities related to the needs of the client population
- Utilizes Integrative therapeutic approaches to engage clients in collaborative treatment planning and goal achievement
- Collaborates with county government, schools, community agencies, and medical professionals to as needed to empower clients in the community

**Holcomb Behavioral Health Systems**

**Upper Darby, PA 8/2010-12/2014**

*Family Based Clinician*

Duties include providing intensive in-home individual, co-parenting & family therapy and clinical case management to families throughout Delaware County

- Lead Clinician in a Sexual Trauma Focused Therapy team, specializing in using Trauma Focused Cognitive Behavioral Therapy with children, adolescents & families affected by sexual abuse or assault
- Participates in regular trainings on the Ecosystemic Family Therapy model (ESFT) through the Philadelphia Child and Family Therapy Training Center & Center for Family Based Training
- Creates and engages families of children & adolescents with Severe Emotional Disturbance or Mental illness in positive, structured activities including therapeutic activities, family outings and attachment promoting experiences to assess and empower families to achieve treatment goals
- Collaborates with county government, schools, community agencies, and medical professionals to create and empower the family to experience positive external support

**Children and Youth Services of Delaware County**

**Chester/Upper Darby,  
PA**

**6/2006-3/2008**

*Kinship-SCOH Caseworker II Children and Youth Services of Delaware County  
(BSW Intern: Chester Office 7/2005-4/2006)*

Duties included providing services to both the natural family and/or relative and community caregivers of abused or neglected children to prevent placement, stabilizing biological family to facilitate reunification, or developing alternate permanency plans.

- Provided direct service through home visitation, crisis intervention, counseling, case management, and conducting safety assessments
- Collaborated with county government and legal services by preparing legal documentation, providing testimony, and facilitating legal agreements between foster families and biological parents with Children and Youth Services
- Assessed risk and made referrals for foster families, biological parents and children in need of additional physical or emotional support services.
- Collaborated with local police, school district, medical and therapeutic professionals to facilitate an integrative approach to minimizing risk and creating permanency for foster families, biological parents and children

**Devereux Community Behavioral Health/Child and Family Focus Inc**

**Berwyn/Valley Forge, PA**

**6/2006-3/2008**

**Independent Consultant**

Duties included providing therapeutic support services and respite care to families of children with special needs in Delaware County. Children served were diagnosed with ADHD, Intellectual Disabilities, Autistic spectrum disorders and physical health conditions.

- Developed interactive games and activities based on the goals of the treatment to engage children and families in meeting treatment goals
- Collaborated with Behavioral Specialists, Educators and Mobile Therapists to monitor, adapt and meet the goals of behavioral treatment plans.
- Attended to medical and physical health concerns by collaborating with family needs and medical providers

**Independent Clinical Consultant, Social Work Counseling Services**

Chester, PA

May 2009-July 2009, May 2010-Aug 2010

*(MSW/M.Ed intern, September 2009-May 2010)*

Duties include providing clinical counseling and psychoeducational workshops to adults and adolescents in the city of Chester, PA. Created a Best Practices manual for counseling survivors of childhood sexual abuse for distribution to clinical supervisors and incoming clinical MSW interns

**Youth Program Specialist, National Conference of Community and Justice** Wilmington, DE  
October 2002-May 2005

Duties included the organizing, developing and facilitating of experiential diversity workshops for youth and adults throughout the state, recruiting youth to participate in diversity programming

**Human Sexuality Educator (Team Leader)**, Americorp TEEN Corp Program Wilmington, DE  
October 2001-October 2002

Duties included the designing and presentation of Comprehensive Sexuality Education programs for youth and parents at community agencies and schools in New Castle County for Planned Parenthood of Delaware and Girls Incorporated of Delaware

**Adolescent Support Group Facilitator**, Mountain Meadow Inc.  
Philadelphia, PA  
March 2005-March 2006  
(*Mountain Meadow Summer Camp Counselor, August 2002*)

Duties included leading monthly support group sessions on various family and personal issues for 10 adolescents from LGBT families in a small group setting and facilitating an interactive, psychoeducational curriculum on diversity issues in a residential outdoor camp setting with adolescents and 7-12 year olds

**State Certified HIV/AIDS Educator**, AIDS DE  
Wilmington, DE  
September 2000-June 2001

Duties included facilitating interactive, comprehensive HIV/STI Prevention curriculum to over 40 students at Boys and Girls Clubs of Delaware

---

---

### PROFESSIONAL MEMBERSHIPS

---

---

2010-Present National Assoc of Social Worker (NASW)

2010-Present Pennsylvania Clinical Society of Social Workers (PSCSW)

2014-Present National Assoc of Christian Social Workers (NACSW)

2014-Present American Assoc of Sexuality Educators, Counselor and Therapist (AASECT)

2019-Present Evidence Based Birth

Phi Alpha

Alpha Chi

---

---

### PROFESSIONAL & UNIVERSITY SERVICE

---

---

2014-2015 School of Human Services Diversity Committee

2015-Present School of Human Services Community Council

2015-Present Balm of Gilead Counseling Ministry  
2014-2015 Center for Social Education Civic Engagement Committee  
2014- 2016 Center for Social Work Education Diversity Committee  
2015-2017 Widener University's Youth Court Initiative Committee  
2016-Present Center for Social Work Transforming Hate Committee  
2015-Present Delaware County Breastfeeding Coalition, (Chair 2017-Present)  
2017-Present Communities that Care Strategy & Risk Assessment Committee  
2016-Present Crozer Keystone Healthy Start Baby's 1<sup>st</sup> Project Steering Committee  
2016-2017 Nat'l Assoc of Christian Social Workers Conference Workshop Review committee  
2017-Present Delaware County Perinatal Period of Risk Strategy Committee  
2019-Present Pettaway Pursuit Foundation (Board of Directors)

---

---

## COURSES TAUGHT

---

---

2014-Present

*BSW Program*

Generalist Social Work Practice I (SW 320)

Generalist Social Work Practice II (SW 321)

*MSW Program*

Clinical Social Work Practice with Families (SW 633)

Clinical Social Work Practice with Families-Online (SW 633)

Treating Trauma (SW 664)

---

---

## PROFESSIONAL WORKSHOPS

---

---

**Oh Baby, Baby!: Childbirth Education for the Human Sexuality Professional**

2 hour Lecture event

Center for Human Sexuality Studies Sexual Health Lecture Series

Widener University, March 2019

Chester, PA

**When the Village hurts: The Impact of Trauma on the Parent Infant Family System**

3 hour CEU event

Center for Social Work Education CEU Series

Widener University, February 2019

Chester, PA

2 hour CEU event

Lasalle Alumni CEU Series

Lasalle University, March 2019

Philadelphia, PA

3 hour CEU Event

Philadelphia Health Management Corp., PASHI Lecture Series

Pennsylvania Alliance for Sexual Health Institute (PASHI), May 2019

Philadelphia, PA

**Biopsychosocials & Breastmilk: Why Social workers should care about Breastfeeding**

2 hour CEU event

Center for Social Work Education

Widener University, October 2017

Chester, PA

**Nurturing Nourishment: The Impact of Trauma on the Maternal Infant Family System and Breastfeeding**

3 hour CEU event

Delaware County Breastfeeding Conference

Widener University, August 2017

Chester, PA

**Beyond the Safety Pin: Presidential Politics, Practice and Social Work Ethics**

3 hour CEU event

Center for Social Work Education

Widener University, February 2017

Chester, PA

**Getting Back to the Roots: Experience of the Natural Hair Movement**

90 minute Panel Presentation

African American Hair Expo

Gwynedd Mercy University, April 2017

Upper Gwynedd, PA

**Effective Communication with Urban Youth**

90 minute Training

Boys & Girls Club of Chester, October 2015

Chester, PA



**Post Traumatic Stress Disorder: Military Trauma**

90 minute Workshop

Veterans Law Clinic, Widener University, Done once per semester from June 2015-Present  
Wilmington, DE

**Risk, Reward and Unavoidability (!) of Trauma in the Literacy Classroom**

(with Ryan P. Witt, PhD and Heather Witt, PhD)

90 minute presentation

National Conference on College Composition and Communication, April 2014  
Tampa, FL

**Introduction to Trauma Focused Cognitive Behavioral Therapy**

90 minute Workshop

MSW Club, Widener University, October, 2015  
Chester, PA

**Healthy Relationships: Where do I start?**

90 minute workshop

The Center Foundation: Young Parent Support Network program, November 2010  
Chester, PA

**Say What?: An exploration of erotic transference/countertransference in the therapeutic relationship**

(with Alena Kearney, MSW & Melanie Swain, MSW intern)

3 hour workshop

Sexuality Symposium, April 2010  
Widener University, Chester, PA

**Youth, Sexuality, HIV and Religion**

60 minute workshop

Prevention and Outreach Summit, June 2007  
Philadelphia, PA

**“I’m special!”: Understanding self esteem and its impact on the lives of African American Girls**

90 minute workshop

Imani Book Club Symposium, April 2007  
Philadelphia, PA

**BSW Service Learning: A tool for understanding diverse families through community service**

(with Brent Satterly, PH.D, Widener University)

75 minute workshop

Baccalaureate Social Work Education Conference, November 2005  
Austin, TX

**Preventing Teen Pregnancy: What's being done and how you can get involved**

60 minute workshop

Campus Outreach Opportunity League (COOL) Conference, March 2002

Morehouse College, Atlanta, GA