

October 2019

**COURTNEY L. SLATER, PHD**  
Assistant Professor of Clinical Psychology  
Widener University

Institute for Graduate Clinical Psychology  
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### **Educational History**

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- 2010            **Ph.D. in Clinical Psychology** (APA Accredited)  
Rosemead School of Psychology at Biola University, La Mirada, CA  
Dissertation: *Engaging in Virtuous Behavior: Attachment and Moral Identity in Marriage*
- 2009-2010    **Predoctoral Internship in Clinical Psychology** (APA Accredited)  
University of Virginia, Counseling and Psychological Services  
Charlottesville, VA
- 2006            **Masters of Arts in Clinical Psychology**  
Rosemead School of Psychology at Biola University, La Mirada, CA
- 2004            **Bachelors of Arts in Psychology**  
State University of New York, Geneseo, NY  
Minors: Sociology & Conflict Resolution

### **Licensure**

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- 2015-Present    **Licensed Psychologist**, Commonwealth of Pennsylvania  
(License #PS017902) No Past or Pending Complaints

### **Professional and Clinical Positions**

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- 2011- Present    **Associate Professor**  
Institute for Graduate Clinical Psychology  
Widener University, Chester, PA
- 2011-2016       **Licensed Psychologist**  
Pike Creek Psychological Center
- 2010-2011       **Adjunct Professor**  
West Chester University, Counselor Education Department
- 2010-2011       **Post-Doctoral Fellow**  
University of Delaware, Center for Counseling and Student Development
- 2006-2009       **Staff Therapist**  
Biola University Counseling Center
- 2006-2009       **Adjunct Professor**  
Biola University, BOLD Program for Adult Education

## Areas of Specialization

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- **Spirituality, Religion, and Psychology:**  
Graduate training included five courses in theology and six courses on the integration of spirituality and psychology. Specialization further developed by research and clinical practice.
- **Brief Psychodynamic Psychotherapy:**  
Training includes classes on various forms of brief dynamic therapy, a two-day intensive workshop by Dr. Hanna Levenson on an Attachment-Based, Emotionally-Focused, Interpersonal Approach to Therapy, and a 5-day intensive training with Dr. Diana Fosha on Accelerated Experiential Dynamic Psychotherapy. In addition, internship training at UVA included year-long seminars on Fosha and McCullough's models of therapy.
- **Social and Cultural Psychology:**  
Training includes seminars and post-graduate education in multicultural competency and training multiculturally sensitive psychologists. Specialization further developed through leading discussions on cultural and religious pluralism in psychology, diversity course preparation, and committee service.

## Classes taught at Widener University

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Basic Concepts of Psychodynamic Theory  
 Diversity  
 Case Conference I: Spirituality and Psychotherapy  
 Case Conference II: CBT and Psychodynamic Therapies  
 Social Psychology  
 Essentials of Psychotherapy  
 Short-Term Dynamic Psychotherapy  
 Introductory Personality Assessment: Case Conference  
 Independent Study: Emotion Focused Couple Therapy  
 Higher Education Abroad: Amsterdam  
 Higher Education Abroad: London

## Current Research Interests

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Spirituality, Religion, and Clinical Psychology  
 Christian Theology, Psychotherapy Termination, and Internalization  
 Experience of Gender and Sexual Minorities  
 Attachment to God and Adult Attachment  
 Spirituality and Religion in Relationships  
 Buddhism, Psychoanalysis, and the Self  
 Religious Fundamentalism, Attachment, and Ego Development  
 Religious Importance and Attitudes Toward Seeking Professional Psychological Help

## Clinical Practice

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Licensed Clinical Psychologist, Commonwealth of Pennsylvania (License #PS017902) No past or pending complaints or violations

October 2015- Current	Private Practice; Courtney L Slater, LLC Philadelphia, PA
August 2011- April 2016	Independent Contractor with Pike Creek Psychological Center Newark, DE
August 2010- July 2011	Postdoctoral Fellow in Clinical Psychology University of Delaware Specialization in Psychodynamic Psychotherapy with University Students
July 2009- August 2010	Predoctoral Internship in Clinical Psychology University of Virginia Counseling and Psychological Services Specialized training in Brief Psychodynamic Psychotherapy with University Students
August 2005- June 2009	Graduate Student Clinician with four years of direct client service including one year each in an elementary school, a university counseling center, an institute for brain aging and Dementia, and a community mental health center

## Professional Affiliations

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Divisions 39 (Psychoanalysis) of the American Psychological Association  
 Pennsylvania Psychological Association  
 Philadelphia Society for Psychoanalytic Psychology  
 Society for the Exploration of Psychoanalytic Therapies and Theology

## Publications (peer-reviewed presentations are marked \*)

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\***Slater, C.**, Bordenave, J., & Boyer, B. (2016). The impact of religious and spiritual coping on PTSD. In C. R. Martin, V. R. Preedy, & V. B. Patel (Eds.), *The Comprehensive Guide to Post-Traumatic Stress Disorders*. Springer, 147-162.

\*Brabender, V., & **Slater, C.** (2014). The group as a medium for personal and professional renewal. In R. Wicks & E. Maynard (Eds.), *Clinicians Guide to Self-Renewal*. Hoboken, New Jersey: Wiley and Sons, 265-283.

\*Zenkert, R. L., Brabender, V., & **Slater, C.** (2014). Therapists' responses to religious/spiritual discussions with trauma versus non-trauma clients. *Journal of Contemporary Psychotherapy*, 44, 213-221.

***Under Review***

**Slater, C.** Working relationally in the divide: Conflicting god representations in practice. Under Review with *Psychoanalysis, Culture, and Society*.

***Current Projects***

Manuscript on Christian Theology of the Cross, Psychotherapy Termination, and Internalization

Book Review, *Psychoanalysis Beyond the End of Metaphysics*, by Robin S. Brown for DivisionReview

**Presentations** (peer-reviewed presentations are marked \*)

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\*Slater, C., Miller, D., Edwards, L., Johansen, E., Lawrence, M., & Porter, J. (October, 2019). *The Old and The New Are The Same: How Yesterday's Slavery and Today's Institutionalized Racism Have Impacted Black Women's Relationships With The Self, Others, and Systems*. Roundtable presentation for the annual meeting of the Association for Psychoanalysis, Culture, and Society, New Brunswick, NJ.

\*Udell, C., & **Slater, C.** (September, 2017). *An exploration of therapists' experiences working with transgender clients in psychotherapy*. Poster presented at the biennial Trans Health Conference, Philadelphia, PA.

\***Slater, C.**, Selden, S., Gouzos, I., Irabli, C., & Slaght, V. (2016, October). *Seeing the common humanity in addiction: Offering an integrated relational treatment*. Roundtable presentation for the annual meeting of the Association for Psychoanalysis, Culture, and Society, New Brunswick, NJ.

\*Bassett, K., Livney, D., & **Slater, C.** (2016, February). *Psychodynamic/Psychoanalytic practice in the real world*. Panel presentation for the Philadelphia Society for Psychoanalytic Psychology, Philadelphia, PA.

\*Maxson, M., **Slater, C.**, Dengel, D., & Brabender, B. (2015, October). *An integrated therapy for college student relationship dissolution*. Poster presented at the annual meeting of the Delaware Psychological Association, Rehoboth Beach, DE.

\*Gouzos, I., Matz, A., **Slater, C.** (2014, October). *Study abroad in Amsterdam: Exploring the mental health and stigma of sex workers*. Poster presented at the annual meeting of the Delaware Psychological Association, Rehoboth Beach, DE.

\*Yavorek, K., **Slater, C.**, Waldman, J. (2014, October). *Spirituality and leadership*. Poster presented at the annual meeting of the Delaware Psychological Association, Rehoboth Beach, DE.

\*Boyer, S., **Slater, C.**, Widseth, J., & Debiak, D. (2014, April). *Dilemmas in bearing witness psychotherapist and supervisor experiences of witnessing*. Panel presentation at the annual meeting of the American Psychological Association's Division of Psychoanalysis (39), New York, NY.

**Slater, C.** (2014, January). *Integration, attachment, and psychodynamic therapy*. Presentation to local interest group Christians in Psychology and Mental Health, Philadelphia, PA.

\***Slater, C.** (2013, October). *Integrating a "pet god": Psychoanalysis, attachment, and religion in practice*. Paper presented at the annual conference of Psychology and The Other, Lesley University, Boston, MA.

\***Slater, C.,** Debiak, D., Alevelo, P., Hart, J., Gould, A. (2013, October). *Self and other in Buddhism and the west: Reconsidering borderline personality disorder*. Panel presentation at the annual conference of Psychology and The Other, Lesley University, Boston, MA.

**Slater, C.** (2013, May). *Integrating religion and spirituality into higher education: Developing an integrative approach*. Presentation made for Widener University, Chester, PA.

\***Slater, C.** (2013, April). *Integrating a pet god into therapy: Psychoanalysis and religion in practice*. Paper presentation made to the Philadelphia Society for Psychoanalytic Psychology, Philadelphia, PA.

\*Brabender, V., Beatty, M., Mihura, J., Krishnamurthy, R., **Slater, C.** (2013, March). *What keeps personality assessment instructors up at night: Seeking antidotes*. Roundtable discussion presented at the annual meeting of the Society for Personality Assessment, San Diego, CA.

\*Yavorek, K., **Slater, C.,** Waldman, J. (2013, February). *Spirituality and leadership*. Poster presentation at the midwinter conference of the Society of Consulting Psychology, Atlanta, Georgia.

\*Nath, S., Debiak, D., **Slater, C.,** Alvelo, P., Gould, A. (2012, October). *The "self" as illusion: Acceptance, diagnosis, and negotiated identity in the therapeutic context*. Panel discussion at the annual meeting of the Association for the Psychoanalysis of Culture and Society Conference, New Brunswick, NJ.

\***Slater, C.** (2012, March). *Ethically and Effectively Integrating Spirituality into Training for Therapists*. Paper presentation at the Christian Association for Psychological Studies Conference.

\*Wolgast, B., Davidson, A., **Widger, C.,** Daltry, R., Brannan, M. (2011, April). *Young adults and sleep health: Caffeine, insomnia, narcolepsy, and more*. Workshop presented at the annual meeting of the Pennsylvania Psychological Association Continuing Education and Ethics Conference, Harrisburg, PA.

\***Widger, C.,** Edwards, K., Trangonno, F., & Fallon, D. (2009, August). *Engaging in virtuous behaviors: The role of attachment and marriage*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.

\***Widger, C.,** Edwards, K., Poelstra, P., & Mitchell, J. (2006, March). *Utilizing a virtue framework for marital attachment and satisfaction*. Paper presented at the annual meeting of the Christian Association for Psychological Studies, Cincinnati, OH.

\*Edwards, K., Poelstra, P., Mitchell, J., Kloster, M., Kendrick, M., & **Widger, C.** (2005, March). *Religion, virtue, and marital satisfaction*. Two-hour seminar given at the annual meeting of the Christian Association for Psychological Studies, Dallas, TX.

\*Schneider, M. E., Allen, J. B., **Widger, C.**, & Harrison, A. (2004, May). *Gender, self-esteem, and sexual threat as predictors of attitudes toward gays and lesbians*. Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

## Service

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### Widener University

Institute for Graduate Clinical Psychology  
 Faculty Affairs Committee  
 Diversity Committee – Convener  
 Director of Admissions  
 Director of Pro Bono Distinction  
 Founder/Facilitator: *Sacred Dialogues*  
 Student Review Committee  
 Junior Mentor to Dr. Lizzy Foster

School of Human Service Professions  
 Vice Chair  
 Academic Affairs Committee  
 Faculty Affairs Committee  
 Promotion and Tenure Committee  
 Diversity Committee

Widener University  
 Student Services Committee

Delaware Psychological Association  
 Widener University Liaison

Division 39 (Psychoanalysis)  
 2019 Spring Meeting steering committee

Philadelphia Society for Psychoanalytic Psychology  
 CE Coordinator

## Previous Teaching Experience

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Practicum for Higher Education (1 Section)

West Chester University, Counselor Education Department

Counseling Theories and Techniques (1 Section)

West Chester University, Counselor Education Department

Statistics with Computer Applications (1 Section)

Biola University

Learning and Cognition (3 Sections)

BOLD School of Professional Studies, Biola University

**Statistics (3 Sections)**

BOLD School of Professional Studies, Biola University

**Advanced Statistics Lab (2 Sections)**

Rosemead School of Psychology

**Introduction to Psychology (1 Section)**

Daystar University, Nairobi Kenya

**Previous Service**

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August 2010- July 2011	University of Delaware, CCSD Professional Development Committee Research Committee
August 2009- August 2010	University of Virginia, CAPS Training Committee, Intern Representative
September 2007- June 2008	Rosemead School of Psychology Student Government Executive Secretary
September 2006- June 2007	Rosemead School of Psychology Spiritual Life Representative