



OSHER
LIFELONG
LEARNING
INSTITUTE

Osher Lifelong Learning Institute

At Widener University

Spring Session 2020

The Osher Lifelong Learning Institute (OLLI) is an academic cooperative that provides adults age 50+ with opportunities for intellectual development, cultural stimulation, and social interaction.

Turn the page to see what OLLI at Widener can offer you.

No exams. No papers. No homework. Just a wide array of classes and seminars to excite your curiosity, engage your intellect, and keep you learning.

Never stop learning

Become an OLLI member.

Membership Benefits

- Unlimited on-campus OLLI classes.
- Access to campus facilities: Wolfgram Memorial Library, gym, pool, fitness center, and other amenities.
- Discounted rates on trips, events, and excursions.

Membership Fees

Annual Full Membership (\$275): valid for one year.
Annual membership starts in fall or spring.

Term Full Membership (\$150): valid for one academic term (spring, summer, or fall).

Non-Member Participants

Non-members may take one individual course on the main campus for \$75.

Registration Process

Register online:

<https://go.widener.edu/register/spring2020ollireg>

There is a registration page in this catalog if you prefer to mail in your registration.

Parking and Building Access

Parking is reserved for OLLI events on campus. Parking is in the Old Main lot, across the street from University Center (where classes are held). Shuttles are available for members with mobility concerns. OLLI members are issued student ID cards, which give access to University Center, academic buildings, Wolfgram Memorial Library, Pride Recreation Center, and other Widener facilities.

Important Message about E-mail

OLLI at Widener uses e-mail to communicate important information throughout the year. OLLI at Widener will never share members' e-mail addresses with outside organizations. You can expect to see e-mails regarding:

- News and updates about OLLI at Widener.
- Class confirmation and room locations.
- Changes to classes including unforeseen cancellations.
- Invitations to OLLI and Widener University events.

If you do not have access to a computer or e-mail, we strongly recommend you connect with someone in your class, or in the Institute, to learn about program updates.

Course Cancellation

OLLI at Widener reserves the right to cancel a scheduled course due to low enrollment, non-availability of an instructor, or other unavoidable circumstances. Members will be notified as early as possible.

General OLLI Info

- OLLI classes meet once a week for five weeks.
- Classes are held in the Wyman Room, on the 1st floor of University Center, unless otherwise noted.
- The OLLI office is on the first floor of Kapelski Learning Center, across the street from University Center.
- If you ever need assistance while on campus for OLLI programming, please call the main office at 610-499-4507 to reach someone who can help.
- For information about OLLI or assistance with registration, call 610-499-4279 or e-mail olli@widener.edu.

For Members Only

Join OLLI as an annual or term member and partake in the fun!

Space is limited and RSVP is required for most of these members-only activities.

OLLI Brown Bag Book Club

The OLLI Book Club, facilitated by Susan Tsiouris from Widener's Wolfgram Memorial Library, has read and discussed 30 books so far. Participants choose the books they will read. The club typically meets on the last Friday of the month during lunchtime. Contact Susan at sctsiouris@widener.edu for details.

St Patrick's Day Celebration: The Beauty of the Celtic Harp

March 17 1:00 p.m. Wyman Room

Pamela Dimeler will play Irish and Scottish tunes on her Celtic harp. She will share brief histories of the music and will talk about her unique instrument. The last portion of the program features a sing-along of well-known tunes such as "Danny Boy," "Loch Lomand," and "When Irish Eyes Are Smiling." Pam has been playing the Celtic harp since 2001 and is a member of the Brandywine Harp Orchestra.

Brandywine River Museum of Art

Friday, April 3 10:30 a.m.

Join OLLI friends and Docent Emily Farrell for an exclusive tour of The Brandywine River Museum of Art, a museum of American art with a special concentration on three generations of the Wyeth family. The museum is an integral part of the Brandywine Conservancy, whose purpose is the preservation and wise development of open land. As a result, the museum includes lovely native gardens to enjoy on your visit. OLLI members pay their own entrance fees, as well as lunch if they choose to join us at the lovely Millstone Café after the tour.

An Evening of Stargazing

Friday March 13 7:30 p.m.

Monday April 13 8:00 p.m.

Join OLLI friends at the observatory on Widener's campus for an evening of viewing planets, stars, nebulae, clusters, galaxies, and more. Through our 16-inch computerized Meade Cassegrain reflecting telescope and several, smaller, 12-inch telescopes, you will gain hands-on experiences and get up-close-and-personal with all things interstellar.

Dining at the Marriott Dining Room

Support students in Widener's Tourism and Hospitality Management program by enjoying a meal planned, prepared, and served by them in Widener's Marriott Dining Room. Stay tuned for schedule information.

OLLI Committees

The Hospitality Committee plans activities and assists with member recruitment.

The Curriculum Committee reviews new courses and seminars and recommends topics and speakers.

If you are interested in serving on a committee or have an idea for a new club or committee, contact the OLLI office: olli@widener.edu or 610-499-4279

OLLI at Widener

Spring 2020

Session A: February 10 – March 13

	Monday	Tuesday	Wednesday	Thursday
9:00– 10:10 am		Zumba Gold (Leahy; at Taylor Arboretum)	Wake Up and Walk for the Brave! (at Taylor Arboretum)	Orni-Theology: Birds as Symbols and Messengers of the Divine (Fergus)
10:30– 11:40 am	The Amendments of the Constitution: A Closer Look (Hudiak)	T'ai Chi Chih (Leffler; at Taylor Arboretum)	American History through Its Iconic Images and Objects, Part I (Simeone)	Intro to Sketching and Drawing, Part I (Roper)
1:00– 2:10 pm	Tea and Murder by the Fire: The British Cozy Mystery (Eberly)	Tuesday Travel: A different destination each week	Ten Great American Playwrights (Wehbe)	
1:00– 2:30 pm				THURSDAY SEMINARS See page 5 for the seminar schedule.
2:30– 3:40 pm	Committee Meetings	Memory Optimization through Games (McNellis)	Revolutions in Russian Music (Bettenhausen)	

Session B: March 16 – April 17

	Monday	Tuesday	Wednesday	Thursday
9:00– 10:10 am	Mindfulness through Birdwatching (Marcus)	Zumba Gold (Leahy; at Taylor Arboretum)	Wake Up and Walk (at Taylor Arboretum)	How to Learn French (Eberly)
10:30– 11:40 am	The Milton Hershey School, Home to “The Richest Orphans in the World” (Furmanak)	T'ai Chi Chih (Leffler; at Taylor Arboretum)	American History through Its Iconic Images and Objects, Part II (Simeone)	Intro to Sketching and Drawing, Part II (Roper)
1:00– 2:10 pm	Greek Islands and the Omnipresence of Myths (Pollatou)	Tuesday Travel: A different destination each week	Sociodrama (Wehbe & Elman)	
1:00– 2:30 pm				THURSDAY SEMINARS See page 5 for the seminar schedule.
2:30– 3:40 pm	Public Health: A Plant-Based Approach to World Wellness (Barfield)	How to Sell a House in 30 Days (Dobbs)	Comparative Religions: Judaism, Christianity, Islam, Baha'i (Zakaria)	

See page 6 for course descriptions. See page 9 for instructor bios.

Thursday Seminars

Olli's Thursday Seminars are free and open to the public. Seminars are held at 1:00 p.m. on Thursdays in the Wyman Room unless noted otherwise. RSVP to olli@widener.edu or 610-499-4279.

February 13 Barbarians at the Gates:

A History of Walls (*Jeff Heim*)

As early as 8,000 BCE, man constructed walls around towns to provide security for themselves and their "property." It was a communal effort by the "civilized" in fear of the "barbarian." This lecture gives an overview of: by whom, why, and where walls have been built. What does building a wall say to both those inside and those outside of the barrier? Do walls work? Are we building walls today?

February 13 Mandala Inspired Greeting Cards

(*Linda Sivilich*) **Room D**

Create a unique mandala inspired greeting card. Bring \$1 to make into an origami heart. A fun class to create some February cheer you can share! All supplies provided.

February 20 The Soul of American Higher Education: Historically Black Colleges & Universities

(*Dr. Janelle L. Williams*)

Historically black colleges and universities (HBCUs) were established to educate Black Americans. Prior to their establishment, and for years afterwards, Black students were generally denied admission to traditionally White institutions. This seminar provides an overview of the historic role, accomplishments, and challenges that face HBCUs as they carry out their unique mission.

February 27 The Hershey School for Children and the \$13 Billion Trust Fund

(*John Furmanak*)

What happens when a donor sets up a perpetual trust for a single purpose and the trust has too much money? What does the Milton Hershey School story say about the success or failure of orphanages in the U.S.? To understand the present predicament, we need to turn the clock back and study what the school's founder tried to do.

March 5 Practical Tools for Everyday Wellness

(*Dr. Christa Brown*)

This interactive session provides tools to help keep you centered, make better decisions, and remain calm and focused. Immediately usable, these tools help you show up fully and navigate everyday situations, from the beautifully mundane to the stressfully chaotic. Learn them once, use them forever.

March 5 Essential Oil Hand Scrub

(*Linda Sivilich*) **Room D**

Make an essential oil hand scrub. All supplies are provided.

March 12 From the Old World to the New:

An Immigrant's Story (*Jaan Troltenier*)

Immerse yourself in another age as your costumed history interpreter enacts Rosie Ginzburg, a Jewish immigrant. Rosie will delight and educate you with stories, songs, and pictures. She is brought to life through research in European immigration, Eastern European music & customs, and Yiddish.

March 19 The Battle of Gettysburg

(*Dave Hudiak*)

The confederacy's last and best chance for victory was denied at this climactic battle of the Civil War, fought in our back yard. This seminar explores the events leading up to the battle, the key events of the days of fighting, the aftermath of the battle, and how the South's defeat at Gettysburg began the slow and inexorable path to the death of the Confederacy.

March 19 Jewelry Making

(*Linda Sivilich*) **Room D**

In this seminar, you'll learn to make a lightweight adjustable necklace. All supplies are provided.

March 26 Brain Health

(*Maureen Mercadante*)

This seminar covers physical, mental, and dietary practices that will help keep your brain healthy.

April 2 Who Is Samuel DeWitt Proctor?

(*Dr. Marybeth Gasman*)

Samuel DeWitt Proctor was the first African American faculty member at Rutgers University's Graduate School of Education and the first to have an endowed professorship named for him. Proctor served as a Rutgers faculty member for 15 years and made significant contributions to advancing equitable practices in education, all while being committed to teaching, scholarship, mentoring, and service.

April 2 Yes, Virginia, It's a Real Instrument: Playing the Recorder

(*Nancy Daniel*) **Room D**

You'll be surprised how much you learn about playing the recorder in a single hands-on session. Practice instruments are provided. Join in the making of some beautiful music!

April 9 The Linvilla Bluebird Trail

(*Pamela Dimeler*)

This presentation features Pam's photography of the Eastern bluebirds: it covers the different species, migration patterns, nesting habits, the Bluebird Conservation movement, and how to monitor and care for a bluebird nesting box.

April 23 Birds and Windpower

(*Dr. Rob Fergus*)

Windpower features strongly in our search for sustainable energy solutions. This seminar discusses Green and "Not-so-Green" energy solutions.

Session A — Courses

February 10 – March 13

The Amendments of the Constitution: A Closer Look

Day: Mondays

Time: 10:30–11:40 a.m.

Our Constitution is a living document that has evolved over our history. Amendments have shaped the Constitution into what it is today. This course delves into the details of the amendments. While we welcome back those who took the seminars on Amendments in 2019, those seminars are not a prerequisite to this course. All are welcome!

David Hudiak

Tea and Murder by the Fire: The British Cozy Mystery

Day: Mondays

Time: 1:00–2:10 p.m.

Like a good case of lighthearted MURDER? Enjoy a stroll through some literary history and pleasant reading from the shelves of Britain's extensive cozy mystery genre. We'll read and discuss an Agatha Christie selection, survey other authors and excerpts, and find out why this sometimes ridiculed Whodunit genre has such an enduring attraction for readers.

Marian Eberly

Zumba Gold®

Day: Tuesdays

Time: 9:00–10:10 a.m.

Location: Taylor Arboretum

ZUMBA GOLD® is a fitness program that brings the Latin and global dance rhythms from the original Zumba® program to the active older adult, the beginner participant, and other special adult populations who may need modifications.

ZUMBA GOLD® is a safe and effective total body workout for all ages. It is ideal for active older adults who are looking for a modified Zumba® class at a lower intensity and lower impact. It introduces an easy-to-follow routine that includes all fitness components: cardiovascular, muscular, flexibility, and balance. Each class consists of a warm-up, cool-down, and workout following the main ZUMBA GOLD® choreography.

Judy Leahy

T'ai Chi Chih

Day: Tuesdays

Time: 10:30–11:40 a.m.

Location: Taylor Arboretum

Learn the centering beauty of T'ai Chi Chih, a soft, flowing, moving meditation practiced by tens of thousands of people worldwide. It's easy to learn and brings many benefits, including peace of mind, improved health, and joy. It requires no particular level of fitness, no special equipment or clothing, and may be done seated.

April Leffler

Tuesday Travel

Day: Tuesdays

Time: 1:00–2:10 p.m.

Enjoy armchair travel with a new destination and presenter each week. Select your destinations or attend them all. Visit Yellowstone, some eerie abandoned places, Cefalonia (Greece), South Africa, and Ireland, all without leaving town! A schedule of destinations will be provided to registrants. Presentations for Session A and Session B are different. Feel free to sign up for either or both.

Memory Optimization through Games

Day: Tuesdays

Time: 2:30–3:40 p.m.

This fun course provides an overview of memory and how each area works. It covers new studies and research. The class is designed for students to work in groups. Exercises are fun and use proven techniques to optimize both hemispheres of the brain. Your personal electronic memory analysis sheet provides tracking of progress long after class is over. A workbook of challenging exercises is included.

Thomas McNellis

Wake Up and Walk (for the brave)!

Day: Wednesdays

Time: 9:00–10:10 a.m.

Location: Taylor Arboretum

Brave the Cold! Get your steps in and enjoy the beauty of the Taylor Arboretum. Our group will meet weekly (weather permitting) for a guided walk through the arboretum. Walkers should be moderately fit to enjoy the experience.

American History through Its Iconic Images and Symbols, Part I (Part II follows in Session B)

Day: Wednesdays

Time: 10:30–11:40 a.m.

The American story told through its iconic images and symbols. What do they tell us about our people, our institutions, and our important events?

Michael Simeone

Ten Great American Playwrights

Day: Wednesdays
Time: 1:00–2:10 p.m.

We will have engaging discussions of the best contemporary stage plays to come out of the United States. Plays will be presented in the context of their original presentation, as well as legacy. Scenes from plays will be shown on video.

Loretta Wehbe

Revolutions in Russian Music

Day: Wednesdays
Time: 2:30–3:40 p.m.

Russian composers have been leaders in several revolutions in government and in music. Composers from Mikhaal Glinka to Dimitri Shostakovich have changed form and content in the musical world to reflect these revolutions. This course examines the Russian historical context and the major changes wrought by composers like Glinka, Balykirev, Borodin, Tchaikovsky, Stravinsky, and Shostakovich. Musical examples will illustrate the musical changes unfolding along with the historical revolutions in Russia and the world.

Lee Bettenhausen

Orni-Theology: Birds as Symbols and Messengers of the Divine

Day: Thursdays
Time: 9:00–10:10 a.m.

Ancient Romans used birds to discover the will of the gods in a form of augury that gives us our English word “auspicious.” Ancient and modern Mayan speakers have considered birds as messengers or sometimes the bird form of various gods. The dove is ubiquitous as a symbol in Christian art. This course explores how people have considered birds to be messengers or symbols of the divine in traditional and ancient cultures as well as modern folk and pop cultures around the world.

Rob Fergus

Intro to Sketching and Drawing, Part I

Day: Thursdays
Time: 10:30–11:40 a.m.

Intro to Drawing and Sketching is an introductory drawing course intended to help develop observational and perceptual drawing skills. We will explore this practice together by examining the principles, elements, techniques, and conceptual approaches of drawing while establishing a healthy and productive studio practice. Students will practice observation, experimentation, and invention, becoming acquainted with a variety of drawing media and approaches. They will investigate the properties of line, value, shape, texture, and the representation of space, focusing on methods and techniques to represent the illusion of the three-dimensional world on a two-dimensional surface.

Nicholas Roper

Session B — Courses

March 16 – April 17

Mindfulness through Birdwatching

Day: Mondays
Time: 9:00–10:10 a.m.
Location: Taylor Arboretum & Heinz NWR

Birdwatching is a calming yet engaging activity. It requires you to slow down, awaken your senses, become fully present in the moment, and witness the beauty of nature. Join Karin for three walks at Taylor Arboretum and two at John Heinz NWR. Indoor meeting space is available in case of bad weather.

Karin Marcus

The Milton Hershey School, Home to “the Richest Orphans in the World”

Day: Mondays
Time: 10:30–11:40 a.m.

In a place called the sweetest place on earth, noted for its rich history in chocolate and entertainment, Milton Hershey built an industry and town. His real dream was to create a home and school for orphaned boys. In 1909, he and his wife founded the Milton Hershey School for boys. He deeded his entire fortune to children he would never meet. Today that trust is worth over \$13 billion dollars and the school is home to over 2,200 boys and girls that are the richest Orphans in America. This course covers the challenges and changes to the school and the current students.

John Furmanak

Greek Islands and the Omnipresence of Myths

Day: Mondays
Time: 1:00–2:30 p.m.

Legendary figures and myths seal aspects of the identity of Greek islands. Islands, seas, people, sports teams, hotels, and local products are named after mythical figures. Souvenirs revolve around myths. The landscape sees a transformation in value as places are attached with a different meaning related to myths. Myths feed local pride, whereas university logos, municipality logos, and narratives provide the reason/justification for locals' actions. Welcome to the evergreen world of myths, figures, and Greek islands!

Effie Pollatou

Public Health: A Plant-Based Approach to World Wellness

Day: Mondays

Time: 2:30–3:40 p.m.

Public health is a multifaceted topic. This course will focus on the botanical power of plants and the positive outcomes of increased accessibility and consumption with a concentration on how the aforementioned will impact this and future generations.

Christa Barfield

Zumba Gold®

Day: Tuesdays

Time: 9:00–10:10 a.m.

Location: Taylor Arboretum

ZUMBA GOLD® is a fitness program that brings the Latin and global dance rhythms from the original Zumba® program to the active older adult, the beginner participant, and other special adult populations who may need modifications.

ZUMBA GOLD® is a safe and effective total body workout for all ages. It is ideal for active older adults who are looking for a modified Zumba® class at a lower intensity and lower impact. It introduces an easy-to-follow routine that includes all fitness components: cardiovascular, muscular, flexibility and balance. Each class consists of a warm-up, cool-down, and workout following the main ZUMBA GOLD® choreography.

Judy Leahy

T'ai Chi Chih

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Time: 10:30–11:40 a.m.

Location: Taylor Arboretum

Learn the centering beauty of T'ai Chi Chih, a soft, flowing, moving meditation practiced by tens of thousands of people worldwide. It's easy to learn and brings many benefits, including peace of mind, improved health, and joy. It requires no particular level of fitness, no special equipment or clothing, and may be done seated. New participants are welcome.

April Leffler

Tuesday Travel

Day: Tuesdays

Time: 1:00–2:10 p.m.

Enjoy armchair travel with a new destination and presenter each week. Select your destinations or attend them all. Listen to the music of the Celtic harp; visit the Middle East, the Oregon Coast, Costa Rica, and some Transportation and Military museums, all without leaving town! A schedule of destinations will be provided to registrants. Presentations are different from those offered in Session A; feel free to sign up for either or both.

How to Sell a House in 30 Days

Day: Tuesdays

Time: 2:30–3:40 p.m.

Ever wondered why some homes sell quickly and others linger on the market? Learn how to appeal to today's buyers and pick up tips to prepare to sell now or in the future. A workbook will be supplied to all participants

Madeline Dobbs

Wake Up and Walk!

Day: Wednesdays

Time: 9:00–10:10 a.m.

Location: Taylor Arboretum

Get your steps in and enjoy the beauty of the Taylor Arboretum. Our group will meet weekly (weather permitting) for a guided walk through the arboretum. Walkers should be moderately fit to enjoy the experience.

Tom Kirk; Marian Eberly

American History through Its Iconic Images and Symbols, Part II

Day: Wednesdays

Time: 10:30–11:40 a.m.

This is a continuation from Session A. The American story told through its iconic images and symbols. What do these images and symbols tell us about our people, our institutions, and our important events?

Michael Simeone

Sociodrama

Day: Wednesdays

Time: 1:00–2:10 p.m.

This course introduces role playing and dramatic self-presentation to investigate and gain insight into the issues of daily life. Students will be assigned roles about actions that affect us. Through spontaneous dramatization and fun role playing, we will create situations and solve problems. Laughter is always the best cure.

Loretta Wehbe and Lois Levine Elman

Comparative Religions: Judaism, Christianity, Islam, and Baha'i

Day: Wednesdays

Time: 2:30–3:40 p.m.

This class will focus on the similarities and differences among the four religions, and how they came into existence. Symbolic signs—The Star of David, The Cross, The Crescent, The Star—will be compared and explained.

Ghada Zakaria

How to Learn French

Day: Thursdays

Time: 9:00–10:10 a.m.

Learning a second language (even a few useful phrases) can be challenging. Be a participant in a demonstration class where a variety of methods for foreign language learning are practiced. The focus will be as much on the methodology as on the target language, but you'll be surprised how much French you learn, and how much fun you have learning it. You'll also discover resources for use in the learning of almost any foreign language.

Marian Eberly

Intro to Sketching and Drawing II, Part II

Day: Thursdays

Time: 10:30–11:40 a.m.

This is a continuation from Session A. See the Session A course description on page 7. Part I is a prerequisite to Part II.

Nicholas Roper

Who's Who?

The OLLI Instructors

Christa Barfield—*BS, St. Joseph's University*—Christa spent nearly a decade in the health care realm before resigning from her career managing an ophthalmic surgical practice. She found her true purpose in agriculture, becoming a farmer and starting a tea company. She promotes a health care agenda focused on taking care of the body naturally while pharmaceuticals are still a choice.

Lee Bettenhausen—*PhD, University of Virginia; BS, the Pennsylvania State University*—Lee spent 50 years as a professional in nuclear research and regulation and 50 years as a consumer of classical music.

Charlene Brown—*PhD, California Institute of Integral Studies; MA, Institute of Transpersonal Psychology, BBA, Howard University*—"Dr. Charli" is a dynamic, experiential educator for youth and adults. Her background in (w)holistic understanding and women's ways of knowing help her connect with people using many learning languages and modalities. She believes information is more useful if it is practical, and she strives to distill concepts into everyday usefulness aspects.

Nancy Daniel—*MMus, Northwestern University; BMus, Oberlin*—Nancy is a veteran teacher of music for all ages in a variety of settings from the interior of Haiti to university classrooms. Her specialties include recognizing how *reading* music can interfere with *making* music and replacing old doubts and fears with new skills and confidence.

Pamela Dimeler—*BS, Lebanon Valley College*—Pam has been playing the Celtic harp since 2001 and is a member of the Brandywine Harp Orchestra. Pam is the director and founder of Parkside Academy

of Music and Dance, teaching music and dance to children of all ages. A photographer and nature enthusiast, Pam has been observing and documenting a pair of Great Horned Owls since 2012.

Madeline Dobbs—*MBA, Wilmington University*—Madeline is a local realtor with a background in marketing in the arts & culture world. She has used her skills to educate home sellers about the guest experience and has helped many clients, including those who previously failed, to sell.

Marian Eberly—*EdD, Rutgers, the State University of New Jersey; MA, Michigan State University; BS, Eastern Mennonite University*—Marian taught English, French, and ESL in various schools and colleges and in three countries. She spent the past 20 years in college administration and joined Widener in 2018 as the assistant director for Extended Learning/OLLI.

Emily Farrell—A docent at the Brandywine River Museum of Art, Emily studied art through teacher education programs at the Philadelphia Museum of Art; the Museum of Modern Art and the Metropolitan Museum of Art in New York City; and the National Gallery of Art in Washington, D.C.

Rob Fergus—*PhD & MA, University of Texas at Austin; BA, Brigham Young University*—Rob teaches Geography and Environmental Studies at Rowan University and has 15 years of college teaching experience. He was the founding director of the Hornsby Bend Bird Observatory in Austin, Texas, and the first executive director of the Travis Audubon Society. He previously worked as the senior scientist for Urban Bird Conservation at the National Audubon Society.

John Furmanak—*BA, Neumann University; EE, Pennsylvania Institute of Technology*—John, a graduate of Milton Hershey School, is now an ambassador for the school assisting in future enrollment. He worked as an engineering technician in the United States and abroad until retiring in 2018 after 43 years in the pulp and paper industry.

Marybeth Gasman—*PhD & MS, Indiana University; BA, St. Norbert College*—Marybeth is the Samuel DeWitt Proctor Endowed Chair in Education and a Distinguished Professor at Rutgers, the State University of New Jersey. She serves as executive director of both the Samuel Dewitt Proctor Institute for Leadership, Equity, & Justice and the Rutgers Center for Minority Serving Institutions.

Jeff Heim—*MA & BA, the Pennsylvania State University; MA, Temple University*—Jeff taught high school for 37 years in Maryland and Pennsylvania. He was an NEH Fellow and spent a year as a Fulbright Fellow in India. He teaches for OLLI at Widener and the LLI at Immaculata University.

David Hudiak, Esq.—*JD, University of Pennsylvania Law School; BA, Haverford College*—Dave is a licensed attorney and a member of the Bars of Pennsylvania, New Jersey, and the U.S. District Courts for the Eastern District of Pennsylvania and the District of New Jersey. His teaching experience includes numerous paralegal classes and seminars in law school admission test preparation.

Tom Kirk (Taylor Arboretum)—Taylor Memorial Arboretum is a reserve of plantings and natural lands in Nether Providence Township dedicated by J.C. Taylor to the memory of his wife, Anne Rulon Gray, and intended to promote “health, enjoyment, and education.” The arboretum is held in trust by Widener University. Tom Kirk, manager and naturalist, has been with the arboretum since 2001.

Judy Leahy—Judy is a licensed Zumba© and Zumba Gold© Instructor and a certified personal trainer. After years working in higher education, healthcare, and human services, she found her passion in Zumba, helping Boomers and seniors develop and maintain fitness in a fun, safe, and supportive environment.

April Leffler—April is an accredited T'ai Chi Chih teacher and has been teaching since 2000. She teaches T'ai Chi Chih classes for many populations, including Widener undergraduates.

Lois Levine-Elman—*MS, Yeshiva University; BA, Brooklyn College; PA School Psychologist Certification, Immaculata College*—Lois has taught psychology and literature at Rowan University, University of Phoenix, and Delaware County Community College. At Ursinus University, she designed and presented an interdisciplinary course focusing on the question, “What Makes Us Human?” Ms. Elman presents to older adults on issues related to the importance of maintaining mental health and cognitive acuity.

Karin Marcus—Karin’s coaching style combines love of the outdoors and respect for the human spirit. Her goal is to help everyone become an environmentalist of the heart. She is a professional certified coach, a Master Certified Retreat Coach, a Purpose Clarity and Season of Change Master Trainer, and a faculty member of The Institute for Life Coach Training. She volunteers at John Heinz NWR and authored *Birding through Cancer: A Seasons of Change Journey*.

Thomas McNellis—*MBA and BA, Temple University; MS, University of Pennsylvania; ME, the Pennsylvania State University*—Thomas is the president of Memory Matters and spent over 30 years in senior management positions. He has consulted for the Massachusetts Institute for Technology Digital Research Laboratory and taught at Drexel University and the University of Bradford (UK). Tom is the author of four books, two textbooks, and numerous articles on accelerated learning and memory optimization.

Maureen Mercadante—*BS, Temple University*—Maureen has been a neurodiagnostic technologist at the University of Pennsylvania and an instructor at the Crozer School of Electroneurodiagnostic Technology.

Peggy Place—*MS, Kutztown University; Principal Certification, Lehigh University; Supervisor C&I, Supt. Letter, Widener University*—Peggy spent 50 years working in the education field, including as an elementary teacher, principal, administrator, college instructor, and consultant. She supervised student teachers and field students at Albright College in Reading, PA.

Efpraxia Pollatou—*PhD, University of St. Andrews (Scotland); MSc, University of Edinburgh (Scotland); BA, University of Athens*

(Greece)—Effie teaches modern Greek language and culture at the Greek school of the Church of Annunciation in Elkins Park. Prior to moving to the United States, she taught internal communication and mentored college students in Greece. Her research interests and experience include anthropology at home, satire, humor, ethnography of communication, language analysis, identity, belonging and islandology.

Nicholas Roper—*BA, Cheyney University of Pennsylvania; MA, Widener University (in progress)*—Nick is a current graduate student in the organizational development and leadership program and a graduate assistant for OLLI at Widener.

Michael Simeone—*MEd, Temple University; AB, Ohio University*—Michael started in education as a high school social studies teacher. He was a member of the faculty at Temple University and at Widener University. He served as a program administrator at Glassboro State College and was a management consultant for 22 years. He completed doctoral course work in history at Temple University. He teaches history and film courses in the Osher Lifelong Learning Institutes at Temple and Widener.

Linda Sivilich—*Old Dominion University*—Linda retired from American Airlines after 35 years. Her interests include jewelry making, origami, mosaics, furniture refinishing, cooking, sewing, and crocheting.

Jaan Ingle-Troltenier—*MA, Louisiana State University; BA, University of Tennessee at Chattanooga*—A former Latin instructor, Jaan honed her interactive presentation technique while serving as an art history docent. She appears at OLLI, schools, libraries, and retirement communities. An habitu   of art museums in the United States and Europe, she combines a love of research with a passion for art history. She draws upon history and language to create her lectures, which are painstakingly researched and full of vivid stories of artists and their times.

Loretta Wehbe—*BA, St. Joseph’s College; Actor, Singer, Director, Playwright*—Loretta is the founder and director of the Performing Arts Youth Theatre, co-founder of the Philly Youth Theatre, and director of the Young People’s Theater Workshop.

Janelle L. Williams—*EdD, Widener University; MPA, the Pennsylvania State University; BS, Cheyney University of Pennsylvania*—Janelle is a visiting scholar at Rutgers University, New Brunswick, at the Center for Minority Serving Institutions in the Graduate School of Education and a noted HBCU researcher. She serves as assistant dean of Extended Learning at Widener University.

Ghada Zakaria—*MA, West Chester University; MA, Cabrini University; BA, Temple University*—Ghada has served as Arabic educator at the University of Villanova, as instructor of Arabic Language and World Culture for Cheney University, and as Arabic translator and interpreter for the School District of Philadelphia.

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