

CURRICULUM VITAE
Sanjay R. Nath, Ph.D.

Widener University
Institute for Graduate Clinical Psychology
One University Place
Chester, PA 19013
p: 610-499-1214
f: 610-499-4625
snath@widener.edu

EDUCATION:

- Ph.D.** Received 2004, Clinical Psychology
Temple University, Philadelphia PA
Dissertation: *Narrative coherence as a predictor of postpartum depression: At-risk women's stories of the transition to motherhood.* Advisor: Jay S. Efran, Ph.D.
- M.A.** Received 1997, Developmental Psychology
University of Chicago, Chicago IL
Master's Thesis: *Nonclinical depression and the interpretation of day-to-day events.* Advisor: Mihaly Csikszentmihalyi, Ph.D.
- B.A.** Received 1994, with General Honors, Phi Beta Kappa
University of Chicago, Chicago IL
Major: Fundamentals: Issues and Texts, Minor: Mathematics
Bachelor's Thesis: *Family dynamics and the role of children in Dostoevsky's the Brothers Karamazov.*

LICENSE:

Pennsylvania Licensed Psychologist, License #PS015846, 2005-present

CURRENT POSITIONS:

PROFESSOR, Institute for Graduate Clinical Psychology, Widener University, Chester, PA

Full-time faculty member in a doctoral training program that emphasizes teaching, service, and research. Formal teaching in the areas of psychoanalysis, diversity, and supervision. Coordinator of the cross-cultural and diversity concentration and the psychoanalytic concentration. Scholarly focus is on issues related to negotiation and development of identity for those with marginalized background and immigration/acculturation.

(Assistant Professor at Widener from September 2005-June 2011; promoted to Associate Professor, September 2011; promoted to Full Professor, September 2017)

PRIVATE PRACTICE, Philadelphia, PA

Conduct psychotherapy with adult individuals/couples, with clinical focus on presenting problems related to immigration and acculturation issues, Asian-American psychology, developmental/identity issues, and emerging adulthood. Predominantly long-term treatment with a psychodynamic orientation. January 2006-present

HONORS AND AWARDS:

APA Division 39, Multicultural Concerns Committee Diversity Award, 2019
APA FEDACS Summit, GPE Grant Recipient Representative, 2018
Council of Graduate Schools, Summer Institute, Widener University
Graduate Programs Representative, 2015
Association of American Colleges and Universities, High Impact Practices Institute,
Widener University Team Member, 2014
APA Educational Leadership Conference Representative, 2006 and 2007
Lindback Career Enhancement Minority Junior Faculty Grant, 2006-2011
University Fellowship Scholarship, Temple University, 1997, 2001
Tuition Award and Graduate Assistantship, Temple University, 1998-2000
Century Fellow Scholarship, University of Chicago, 1995-1997

PROFESSIONAL AFFILIATIONS:

APA DIVISION 39 (PSYCHOANALYSIS), Mentor Program Participant
Meet monthly with a newer member of the division and provide support and
orientation to psychoanalytic clinical approaches, theory, and readings.
2015-present

APA DIVISION 39 (PSYCHOANALYSIS), Annual Spring Meeting Co-chair
This position entails organizing a steering committee, holding monthly steering
committee meetings, and developing a theme and keynote speakers for the annual
conference held in New Orleans in April 2018. It involved a two-year commitment
from conception, development, and execution of the meeting, including the peer
review process, coordination of various constituencies in the Division, and planning
the content of the meeting. July 2016-April 2018

APA DIVISION 39 (PSYCHOANALYSIS), Multicultural Concerns Committee
Co-Chair
This very active committee meets twice a year formally and monthly informally,
and plans an annual panel on race, ethnicity, and culture. Involvement includes
streamlining a process for selecting diversity scholars, mentoring current scholars,
and attending Division 39 Board meetings as co-chair. January 2015-April 2018

ASSOCIATE EDITOR, *Journal of College Counseling*
This journal is a publication of the American College Counseling Association.
Associate editors were responsible for assigning and evaluating reviews and giving
feedback on blind-reviewed submissions to authors, in addition to giving input on
special issues and directions for the journal conceptually and theoretically. July
2010-July 2012

EDITORIAL BOARD MEMBER, *Journal of College Counseling*
This journal is a publication of the American College Counseling Association.
Editorial board members produced monthly reviews of submissions and
corresponded directly with Associate Editors on disposition of peer-review
submissions. July 2007- July 2010 (3-year appointment)

AD HOC REVIEWER, *Journal of Personality Assessment*

Conducted reviews as needed by the editorial board on areas of cultural diversity and assessment.

2008-present

APA DIVISION 39 (PSYCHOANALYSIS), Task force for Academic Mentorship Chair

This task force is organized to help students and early career professionals who are interested in academic careers and psychoanalysis pursue scholarship, teaching, and clinical work informed by psychoanalysis within the rubric of an academic career. Tasks include a mentoring program, the creation of workshops and programs related to obtaining grant-funding and journal publication within a psychoanalytic research framework, and making psychoanalytic teaching and supervisory resources accessible.

2006 –2011

PHILADELPHIA SOCIETY FOR PSYCHOANALYTIC PSYCHOLOGY, Board Member, Philadelphia, PA

This board runs the local professional organization related to psychology and psychoanalysis. As a board member, served on the program committee and helped plan talks and workshops related to psychoanalysis. Coordinated outreach efforts to graduate students interested in psychodynamic theory and therapy. Contributed to quarterly newsletter.

1999 –2002, 2004 –2007

SOUTH ASIAN AMERICAN FORUM, Board Member, Philadelphia, PA

Planned six annual events related to South Asia, immigration, and acculturation for a membership composed of mental health professionals, physicians, and members of the community at large.

Served as a moderator of talks, coordinated outreach efforts, invited speakers, and helped plan and execute logistics of events. Events focus on prejudice, bicultural identity, and mourning/loss of the home country in immigration. Past featured panels have included, “Immigration and its psychological impact on families” and “Cross-cultural issues in psychotherapy.”

1998 –2003

PHILADELPHIA AREA GROUP PSYCHOTHERAPY SOCIETY, Board Member and Graduate

Student Liaison, Philadelphia, PA

Served on the board of the local chapter of the American Group Psychotherapy Association. Participation included organizing talks and workshops, and helping to promote interest in group psychotherapy among graduate students and psychiatric residents.

1999 –2002

RESEARCH GRANTS:

HRSA OPIOID WORKFORCE ENHANCEMENT GRANT, Primary Investigator Grant for \$450,000 annually for a three-year cycle for training of psychology interns, social work students, occupational therapy students, and nursing students on medication-assisted treatment and telehealth, with a focus on health care training in primary care and interprofessional training. Collaborative project with community partners AIDS Care Group, Eagleville Hospital, and Keystone Center. Supports faculty development at Widener, and funding of 11 students on average per year. As principal investigator, I am responsible for team meetings, budget, quarterly reporting, and execution/implementation of the project. This grant involved peer-reviewed scoring criteria at the national level prior to selection. September 2019 - September 2022

HRSA GRADUATE PSYCHOLOGY EDUCATION GRANT, Primary Investigator Grant for \$283,000 annually for a three-year cycle for training of interns and development of curriculum related to health care training in primary care and interprofessional training. Collaborative project with interns placed at AIDS Care Group in Sharon Hill, PA. Supports faculty development at IGCP, student training, and funding of 8 interns on average per year. As principal investigator, I am responsible for team meetings, budget, quarterly reporting, and execution/implementation of the project. This grant involved peer-reviewed scoring criteria at the national level prior to selection. July 2016 - July 2019

HRSA GRADUATE PSYCHOLOGY EDUCATION GRANT, Primary Investigator Grant for \$190,000 annually for a two-year cycle for training of interns and development of curriculum related to health care training in primary care and interprofessional training. Collaborative project with interns placed at AIDS Care Group in Sharon Hill, PA. Supports faculty development at IGCP, student training, and funding of 5 interns on average per year. As principal investigator, I am responsible for team meetings, budget, quarterly reporting, and execution/implementation of the project. This grant involved peer-reviewed scoring criteria at the national level prior to selection. July 2014 - July 2016

LINDBACK CAREER ENHANCEMENT MINORITY JUNIOR FACULTY GRANT

Grant for \$15,000 awarded to conduct research on the “Socio-cultural Protective and Risk Factors for Suicide by South Asians in the U.S.” The goal of this project is to use qualitative and quantitative methods to better understand both the protective and risk factors for suicide by South Asians in the U.S. The proposed study has three parts: (1) to examine both cultural documents related to suicide and reported individual cases of suicide attempts by South Asians in the United States; (2) to collect web-based survey data about South Asian views of suicide and mental health; and (3) to conduct intensive interviews with local South Asians in the community about their views of suicide and mental health. Through analysis of these multiple data sources, it is hoped that a preliminary description of protective

and risk factors for suicide among South Asians in the U.S. can be obtained and compared to the previous findings from the United Kingdom.
2006-2010

ACCESS PROJECT: RATES OF COLLEGE COUNSELING CENTER
UTILIZATION BY ETHNICITY

Co-principal investigator, together with Susanna Chyu, D.O., from Thomas Jefferson University. Obtained funding of \$1800 from the American Psychiatric Association, Minority Fellowship, to conduct a research project to provide descriptive data on how the proportions of various ethnicities that utilize college counseling centers' mental health services differ from the proportions of those same ethnicities in the student bodies at large on the respective campuses. The project will sample a dozen colleges and universities in the greater Philadelphia metropolitan area and attempt to collect summary group-level data from each school's college counseling center utilization rates.
2006-2010

AMERICAN PSYCHOLOGICAL ASSOCIATION'S COMMISSION ON
ETHNIC MINORITY RECRUITMENT, RETENTION AND TRAINING IN
PSYCHOLOGY

Grant awarded for \$4000 for faculty development and training at Widener University's Institute for Graduate Clinical Psychology related to "Handling Challenging Moments in the Classroom Effectively: Increasing Graduate-Level Psychology Faculty's Multicultural Teaching Competency," to promote and improve multicultural education and training in psychology.
2006-2008

WIDENER UNIVERSITY PROVOST'S GRANT AND FACULTY
DEVELOPMENT GRANT

Internal university grants (total of \$3300) to provide supplementary funding for research on protective and risk factors for suicide research described above.
2006-2007

PUBLICATIONS:

Nath, S. R., VanLeer, S., & Ahmad-Stout, F. (2018). South Asians and suicide: Beliefs about suicide in a U.S. community sample. *Asian American Journal of Psychology, 9*(4), 334-343.

Ahmad-Stout, F., **Nath, S. R.,** Khoury, N. M., & Huang, H. (2018). Experiences of intimate partner violence: Findings from interview with South Asian women in the United States. *Journal of Interpersonal Violence*. Advance online publication. doi: 10.1177/0886260517753850

Nath, S. R., Lee, A. J., Belcher-Timme, Z., & Chau, C. P. (2014). Projective testing with Asian clients. In L. T. Benuto, N. S. Thaler, B. D. Leany, L. T. Benuto, N. S. Thaler, B. D. Leany (Eds.), *Guide to psychological assessment with Asians* (pp. 121-133). New York, NY, US: Springer Science. doi:10.1007/978-1-4939-0796-0_8

Nath, S. R., & Alvelo, P. R. (2014). Personality Disorders, Overview. *Encyclopedia of Critical Psychology*, pp. 1368-1374.

Shorey, H. S., **Nath, S. R.**, & Carter, M. (2013). Using research to inform best practices in working with adoptive families. In V. M. Brabender, A. E. Fallon, V. M. Brabender, A. E. Fallon (Eds.), *Working with adoptive parents: Research, theory, and therapeutic interventions* (pp. 45-60). Hoboken, NJ, US: Wiley.

Patel, N. G., & **Nath, S. R.** (2013). Where identity and trauma converge: Hindu-Muslim perceptions of the 2002 Gujarati riots. *Journal of Muslim Mental Health, 7*(2), 25-45.

Ikunaga, A., **Nath, S. R.**, & Skinner, K. (2013). Internet suicide bulletin boards in Japan: A qualitative content analysis. *Transcultural Psychiatry, 50*(2), 280–302.

Ahmad-Stout, D. J., & **Nath, S. R.** (2013). South Asians in college counseling. *Journal of College Student Psychotherapy, 27*(1), 43-61.

Yocum, A. L., & **Nath, S. R.** (2011). Anticipating father reentry: A qualitative study of children's and mothers' experiences. *Journal of Offender Rehabilitation, 50*, 286-304.

Chao, R., & **Nath, S. R.** (2010). The role of ethnic identity, gender roles, and multicultural training in college counselors' multicultural counseling competence: A mediation model. *Journal of College Counseling, 14*, 50-64.

Gordon, A. & **Nath, S. R.** (2010). A comparison of the dependent variables in CBT and PDT outcome research: Towards measuring symptom states, personality traits, and mental capacities. *Journal of the American Psychoanalytic Association, 58*, 556-560.

Nath, S. R. (2010). The write stuff: Local writer applied psychoanalytic theory in a non-traditional context. *Philadelphia Society for Psychoanalytic Psychology Currents*, Summer.

Coren, C., **Nath, S. R.**, & Prout, M. F. (2009). Computer-assisted sensate focus: Integrating technology with sex therapy practice. *Journal of Technology in Human Services, 27*, 273-286.

Lehman, D. J., & **Nath, S. R.** (2009). Female genital mutilation: Insider/outsider discourses and the politics of judgment. *Psychoanalysis, Culture, & Society, 14*, 406-413.

Momenian-Schneider, S. H., Brabender, V. M., & **Nath, S. R.** (2009). The psychophysiology of personality assessment: The body's reaction to the response phase of the Rorschach and 16PF. *Journal of Personality Assessment, 91*, 494-496.

Nath, S. R. (2008). Academically successful students with serious mental health difficulties: A psychodynamic developmental perspective. *Journal of College Student Psychotherapy, 22*, 17-27.

Nath, S. R. (2007). In the beginning is the end: The life of Masud Khan. [Book review of *False Self*]. *Psychoanalysis, Culture, & Society, 12*, 296-299.

Nath, S. R. (2007). Panel summary of 'I'm Not in Kansas Anymore: Complexity and Paradox in Psychoanalytic Work at a College Student's Pace.' *Psychologist-Psychoanalyst, 27*(4), 28-30.

Nath, S. R. (2006). Gerald Gargiulo to Speak at Fall Dinner Meeting [Review of *Psyche, Self, and Soul* by Gerald Gargiulo]. *Philadelphia Society for Psychoanalytic Psychology Currents*, August.

Nath, S. R. (2006). Panel summary of 'Will the real Eminem please stand up? Psychoanalytic perspectives on a rapper and his adolescent fans.' *Psychologist-Psychoanalyst*, 26(3), 40-41.

Efran, J. S., & **Nath, S. R.** (2003). The Zen of social phobia: A context-centered group treatment. In J. D. Raskin & S. K. Bridges (Eds.), *Studies in meaning: Explorations in Constructivist Psychology* (Vol. 2) New York: Pace University Press.

Silk, J. S., **Nath, S. R.**, Siegel, L. R., & Kendall, P. C. (2000). Conceptualizing mental disorders in children: Where have we been and where are we going? *Development and Psychopathology*, 12, 713-735.

Kendall, P. C., Marrs-Garcia, A., **Nath, S. R.**, & Sheldrick, R. (1999). Normative comparisons for the evaluation of clinical significance. *Journal of Consulting and Clinical Psychology*, 6, 285-299.

PEER-REVIEWED CONFERENCE PRESENTATIONS:

Nath, S. R. (2019). Five-Star Hotel or Airbnb: Social Capital and Habitus. Paper presented at the Division 39 Spring Meeting Annual Conference (Philadelphia, PA) in April, 2019.

Nath, S. R. (2019). Waving Through the Window: Will I be Found? Paper presented at the Division 39 Spring Meeting Annual Conference (Philadelphia, PA) in April, 2019.

Nath, S. R. (2016). Segmentation, part, and whole: Identity and intersectionality. Paper presented at the Division 39 Spring Meeting Annual Conference (Atlanta, GA) in April, 2016.

Ahmad-Stout, F., **Nath, S. R.**, Khoury, N. K., and Huang, H. (2016). Suicidality, resilience, and help-seeking barriers: A qualitative study of South Asian women survivors of domestic violence. Poster presented at Harvard Psychiatry Research Day Poster Session (Cambridge, MA) in April, 2016.

Nath, S. R. (2015). The origins of childhood subjectivity: Cultural and dynamic considerations. Roundtable panelist at the Association for the Psychoanalysis of Culture and Society Annual Conference (Rutgers, NJ) in November, 2015.

Nath, S. R. (2015). The new health care environment and clinical training: Psychologist advocates for the underserved. Paper presented at the American Psychological Association Annual Convention (Toronto, CA) in August, 2015.

Nath, S. R., & Moore, K. C. (2015). Psychologists as social change agents: A social justice based clinical practice and training model. Co-chairs of panel at the American Psychological Association Annual Convention (Toronto, CA) in August, 2015.

Nath, S. R. (2013). Revenge of the youth: Early/mid-career ethnic therapists reflect on a senior White analyst's cross cultural work. Panelist at the Division 39 Spring Meeting Annual Conference (Boston, MA) in April, 2013.

Nath, S. R. (2012). 'The self' as illusion': Acceptance, diagnosis, and negotiated identity in the therapeutic context. Roundtable panelist at the Association for the Psychoanalysis of Culture and Society Annual Conference (Rutgers, NJ) in November, 2012.

Ahmad-Stout, D., & **Nath, S. R.** (2012). College counseling utilization by race: The importance of campus environmental factors. Poster presented at the American Psychological Association Annual Convention (Orlando, FL) in August, 2012.

Klein, R. A., Davis, W., & **Nath, S. R.** (2012). Self-concept development among youth participating in a transitional living program after emancipation from foster care. Poster presented at the American Psychological Association Annual Convention (Orlando, FL) in August, 2012.

Nath, S. R. (2011). Clinical training. Roundtable panelist at the Association for the Psychoanalysis of Culture and Society Annual Conference (Rutgers, NJ) in November, 2011.

Nath, S. R., Ahmad, F., van Leer, S., & Carter, M. (2011). South Asians residing in the U.S. and suicide protective factors: Preliminary results from a quantitative and qualitative study. Poster presented at the American Psychological Association Annual Convention (Washington, DC) in August, 2011.

Malora, K., & **Nath, S. R.** (2011). A comparison of self-reported and implicit interpersonal dependency in lesbian and heterosexual women. Poster presented at the American Psychological Association Annual Convention (Washington, DC) in August, 2011.

Berman, M. F., & **Nath, S. R.** (2011). A critical evaluation of international psychosocial programs following disasters: Lessons learned from the tsunami in Sri Lanka. Poster presented at the American Psychological Association Annual Convention (Washington, DC) in August, 2011.

Winokur, S. B., Langleben, D., Franklin, T., & **Nath, S. R.** (2011). The impact of gender and trauma on cue-induced craving. Poster presented at the American Psychological Association Annual Convention (Washington, DC) in August, 2011.

Dias, K., & **Nath, S. R.** (2011). First-generation college students' negotiations of class identity, social mobility, and belonging at elite liberal arts colleges committed to diversity. Poster presented at the Division 39 Spring Meeting Annual Conference (New York, NY) in April, 2011.

Nath, S. B., **Nath, S. R.** & Gibfried, D. (2010). Wisdom in the supervisory hour: Clinical supervision and nontraditional students. Paper presented at the 6th Annual International Interdisciplinary Conference on Clinical Supervision (Adelphi University, Garden City, New York) in June, 2010.

Gordon, A. & **Nath, S. R.** (2010). A comparison of the dependent variables in CBT and PDT outcome research: Towards measuring symptom states, personality traits, and mental capacities. Poster presented at the American Psychoanalytic Association National Meeting (New York) in January, 2010.

Debiak, D., Jones, A. L., Holcomb, L., **Nath, S. R.**, & Wang, D. (2009). Speaking against limits: Encounters with otherness. Roundtable panel discussion at the Association for the Psychoanalysis of Culture and Society Annual Conference (Rutgers, NJ) in October, 2009.

Nath, S. R., Schultz, D., Warren, O., Wood, N. (2009). Gays, lesbians, bisexuals, and trans: Sexuality in Chile today. Moderator of panel discussion, American Psychological Association National Convention (Toronto, Canada) in August, 2009

Ikunaga, A., **Nath, S. R.**, & Skinner, K. (2009). Internet suicide bulletin boards in Japan: A qualitative content analysis. Poster presented at the American Psychological Association Annual Convention (Toronto, Canada) in August, 2009.

Whitten, R. L., & **Nath, S. R.** (2009). Heterosexual Christian women's experience of premarital abstinence and marital sexuality. Poster presented at the American Psychological Association Annual Convention (Toronto, Canada) in August, 2009.

Patel, N.G., & **Nath, S. R.** (2009). Hindu-Muslim perceptions of the 2002 Gujarati Riots. Poster presented at the American Psychological Association Annual Convention (Toronto, Canada) in August, 2009.

Bhogal, K. R., Brabender, V., & **Nath, S. R.** (2009). Integrating biofeedback and talk therapy: A focus on the relationship. Poster presented at the American Psychological Association Annual Convention (Toronto, Canada) in August, 2009.

Sonenshein, E., Boyer, B.A., **Nath, S. R.**, Tannenbaum, M. & Brenner, D. (2009). An examination of the psychosocial impact of familial dysautonomia on the family. Poster Presented at the 30th Annual Scientific Sessions of the Society of Behavioral Medicine, Montreal, Quebec in April, 2009.

Nath, S. R. (2008). Mental health, stigma, and service utilization by South Asian families in the U.S. Paper presented at the biannual International Childhood and Migration Interdisciplinary Conference (Philadelphia, PA) in June, 2008.

Yocum, A. L., & **Nath, S. R.** (2008). Mothers' and children's expectations prior to father reentry from prison. Poster presented at the American Psychological Association Annual Convention (Boston, MA) in August, 2008.

Nath, S. R. (2008). Psychoanalysis and academia: Three rings under the big tent. Paper presented at the American Psychological Association Annual Convention (Boston, MA) in August, 2008.

Lehman, D. J., & **Nath, S. R.** (2008). Female circumcision: An ethnographic perspective. Poster presented at the Delaware Psychological Association annual meeting (Rehobeth, DE) in October, 2008.

Nath, S. R., Moore, K., Debiak, D., & Dias, K. (2007). Psychoanalytic psychotherapy as activism: Treatment of LGBT clients diagnosed with HIV/AIDS. Roundtable clinical case presentation at the Association for the Psychoanalysis of Culture and Society Annual Conference (Rutgers, NJ) in November, 2007.

Nath, S. R. (2007). Beyond academic success and failure: The struggle for authenticity. Paper presented at a symposia of the American Psychological Association, Division 39 Annual Conference (Toronto, Canada) in April, 2007.

Momenian-Schneider, S. H., Brabender, V. M., & **Nath, S. R.** (2007). The psychophysiology of personality assessment: The body's reaction to the response phase of the Rorschach and 16PF. Paper

presented at a symposia of the Society for Personality Assessment Annual Conference (Alexandria, VA) in March, 2007.

Nath, S. R., Ward, R. M., Moore, K., & Debiak, D. (2006). Bureaucratic realities, psychoanalysis and subversion: Therapeutic responses to life in a capitalist society. Roundtable panel presentation at the Association for the Psychoanalysis of Culture and Society Annual Conference (Rutgers, NJ) in October, 2006.

Nath, S. R. (2006). A constructivist research project: Women's narratives of the transition to motherhood and postpartum depression. Paper presented at the Constructivist Psychology Network Annual Conference (San Marcos, CA) in July 2006.

Nath, S. R. (2006). Lose yourself in the music: Adolescents' fascination with Eminem. Paper presented at a symposia of the American Psychological Association, Division 39 Annual Conference (Philadelphia, PA) in April, 2006.

Nath, S. R. (2005). Socio-cultural protective and risk factors for suicide by South Asians. Invited panel presentation for National Asian American Pacific Islander Mental Health Association and New York Coalition for Asian American Mental Health conference "Breaking the Silence: Assessment and Prevention of Suicide among Asian Americans" (New York, NY) September, 2005.

Patel, N., Gurung, R. A., & **Nath, S. R.** (2003). Issues in close relationships: Mixed-ethnic relationships and arranged marriages. Presented as part of a symposium on "Current Trends in South Asian American Theory, Research, and Practice" at the American Psychological Association Annual Meeting (Toronto, Canada) in August, 2003.

Efran, J. S., & **Nath, S. R.** (2002). Overcoming shyness: A context-centered group approach. Workshop presentation at the annual meeting of the American Group Psychotherapy Association, Annual Conference (New Orleans, LA) in March 2002.

Nath, S. R. (2001). Psychoanalysis as a hermeneutic science: Beyond the mystic writing-pad. Paper presented at a symposia of the American Psychological Association, Division 39 Annual Conference (Santa Fe, NM) in April 2001.

Nath, S. R., & Feldman, T. E. (2000). Project for an integrated psychology: Reconsidering the relationship between psychology and biology through the eyes of Niels Bohr. Paper presented at a symposia of the American Psychological Association, Division 39 Annual Conference (San Francisco, CA) in April 2000.

Nath, S. R., Cook, P. F., Jack, M. S., Johnson, S., Sheldrick, R. C., & Efran, J. S. (1999). An acceptance based treatment for social phobia. Poster presented at the Philadelphia Area Group Psychotherapy Association Conference (Chester, PA) in April, 1999.

Lapkin, J. B., Bifulco, A., Anderson, B., Fraser, M., Siegal, L. R., & **Nath, S. R.** (1999). Children's unique contribution to their parents' reports of life events: A preliminary analysis. Poster presented at the biennial meeting of the Society for Research In Child Development (Albuquerque, NM) in April 1999.

INVITED PRESENTATIONS:

Nath, S. R. & Pillai-Friedman, S. (2020). Re(visiting) India: Gender, Sexuality and Mental Health in Tamil Nadu and India. Presentation to Widener University (Chester, PA) in April, 2020.

Nath, S. R. & Jersild, A. (2020). Grief and loss process group. Presentation to St. Peter's Church Adult Education Seminar (Philadelphia, PA) in September and October, 2019 [2 sessions].

Nath, S. R. (2019). Class Identity and Outpatient Psychotherapy. Presentation to the Pennsylvania Hospital Internship Program (Philadelphia, PA) in March, 2019.

Nath, S. R. & Jersild, A. (2019). Loss and Mourning. Presentation at St. Peter's Church Adult Education Seminar (Philadelphia, PA) in February, 2019.

Nath, S. R. (2018). Psychological Complexities of Immigration. Invited panel presentation to the Philadelphia Society for Clinical Psychology (Philadelphia, PA) in October, 2018.

Nath, S. R. (2017). Excursion to the Whitney Plantation. Moderator/chair for an invited steering committee panel of the American Psychological Association, Division 39 Annual Conference (New York, NY) in April 2017.

Nath, S. R. (2017). The Whitney Plantation, Part II: Reflection, Discussion, Dialogue. Moderator/chair for an invited steering committee panel of the American Psychological Association, Division 39 Annual Conference (New York, NY) in April 2017.

Nath, S. R. (2017). Intersectional identity and psychoanalysis: Part II. Presentation to the Pennsylvania Hospital Internship Program (Philadelphia, PA) in March, 2017.

Nath, S. R. (2016). Intersectional identity and psychoanalysis. Presentation to the Pennsylvania Hospital Internship Program (Philadelphia, PA) in August, 2016.

Nath, S. R. (2014). Accessing mental health care. Presentation to the 1st Annual Chester Wellness and Resiliency Symposium (Chester, PA) in May, 2014.

Nath, S. R. (2013). Multicultural assessment and intervention. Presentation to the Delaware County Intermediate Unit (Morton, PA) in November, 2013.

Nath, S. R. (2013). Class issues in psychotherapy. Presentation to the University of Pennsylvania Counseling Center (Philadelphia, PA) in November, 2013.

Nath, S. R. (2011). A clinical case presentation of a suicidal patient. Presentation to the Haverford College Counseling Center Staff (Haverford, PA) in May, 2011.

Nath, S. R. (2009). Working effectively with South Asian students on a college campus. Presentation to the Temple University Counseling Center (Philadelphia, PA) in December, 2009.

Shapiro, J., **Nath, S. R.**, & Robinson, K. (2009). 'Born into brothels: Calcutta's red light kids.' Film Screening and Discussion. Invited panel discussion, Bryn Mawr Graduate School of Social Work Scott Lecture Series (Bryn Mawr, PA) in October, 2009.

Navsaria, N., **Nath, S. R.**, & Niemiec, R. (2009). 'Slumdog Millionaire.' Film Screening and Discussion. Invited panel discussion, American Psychological Association National Convention (Toronto, Canada) in August, 2009.

Nath, S. R. (2009). Tina and her Sisters: How Party And Play Puts MSM at Greater Risk of HIV and STDs. Discussion panelist at the 10th Annual Prevention and Outreach Summit (Philadelphia, PA) in June, 2009.

Nath, S. R. (2008). Working with Asian-American students in psychotherapy. Presentation to the Temple University Counseling Center (Philadelphia, PA) in November 2008.

Schultz, D., Warren, O., Wood, N., & **Nath, S. R.** (2008). Los gays, lesbianas, transexuales y bisexuales: Sexuality in Chile today. Annual IGCP LGBT Lecture, Widener University (Chester, PA) in October, 2008.

Nath, S. R. (2008). Gay Men and Mental Health: Cocktails, Crystal, Coke, and Condoms. Discussion panelist at the 9th Annual Prevention and Outreach Summit (Philadelphia, PA) in June, 2008.

Nath, S. R. (2008). YouTube Mania. Panelist on "It's Your Call with Lynne Doyle" [Television Broadcast, Aired June 11, 2008]. Philadelphia: CN8, The Comcast Network.

Nath, S. R. (2008). Teen Suicide. Panelist on "It's Your Call with Lynne Doyle" [Television Broadcast, Aired June 17, 2008]. Philadelphia: CN8, The Comcast Network.

Nath, S. R. (2008). Culture and Resilience. Presentation at the 9th Annual Widener University Grandparents Conference (Chester, PA) in May, 2008.

Nath, S. R. (2007). Domestic violence on college campuses. Panel presenter for The Women's Resource Center, Swarthmore College (Swarthmore, PA) in December, 2007.

Nath, S. R. (2007). The psychology of crossing cultures: South Asian students' adjustment to U.S. university life. Invited presentation to the University of the Sciences Student Affairs Staff (Philadelphia, PA) in October 2007.

Nath, S. R. (2007). Power, effect size, and meta-analysis: A review. Invited faculty in-service presentation to IGCP Faculty, Widener University (Chester, PA) in October 2007.

Rastogi, M., Aldarondo, E., Inman, I., **Nath, S. R.**, & Shah, S. (2007). 'Bend It Like Beckham' Film Screening and Discussion. Invited panel discussion, American Psychological Association National Convention (San Francisco, CA) in August, 2007.

Nath, S. R. (2007). 'The wrong things for the right reasons': Adolescents, music, and the inner world. Paper presented at the Philadelphia Society for Psychoanalytic Psychology Spring Meeting (Philadelphia, PA) in April, 2007.

Nath, S. R., & Nath, S. B. (2007). Suicide awareness panel. Presentation to the Bryn Mawr College Chapter of Active Minds (Bryn Mawr, PA) in April, 2007.

Nath, S. R. & Moore, K. (2007). From culture to couch and couch to culture (co-facilitators), featuring invited speaker Lynne Layton. Four part workshop sponsored by the Philadelphia Center for Psychoanalytic Education in March, 2007.

Nath, S. R. (2007). From arranged marriages to rearranged ideas. Presentation to the University of the Sciences Counseling Center Staff (Philadelphia, PA) in March 2007.

Nath, S. R. (2007). Conflict in today's society. Discussion session leader at the 2007 International Leadership Conference: Exploring and Defining Your Vision of the World (Philadelphia, PA) in February, 2007.

Nath, S. R. (2006). Eminem: A psycho-biographical introduction. Invited presentation for the Adelphi University Speakers Series Colloquium (Garden City, NY) in November, 2006.

Bradender, V. M., & **Nath, S. R.** (2006). Presentation to the Drexel University School of Nursing.

Nath, S. R. (2005). Themes of class and culture: South Asian perspectives. Invited panel presentation for The City University of New York conference "Cross Cultural Issues and Counseling" (New York, NY) in October, 2005.

Nath, S. R. & Parkes, L. (2005). Transitions of late adolescence: Destructive responses, college counseling (co-facilitators) featuring invited speaker Alex Coren, Director of Counselling Services, Psychodynamic Studies, Oxford University, Oxford, England. Four part workshop sponsored by the Philadelphia Center for Psychoanalytic Education in September, 2005.

Nath, S. R. (2005). Seminar on multiculturalism and diversity in psychotherapy. Four-hour workshop presented to psychology doctoral students at Tuttleman Counseling Center (Philadelphia, PA) in February and March, 2004.

Nath, S. R. (2004). Inter-racial dating. Invited presentation for the East-West Club at Temple University (Philadelphia, PA) in February 2005.

Nath, S. R. (2004). From arranged marriages to rearranged ideas. Invited presentation for the International House at the University of Pennsylvania (Philadelphia, PA) in October 2004.

Nath, S. R. & Freeman, P. (2004). Mental health issues in advising international students. Invited presentation for the Philadelphia Area International Educator's Network (Philadelphia, PA) in September 2004.

Nath, S. R. (2003). Grand Rounds Psychotherapy Case presentation. Invited paper presented at Pennsylvania Hospital Department of Psychiatry Grand Rounds (Philadelphia, PA) in December 2003.

Nath, S. R. (2002). The art of crossing cultures: South Asian international students' adjustment to U.S. university life. Invited paper presented to St. Joseph's University administration and counseling center staff (Philadelphia, PA) in April 2002.

Nath, S. R. (2002). The psychology of crossing cultures: Immigration and arranged marriage in South Asia. Invited paper presented at Pennsylvania Hospital, Department of Psychiatry (Philadelphia, PA) in November 2002.

WIDENER UNIVERSITY TEACHING AND SERVICE:

COURSES TAUGHT

Psychoanalysis and Serious Mental Illness Independent Study (Spring 2020)
International Interdisciplinary Trip Course: Gender, Sexuality, and Mental Health in Tamil Nadu and Kerala (January 2020, co-taught with Dr. Sabitha Pilla-Friedman)
Supervision (Fall 2019)
History and Systems of Psychology (Fall 2012-present)
Diversity (Spring 2014-present; co-instructor)
Transitioning to the Professional Role (Spring 2014-2019)

Introduction to the Dissertation (Fall 2005-2010, Spring 2008-2011)
Qualitative Research Methods (Spring 2006, Spring 2007)
Personality Assessment Case Conference (Spring 2005-2011)
Introduction to Cross-Cultural Psychology (Fall 2009, Fall 2006)
Case Conference: College Counseling (Fall 2008)
Case Conference: Orals Preparation (Fall 2007)
Case Conference: Adult (Fall 2005)

SERVICE ACTIVITY

Associate Dean, School of Human Service Professions, 2011-2019
IGCP Program Director, 2011-2019
IGCP Promotion and Tenure Committee, convener and chair, 2011-2019
IGCP Student Inclusion and Communications Group, 2019-present
IGCP Academic Affairs Committee, convener and chair, 2011-2019
IGCP Nominations Committee, convener and chair, 2011-2019
IGCP Scholarship Committee, convener and chair, 2011-2019
IGCP Continuing Education Committee, member, 2011-2019
IGCP Outcomes Committee, member, 2011-present
SHSP Promotion and Tenure Committee, member, 2011-2019
SHSP Academic Council, member, 2011-2019
SHSP Executive Committee, member, 2011-2019
IGCP Final Clinical Oral Exam Coordinator, 2011-2014, 2015-17
IGCP Practicum Director Coverage, Summers, 2011-2015

IGCP PSYCHOANALYTIC CONCENTRATION COORDINATOR, 2019-present
Oversee courses and experiential requirements for the concentration, including interest group meetings and lectures, in addition to aiding students in networking and completing concentration.

IGCP CROSS-CULTURAL AND DIVERSITY CONCENTRATION
COORDINATOR, 2011-present

Oversee courses and experiential requirements for the concentration, including electives offered and specialized areas of research and experience, in addition to aiding students in networking and completing concentration.

WIDENER UNIVERSITY STRATEGIC PLAN, CO-CHAIR,
High Impact Practices and Academic Rigor subgroup, 2014-2016
Met monthly to define high impact practices and academic rigor, and to develop and formulate a working language, as well as outcomes and measurement, for the university strategic plan, working with faculty and staff representatives across the university

WIDENER UNIVERSITY TEAM MEMBER, AAC&U
High Impact Practices Institute, Vanderbilt University
Participated as a representative of a Widener University faculty and administrative team that attended the week long institute with a goal of implementing high impact practices into the university's Vision 2021 strategic plan. June 2014

WIDENER UNIVERSITY HIGH IMPACT PRACTICES COORDINATING
GROUP, SHSP REPRESENTATIVE
Attended monthly meetings as a faculty representative related to assessing learning spaces and implementation of high impact practices at Widener.
2014-2017

WIDENER PARTNERSHIP CHARTER SCHOOL,
Board Member, 2011-2017
Serve as part of the board that oversees operations, personnel, and education at the non-profit school, located in Chester, PA near the Widener campus. 2013-present

IGCP HUMAN SEXUALITY JOINT DEGREE PROGRAM COORDINATOR,
Oversee joint degree students in PsyD, coordinate admissions processes, and meet with students regularly regarding curriculum and joint program requirements.
2011-2019

WIDENER UNIVERSITY EDITORIAL ROUND TABLE, SHSP
REPRESENTATIVE,
Attend monthly meetings to provide input on website, magazine, and serve as a liaison between SHSP and its programs and the public relations department.
2015-2018

SHSP DIVERSITY COMMITTEE, MEMBER,
Attend regular meetings to discuss issues related to diversity (retention, recruitment, climate) for faculty, students, and staff. 2011-2015

IGCP DIVERSITY COMMITTEE, CHAIR
This committee is charged with developing ongoing diversity programming for students outside the classroom, reviewing and evaluating the diversity-related curricula, and providing a liaison to active student groups that represent diversity.

Each year, the committee has also planned and held both an LGBT Diversity Lecture and IGCP Diversity Lecture. 2005-2010

SHSP INTERNATIONAL COURSE COMMITTEE, CO-CHAIR

Successfully implemented an inter-disciplinary trip to Santiago, Chile. This committee involved a great number of service hours (in addition to the 10 days spent on the trip) and provided students with a cross-cultural learning experience that was received very positively. 2007-2008

WIDENER INSTRUCTIONAL RESOURCE COMMITTEE, MEMBER

Service on a University-wide Faculty Council committee that planned a faculty Technology Fair and addressed faculty use of technology on campus. 2009-2011

ADDITIONAL PRIOR COMMITTEE MEMBERSHIPS

IGCP Admissions Committee, 2005-2008

IGCP Promotion and Tenure Committee, 2007-2009

IGCP Academic Affairs Committee, 2007-2010

IGCP Search Committee, 2007-2010

SHSP Promotion and Tenure Committee, 2007-2009

SHSP Latino/Hispanic Task Force, 2006-2009

PREVIOUS ADMINISTRATIVE ROLES AND CLINICAL EXPERIENCES:

ASSOCIATE DEAN AND DIRECTOR, Institute for Graduate Clinical Psychology, Widener University, Chester, PA, 2011-2019

Administrative responsibility for the Psy.D. doctoral training program, as well as full-time faculty position as an full professor with tenure. Administrative responsibilities include facilitating faculty meetings/governance, supervision of staff, budget responsibility; academic responsibilities include teaching courses, providing supervision, serving on doctoral committees. Research interests include cross-cultural issues in mental health and assessment, identity development, immigration and acculturation, qualitative research methods, and issues of difference between therapist and client. July 2011-present
(Assistant Professor at Widener from September 2005-June 2011; promoted to Associate Professor, September 2011; promoted to Full Professor September 2017)

STAFF PSYCHOLOGIST, Tuttleman Counseling Services, Temple University, Philadelphia, PA

Provide short-term individual and group psychotherapy to college and graduate students in a university setting. Provide outreach and workshops to student body, including issues relevant to substance abuse, sexual assault, international students, and conflict resolution. Provide individual supervision to doctoral students and involvement on training committee for interns and externs. July 2004 — August 2005, Supervisor and Director: John DiMino, Ph.D.

PSYCHOLOGY FELLOW / INTERN, Department of Psychology, Pennsylvania Hospital, University of Pennsylvania, Philadelphia, PA

Conducted individual psychotherapy with a diverse adult client population, predominantly from the greater Philadelphia community. Clients presented with a broad range of clinical concerns and diagnoses, including a significant proportion of employee assistance patients presenting for short-term (8-session) treatment. Attended individual and group supervision, which focused on case conceptualization, treatment planning, and transference/countertransference issues. Coordinated care with psychiatrists for cases involving medication. Co-facilitated an ongoing weekly psychotherapy group for the treatment of adults with anxiety disorders. Six-month rotations also included palliative care counseling with cancer patients, consultation-liaison counseling of hospitalized patients, and adult intake service. July 2002 — June 2004, Supervisor and Director: Michael Kowitt, Ph.D.

PSYCHOTHERAPIST, Counseling and Psychological Services Center, Haverford College, Haverford, PA

Conducted individual psychotherapy with college students. Clients' presenting problems included affective disorders, identity issues, academic underachievement, relationship difficulties, and individuation issues of late adolescence. Treatment length ranged from brief to long-term. Attended individual and group supervision, which focused on case conceptualization and treatment planning. Coordinated student care with consulting psychiatrist in cases that involved medication. September 2000 – May 2002, Supervisors: 2000-2001, Richard E. Webb, Ph.D. (Director), 2001-2002, Jane Widseth, Ph.D.

GROUP CO-LEADER, Temple University Social Anxiety Project, Philadelphia PA
Co-facilitated groups for the treatment of social anxiety in adults, utilizing an acceptance-based approach. Conducted intake assessments including an unstructured interview, the social phobia module of the Anxiety Disorders Interview Schedule, and various self-report measures.

Conducted intake and follow-up assessments. Spring 1998 – May 2002, Supervisor: Jay S. Efran, Ph.D.

PSYCHOTHERAPIST, Psychological Services Center, Temple University, Philadelphia PA

Conducted short-term and long-term individual and couples psychotherapy with ethnically diverse adult client population, predominantly from the greater Philadelphia area. Clients' presenting problems included affective / anxiety disorders, adjustment disorders, relationship problems, and personality disorders. Supervision included psychodynamic, constructivist- existential, family systems, and cognitive-behavioral orientations. Format included audiotape review and case presentations in individual / group supervision.

September 1998 – July 2000, Supervisors: Jay S. Efran, Ph.D., Herbert Rappaport, Ph.D., Penny Levin, Ph.D.

SCHOOL-BASED PSYCHOEDUCATIONAL ASSESSOR, Mathematics, Civics, & Sciences Charter School, Philadelphia, PA

Conducted psychoeducational testing with elementary school children in order to determine eligibility for special education services. Testing included use of educational achievement measures (WIAT, WRAT), cognitive measures (WASI),

and measures of adaptive functioning (VABS). Prepared reports for school and provided verbal feedback to parents and teachers.

August 2000 – May 2001, Supervisor: Angela Winfrey, Ph.D.

GROUP CO-LEADER, Inpatient Unit, Wilmington Hospital Department of Psychiatry, Wilmington, DE

Co-facilitated an ongoing adult inpatient therapy group that utilized structured activities and artistic modalities (e.g., music, poetry, painting). Participated in individual supervision prior to and following group.

April 1999 – June 1999 (3 month rotation), Supervisor: Gary Gerace, Ph.D.

PSYCHOTHERAPIST, Child and Adolescent Anxiety Disorders Clinic, Temple University, Philadelphia, PA

Provided cognitive behavioral therapy to youths aged 7-14 years with principal anxiety diagnoses. Trained in an individual version of a manualized 16-20 week cognitive-behavioral treatment. Taught children and their parents coping skills that address somatic, cognitive and behavioral facets of anxiety. Participated in weekly individual and group supervision.

September 1997 – January 2000, Supervisors: Philip C. Kendall, Ph.D., ABPP

CLINICAL DIAGNOSTICIAN, Child and Adolescent Anxiety Disorders Clinic, Temple University, Philadelphia, PA

Performed diagnostic interviews in an NIMH-funded treatment outcome study to investigate the efficacy of manualized treatments for youths (ages 8-14) with DSM-IV diagnosed anxiety disorders. Participated in training and reliability checks, and conducted structured diagnostic interviews prior to treatment, post-treatment, and at one year follow-up.

January 1998 – January 2000, Supervisor: Philip C. Kendall, Ph.D., ABPP

PSYCHOLOGICAL ASSESSMENT INTERN, Christiana Care Health System, Wilmington, DE

Conducted cognitive, personality, and neuropsychological assessments with diverse client populations predominantly for the purposes of differential diagnosis and treatment planning. Patients included children, adolescents, adults, and the elderly in both partial hospital and inpatient units. Tests administered included the WISC-III, WAIS-III, WMS-III, Rorschach Inkblot Test, MMPI-2, MMPI-A, Thematic Apperception Test, Projective Drawings, and various self-report instruments. Presenting problems included schizophrenia, major depression, bipolar disorder, anxiety disorders, dementia, cognitive deficits, ADHD, oppositional defiant disorder, and personality disorders.

August 1998 - June 1999, Supervisors: Alan Schwartz, Psy.D., and David York, Ph.D.

PSYCHOLOGICAL ASSESSMENT INTERN, Northwestern Human Services,

Philadelphia, PA Administered cognitive, personality, and neuropsychological assessments at a community mental health center. Referral questions included diagnostic clarification, vocational and occupational recommendations, evaluation of intellectual ability and adaptive functioning skills, and treatment planning.

Provided written reports to referring psychologists and gave verbal feedback to patients. May 1998 – August 1998, Supervisor: M. Elizabeth Stokes, Psy.D.

RESIDENTIAL COUNSELOR, Sonia Shankman Orthogenic School (the Bruno Bettelheim School), Chicago, IL
Provided psychodynamic milieu treatment to emotionally disturbed male adolescents. Worked four ten hour shifts per week with a group of adolescents in a residential dormitory setting. Attended psychiatric conferences, and helped develop treatment plans for adolescents in consultation with individual therapists and school-based staff. May 1993 – September 1993, Supervisors: Patrick Zimmerman, Ph.D.

REFERENCES:

Jay S. Efran, Ph.D., Professor, Department of Psychology, Temple University, Weiss Hall, 6th Floor, 13th St. and Cecil B. Moore Ave., Philadelphia, PA 19122, 215/204-7339.

Arpana G. Inman, Ph.D., Assistant Professor, Counseling Psychology Program, Department of Education and Human Services, College of Education, Lehigh University, 111 Research Dr., Bethlehem, PA 18015. 610/758 – 4443.

Usha Tummala-Narra, Ph.D., Associate Professor, Boston College, Counseling, Developmental, and Educational Psychology, 140 Commonwealth Ave., 319 Champion Hall Chestnut Hill, MA 02467. 617/552-4491

Jane C. Widseth, Ph.D., Staff Psychologist, Haverford College, Counseling & Psychological Services, 370 W. Lancaster Ave., Haverford, PA 19041, 610/896-1290.