

Shaakira Abdullah

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Curriculum Vitae

Updated: March 6, 2021

Academic Preparation

Widener University: Doctor of Philosophy (PhD) in Human Sexuality Education
Anticipated Graduation: May 2023
Chester, PA

Rutgers, The State University of New Jersey: Doctor of Nursing Practice (DNP)
Family Nurse Practitioner with HIV sub-specialty
DNP Project: *Sex Education in the Mosque*
GPA: 3.94
Newark, NJ
September 2014 - May 2017

College of Saint Elizabeth: Bachelor of Science in Nursing Degree
GPA: 3.89 with Highest Honor
Morristown, NJ
September 2012- May 2014

Trinitas School of Nursing: Registered Nurse Diploma
Incorporation with Union County College: Associates Degree in Science
Elizabeth, NJ
September 2008- May 2012

Professional Certifications and Licensures

Delaware, Pennsylvania, & NJ Board of Nursing: Advanced Practice Nurse, Registered Nurse
American Heart Association: ACLS, CPR- BLS for Healthcare Providers
Oncology Nursing Society: Chemotherapy and Biotherapy Certification
Trinitas Regional Medical Center: Cardiac Rhythm Interpretation Certification

Professional Organizations and Societies

Love Beyond Love: *Founder, President*
Facilitates cultural competent sexuality education to parents and youth
<http://www.lovebeyondlove.com/>

Sigma Theta Tau International Honor Society of Nursing: *Vice President* May 2014 – May 2017
Mu Theta-at-Large Chapter

Association of Nurses in AIDS Care: *Member*

New Jersey State Nurses Association: *Member*

Student Nurses Association: *President* January 2012- May 2012

Psi Beta National Honors Society of Psychology: *President* September 2011- May 2012

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Professional Honors and Awards

- Rutgers Stanley S. Bergen, Jr., MD, Medal of Excellence: Recipient** May 2017
- Rutgers School of Nursing Alumni Association Elizabeth Fenlason Award: Recipient**
September 2016 \$4,000 Scholarship
- New Jersey State Nurses Association Jean Marshall Scholar Award: Recipient**
August 2016 \$1,000 Scholarship
- CVS TOGETHER WE CARE® Scholarship: Recipient**
August 2016 \$2,500 Scholarship
- Rutgers School of Nursing Alumni Association Caruso Family Scholarship: Recipient**
October 2015 \$1,000 Scholarship
- Association of Nurses in AIDS Care Student Diversity Mentorship Scholarship: Awardee**
October 2015 \$1,500 Scholarship
- Dr. Martha A. Dawson Genesis Nurse Leader Scholarship: Recipient**
July 2015 \$1,000 Scholarship
- DAISY Award for Extraordinary Nurses: Recipient**
December 2014
- HRSA Advanced Education Nursing Traineeship: Awardee**
September 2014 \$44,000 Grant
- New Jersey State Nurses Association Silvia Edge Endowment Scholarship: Recipient**
May 2014 \$2,500 Scholarship
- Sigma Theta Tau Mu Theta-at-Large Chapter Scholarship: Recipient**
April 2014 \$1,000 Scholarship
- College of Saint Elizabeth Undergraduate Nursing Program Award: Recipient**
April 2014
Awarded for academic excellence while advocating for the nursing profession
- Trinitas School of Nursing Lilly Bierstein Memorial Award: Recipient**
May 2012 \$500 Award
Awarded for exemplifying leadership, humanity, and excellence in nursing practice

Professional Experience

- Matrix Medical Network: Family Nurse Practitioner** New Castle County, DE
Primary Care Provider July 2019
- Christiana Health Care Wilmington Practice: Family Nurse Practitioner** Wilmington, DE
Primary Care Provider November 2017- January 2019

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Robert Wood Johnson University Hospital: *Staff/Float Nurse* New Brunswick, NJ
Telemetry/ Medical Surgical Acute Care Setting August 2016 – September 2017
My clinical expertise enabled me to provide healthcare that enabled outcomes for patients in various acute care specialties including Maternity, Pediatrics, Oncology, Telemetry, and Medical-Surgical

Color Me Muslim: *Community Health Nurse* Newark, NJ
Newark PENN Station September 2014
Bi-weekly feedings and hygiene education to homeless children

Trinitas Regional Medical Center: *Staff/Charge Nurse* Elizabeth, NJ
Cancer Center Outpatient Setting July 2017 - September 2017
Telemetry/ Medical Surgical Acute Care Setting August 2014 - September 2016
Hematology-Oncology Acute Care Setting August 2012 - August 2014

Tikay Telehealth Program: *TelehealthNurse Supervisor* Port-au-Prince, Haiti
Sept 2014 - Sept 2015
Monitored and guided Haitian professional nurses through telehealth communication as they assessed and medically managed HIV patients within their underserved community

Foundation of Peace Mission Trip: *Nurse Leader* Dominican Republic
Guided and collaborated with nursing students to improve personal and public health with underprivileged civilians

Academic Teaching Experience

Widener University School of Nursing: *Full Time Faculty* Chester, PA
May 2019 – Present

Widener University: *Adjunct Faculty* Chester, PA
Maternity Clinicals May 2018

Trinitas School of Nursing: *Nurse Educator* Elizabeth, NJ
Maternal health July 2014

Community Based Teaching Experience

United Muslim Masjid: *Faith-Based Sexuality Educator* Philadelphia, PA
Young Women's Sexual Health Workshop March 2021

Temple University Muslim Student Association: *Faith-Based Sexuality Educator* Philadelphia, PA
Young Women's Sexual Health Workshop March 2021

The Art of Seduction: *Faith-Based Sexuality Educator* Virtual
Women's Sexual Health Workshop February 2021

Widener University Black Excellence Summit: *Sexuality Educator* Virtual
It's the Pleasure for me: Three strategies to communicate your sexual wants & needs February 2021

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Love Beyond Love Workshop: Faith-Based Sexuality Educator Abstinence is Dope! #IssaMovement Workshop	Philadelphia, PA February, 2020
J.E.S.S.I.C.A. CARES Empowerment Summit: Faith-Based Sexuality Educator Abstinence is Dope! #IssaMovement Workshop	New Brunswick, NJ November 2019
The Women's Committee of Masjid As-Saffat (WCMAS) Conference: Guest Speaker Abstinence is Dope! #IssaMovement Workshop	Baltimore, MD April 2019
United Muslim Masjid: Faith-Based Sexuality Educator Abstinence is Dope! #IssaMovement Workshop	Philadelphia, PA April 2019
Islamic Society of Delaware: Faith-Based Sexuality Educator Who's Talking About Sex? Integrating Sexual Health into our Faith	Newark, DE March 2019
Black Girls Rock Conference: Nurse Educator Facilitated workshops for girls aged 6-17 regarding puberty and development	Newark, NJ March 2019
Love Beyond Love Workshop: Faith-Based Sexuality Educator Abstinence is Dope! #IssaMovement Workshop	Elizabeth, NJ December, 2018
Philadelphia Girl Scouts Girls Program: Faith-Based Sexuality Educator Interactive sex education and puberty youth workshops for 6 weeks	Philadelphia, PA November 2018
J.E.S.S.I.C.A Cares workshop: Guest Speaker Faith based sex education for young Muslim women	Philadelphia, PA September 2018
Islamic Society of Central NJ: Nurse Educator Getting over the taboos of sex in our communities	Monmouth Junction, NJ April 2018
Islamic Society of South Jersey Muslim Youth Conference: Nurse Educator Birds and the Bees- Having 'The Talk' with your children	Willingboro, NJ March 2018
Sister's Voice NJ Workshop: Nurse Educator Workshop for teenagers regarding feminine hygiene and healthy sexual relationships	Teaneck, NJ February 2018
League of Voters Red Dress Affair: Nurse Educator The Importance of Heart Health: KEEP IT PUMPING!	Union, NJ February 2016

Interdisciplinary Committees

Abraham Clark High School Teen Guide Zone Advisory Board

Alumni Advisor

Provides feedback on new programs and initiatives for student engagement in higher learning
Conducts bimonthly student presentations about college funding opportunities and healthcare professions

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School and University Committees

Widener University Muslim Students Association: *Faculty Advisor*

Assisted undergraduate students with beginning a new faith based organization

Rutgers Graduate Student Nurses Association: *Founder, President*

Developed new professional organization specifically for Graduate Nursing Students

Trinitas School of Nursing Advisory Committee: *Member*

Collaborates with administrative staff to deliver the highest quality nursing education

Externally Supported Projects

Sex Education in the Mosque: Doctor of Nursing Practice Project

August 2016

Sigma Theta Tau Research/ Evidence Based Practice Project Award

\$1,500

Presentations

- College of St Elizabeth Women Empowerment Seminar:** *Guest Speaker* Morristown, NJ
March 2021
- Seton Hall University Love and Islam Event:** *Keynote Speaker* South Orange, NJ
March 2019
- St Peters University Women Empowerment Seminar:** *Guest Speaker* Morristown, NJ
March 2019
- We are Kings and Queens Conference:** *Keynote Speaker* Elizabeth, NJ
HIV/STI Risk and Prevention for Youth and Other Affected Populations December 2018
- Black Muslim Psychology Conference:** *Guest Speaker* Philadelphia, PA
Sex education for Muslim youth June 2018
- New Jersey Dawah 5th Annual Conference:** *Guest Speaker* Parsippany, NJ
Provided parents and youth with prevalence of premarital sex in Muslim November 2017 & 2018
communities and culture sensitive HIV prevention strategies
- Sigma Theta Tau's 28th International Research Congress:** *Oral Presenter* Dublin, Ireland
Sex Education in the Mosque: An Abstinence-Based Approach to Prevent HIV, July 2017
STDs, and Pregnancy
- Rutgers School of Nursing Convocation:** *Graduate Student Speaker* Newark, NJ
May 2017
- Masjid As Habul Yameen Muslim Youth Sleepover:** *Guest Speaker* East Orange, NJ
Provided adolescents with knowledge, confidence, and skills necessary to January 2016
reduce their risk of STDS, HIV, and teenage pregnancy
- Women's Auxiliary Conference:** *Keynote Speaker* East Orange, NJ
Breast Cancer: Fight Like a Girl! October 2015
- Rutgers College of Nursing 9th Annual End of Life Conference:** *Poster Presenter* Monroe, NJ
When caring hurts: Addressing moral distress in Oncology Nurses April 2014

Publications

Abdullah, S., Arthur, P., & Patel, R. (2020). Sex Education in the Mosque: An HIV Prevention Initiative for Muslim Adolescents. *Journal of the Association of Nurses in AIDS Care*, 31(6), 693-700. <http://dx.doi.org/10.1097/JNC.000000000000187>.

Mentored Professionals

Vania Lorvanis-Gore. (DNP Student) *Integrated Behavior Health Care: Introducing a Patient-Centered Approach to Improving Treatment Outcomes for Mentally Ill Patients with Chronic Medical Conditions*. Bradley University, 2018 - Present, **DNP Co-Chair**.

Candice Elam. (DNP Student) *Let's talk about sex: Developing sex education modules for nursing and medical professionals.* Rutgers The State University of New Jersey, 2017 - Present, **Mentor.**