

CURRICULUM VITAE

Monique Chabot, OTD, MS, OTR/L

Formal Education

PhD in Architecture and Design Research Thomas Jefferson University, Philadelphia, PA	Anticipated 2025
Doctorate in Occupational Therapy Boston University, Boston, MA Capstone: <i>Fostering interprofessional collaboration in home design for older adults</i>	2014
Masters of Science in Occupational Therapy Thomas Jefferson University, Philadelphia, PA	2010
Bachelor of Science in Rehabilitation Studies, Minor in French University of North Texas, Denton, TX	2008
Basic Massage Therapy Training Program Institute of Bodywork Studies, Lewisville, TX	2007

Licenses and Certifications (current unless otherwise noted)

Licensed and Registered Occupational Therapist (PA and NJ)	2010
Specialty Certification in Environmental Modifications (SCEM)	2019
Credentialed Leader in Academia (CLA)	2017
Certified Living in Place Practitioner (CLIPP)	2016
Certified Aging in Place Specialist (CAPS)	2016
LSVT-BIG Certified (LSVT)	2015
Certified Kinesio Taping Practitioner (CKTP)	2008
CHEC-M certified administrator	2020
CAPABLE trained clinician	2018
CarFit Technician and Event Coordinator	2017
AOTA Fieldwork Educator Certified	2011
CPR Certified	2008
Second Degree Reiki Practitioner	2007
Licensed Massage Therapist (TX)	2007-2016

Educator Experience

Widener University Chester, PA Associate Professor , Institute for Occupational Therapy Education	2021-present
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Thomas Jefferson University- East Falls
Philadelphia, PA
Department of Occupational Therapy

2014-2021

Associate Professor
Assistant Professor
Adjunct Professor (Philadelphia University)

Sp 2021-Sum 2021
Sp 2016- Sp 2021
2014- Fall 2015

Role and Responsibilities:

Utilize a variety of active learning techniques and educational technologies for student instruction within a hybrid program model.

Coordinate with community stakeholders to provide learning experiences for students within course assignments and as extracurricular activities.

Facilitate collaborative learning opportunities with architecture, interior design, landscape architecture, graphic design, and industrial design programs as learning assignments in coursework and extracurricular opportunities.

Advise and mentor graduate students on academic progress, fieldwork readiness, professional behaviors, and scholarly activities.

Coordinate and lead the OT Student Ambassador Experience to Morocco (Fieldwork I)

Serve as faculty advisor for Graduate and Undergraduate Student Occupational Therapy Association and first year and upper level academic advisor for undergraduate OT students

Courses Taught (Ongoing and Lead):

Older Adults

- This course discusses the impact of aging on health, well-being, and participation in older adults, including physical and psychosocial factors.

Environmental Dimensions of Occupations

- This course provides an in-depth analysis of the physical, cognitive, psychosocial, and social dimensions of the environment and the impact on behavior and health. Students apply concepts related to environmental modifications to support participation.

Assistive Technology

- Students examine the impact of assistive technology on a person's participation and collaborate with Industrial Design students to create assistive devices for a client.

Adults Assessment and Intervention

- This course examines assessment and intervention approaches for adults with physiological, musculoskeletal, and neurological impairments.

Innovative Practice

- Students explore emerging practice areas in occupational therapy and develop programs to meet the changing political, social, and health needs of their communities through collaboration with community stakeholders.

Past Courses Taught:

Clinical Skills B (course coordinator and lead instructor)

- This course teaches advanced transfers, wheelchair measurements, assistive technology goal writing, and health literacy skills.

Occupational Competence (lead and lab instructor)

- Students are introduced to normal human development, activity analysis, the occupational therapy practice framework and occupational science.

Mastery (lead instructor)

- This course occurs prior to students entering their Fieldwork II rotations and covers NBCOT exam review, career planning, and other professional topics.

Evidence-Based Practice (MSOT, co-instructor; PP-OTD, lead instructor)

- Students learn to answer clinical questions by evaluating evidence and conducting literature searches.

Clinical Skills A (course coordinator)

- This is an introductory clinical skills course covering basic transfers, vitals, and other skills.

Psychosocial Interventions (lead instructor)

- This course covers mental health practice and psychosocial factors.

Interpersonal Relationships and Groups (lab instructor)

- Students learn to run groups and explore therapeutic relationship building in this course.

Clinical Experience

Jefferson Elder Care

2018-present

CAPABLE Project, Occupational Therapist

- Provide occupational therapy services within the Community Aging in Place-Advancing Better Living for Elders (CAPABLE) project model during pilot phase with Habitat for Humanity- Philadelphia

Home Design for Seniors

2017- present

Owner and Lead Occupational Therapist

- Provide home assessments and home modification recommendations for older adults to Live in Place

OT Morocco

2016- present

Occupational Therapist and Fieldwork Supervisor
Morocco and Spain

- Supervise student experiences in various hands on activities to advocate for occupational therapy, including assessment and intervention
- Settings include: neuro-rehabilitation clinic, community centers for children with disabilities, orphanages, vocational rehabilitation centers, prosthetic clinic, nursing home, schools for children with disabilities, and a home for women with cancer
- Clinical experiences included: assessment and intervention for physical disabilities, fabrication of assistive technology, clinician and caregiver education on enhancing patient daily participation, and interventions to increase leisure and social participation

Habitat for Humanity- Bucks County

2017- present

Occupational Therapist

- Provide home assessments with modification recommendations to homeowners and complete home modification presentations as part of the Brush With Kindness program
- Creator and Supervisor for OT Student Internship (Summer 2017)

East Falls Village

2017- 2021

Volunteer and Workshop Coordinator

- Provide workshops to promote health and wellness of Village members
- Coordinate with the Villages to provide volunteer experiences for OT students

Greater Opportunities for Academic Learning and Living Successes

2017-2019

Occupational Therapist and Alternate Fieldwork Preceptor

Thomas Jefferson University- East Falls

- Purpose: expand offerings of Office of Student Accessibility to assist students with disabilities on campus beyond typical accommodations
- Provided up to 8 hours/week of fieldwork II student supervision in conjunction with primary fieldwork preceptor
- Assisted with Fieldwork II placement development and maintenance

Jefferson Aging in Place Certificate

2016-2018

Content Expert and Module Developer

- Consultant and reviewer for accuracy, currency, and continuity between module content
- Created one-hour online modules related to Aging in Place topics: Home assessments (lead), Marketing and Communication Strategies, and Design Implementation Parts 1-3

Chester Community Physical Therapy Clinic

2016-2017

Clinic Occupational Therapy Student Supervisor

- Supervised students during client treatment, intervention planning, and documentation at pro bono outpatient clinic run in conjunction with Physical Therapy students from Widener University

Fox Rehabilitation

2010-2017

Occupational Therapist, Fieldwork I and II Educator, Regional New Graduate Mentor

- Evaluate and treat older adults in assisted living buildings, the community, and a behavioral health hospital for a variety of neurological and orthopedic conditions under both Medicare Part A and B

Peer Reviewed Publications

- Chabot, M.**, Nafai, S., Stevens-Nafai, E., & Sanchez, A. (in press). All work or all play: The impact of cultural and clinical activities on perceived cultural sensitivity developing during an occupational therapy service learning experience. *Journal of Occupational Therapy Education*.
- Boney, J.D., Potvin, M.C., & **Chabot, M.** (2019). The GOALS2 Program: Expanded supports for students with disabilities in postsecondary education (practice brief). *Journal of Postsecondary Education and Disability*, 32(2), 321-329.

Invited Non-Peer Reviewed Publications

- Ashley, J., Potvin, M.C., **Chabot, M.**, Beach, C., Montemerlo, S., & Anez, M. (2020, Spring). Considering students' neurodiversity: The next imperative when designing active learning environments. *Learning By Design*, 29, 8-11.
- Chabot, M.**, Delaware, L., McCarley, S., Little, C., Nye, A., & Anderson, E. (2019). Living in place: The impact of smart technology. *Current Geriatrics Reports*, 8(3), 232-238. <https://doi.org/10.1007/s13670-019-00296-4>
- Chabot, M. (2017). *Supporting aging in place: An occupational therapist's toolkit*. Western Schools: Brockton, MA.

Non-Peer Reviewed Publications

- Chabot, M.** & Sanchez, A. (2020, August). Ease of mind: Reducing the daily impact of migraines through environmental modifications, *OT Practice*, 25(9), 22-25.
- Petito, C., Akselrud, R., Grun, N., **Chabot, M.**, Connors, B., Lee, S.J... Tunnell, D. (2019, February). The value of home health occupational therapy practitioners in home modifications. *SIS Quarterly Practice Connections*, 4(1), 17-19.
- Rosetti, R. & **Chabot, M.** (2018, November). Essential home modifications and universal design features for mobility users. *Rehab Management*, 31(7), 14-18.
- Chabot, M.**, McCarley, S., Delaware, L., Listou, E., Kaufmann, H., & Davis, L. (2017, November). Use of smart technology to promote aging in place for older adults. *SIS Quarterly Practice Connections*, 2(4), 22-23.
- Chabot, M.** (2017, February). Increasing accessibility through interprofessional education. *SIS Quarterly Practice Connections*, 2(1), 30-32.
- Chabot, M.** (2016, September). Home modifications on a shoestring budget. *OT Practice*, 21(16), 8-10.
- Chabot, M.** & Galaton, J. (2016, June). Quiet books: Engaging the interest of people with late stage dementia. *OT Practice*, 21(10), 25-27.
- Chabot, M.** (2014). *Fostering interprofessional collaboration in home design for older adults* (Order No. 3662718). Available from ProQuest Dissertations & Theses Global. (1681544160). Retrieved from <http://search.proquest.com/docview/1681544160?accountid=9676>

Peer Reviewed Scholarly and Professional Presentations

- Chabot, M.,** Shirrell, E., & Verbit, D. (2021, April). *Use of social ecology based interventions in collaboration with graphic design to improve health literacy* [Poster Presentation]. American Occupational Therapy Association Conference, Virtual Conference.
- Chabot, M.,** McCarley, S., Delaware, L. & Listou, E. (2021, April) *Smart technology to Live In Place* [Short Course]. American Occupational Therapy Association Conference, Virtual Conference.
- Lee, S.J., **Chabot, M.,** Ramsden, M., Russell, H., & Grun, N. (2021, April). *Post COVID-19 social distanced program considerations to decrease isolation in home and community health* [Short Course]. American Occupational Therapy Association, Virtual Conference.
- Carpenter, J., Verona, I., Potvin, M.C., **Chabot, M.,** & Humbel, J. (2021, January 19). *Unleashing the power of difference: Creating neuro-inclusive learning spaces* [Workshop]. The Society for College and University Planning, Virtual Conference.
- Verbit, D., **Chabot, M.,** & Shirrell, B. (2020, Oct. 16). *Interprofessional approach to improve health literacy using visual storytelling* [Poster Presentation]. Special Libraries Association, Virtual Conference.
- Awarded Best Visual Presentation Award for Posters
- Chabot, M.,** Nafai, S., Stevens-Nafai, E., & Sanchez, A. (2020, Oct. 15). *All work or all play? The impact of specific learning activities on cultural sensitivity & professional development* [Platform Presentation]. American Occupational Therapy Association Education Summit, Virtual Conference.
- Chabot, M.,** McCarley, S., Delaware, L. & Listou, E. (2020, March) *Smart technology to Live In Place* [Short Course]. American Occupational Therapy Association Conference. (Conference canceled).
- Chabot, M.,** Nafai, S. & Stevens-Nafai, E. (2020, March). *All work or all play? The impact of specific international service-learning opportunities on cultural sensitivity and professional identity development* [Poster Presentation]. American Occupational Therapy Association Conference. (Conference canceled).
- Potvin, M.C., **Chabot, M.,** & Zane, C. (2019, October 18). *OT students' notetaking preferences & self-perceived effectiveness* [Poster Presentation]. American Occupational Therapy Association Education Summit, Las Vegas, NV.
- Chabot, M.,** Nafai, S., & Stevens-Nafai, E. (2019, April). *International OT student ambassador experiences and advocacy for the OT profession in Morocco* [Poster Presentation]. American Occupational Therapy Association Conference, New Orleans, LA.
- Bower, A., **Chabot, M.,** Potvin, M.C., & Zane, C. (2019, January). *Comparing student success using metacognitive software to traditional notetaking strategies* [Lighting Round Presentation]. Temple University's Annual Faculty Conference on Teaching Excellence, Philadelphia, PA.
- Nafai, S., **Chabot, M.,** & Stevens-Nafai, E. (2018, May). *International OT student ambassador experiences and advocacy for the OT profession in Morocco* [Poster Presentation]. World Federation of Occupational Therapy Conference, Cape Town, South Africa.
- Chabot, M.,** McCarley, S. Delaware, L., Listou, E., Kaufmann, H., & Davis, L. (2018, April). *Impact of smart technology on Living in Place* [Poster Presentation]. American Occupational Therapy Association Annual Conference, Salt Lake City, UT.

Chabot, M. & Galaton, J. (2017, April). *The use of quiet books with people with late stage dementia: A case study* [Poster Presentation]. American Occupational Therapy Association Annual Conference, Philadelphia, PA.

Chabot, M. (2015, November). *Fostering interprofessional collaboration in home design for older adults* [Poster Presentation]. OT24VX 2015, Virtual Conference.

Invited Non-Peer Reviewed Scholarly and Professional Presentations

Chabot, M., & Herd, R. (2021, April). *Smart technology to Live In Place* [Workshop]. LiveABLE Environment Conference, Virtual Conference.

Vance, K., Fraser-Lee, C.L., Lukasiewicz, M., Herd, R. & **Chabot, M.** (2021, April). *The smart home in healthcare*. Homecare & Hospice Innovation Series, Virtual Workshop.

Weinstein, D., **Chabot, M.**, Vives, C., & Carnemark, J. (2020, September). *Why system integrators should partner with home design/construction and medical professionals* [Panel Discussion]. CEDIA Expo, Virtual Conference.

Chabot, M. (2020, January). *The use of quiet books with people with late stage dementia: A case study* [Presentation]. Occupational Therapy Association of Morocco Annual Conference, Tangier, Morocco.

Ashley, J., Potvin, M.C., **Chabot, M.**, Beach, C., & Anez, M. (2019, February). *Considering students' neurodiversity: The next imperative when designing & using active learning environments* [Workshop]. 5th Annual Next Generation Learning Spaces Conference, Los Angeles, CA.

Chabot, M., McCarley, S. & Delaware, L. (2018, December). *Impact of smart home technology on aging in place* [Webinar]. University of Wyoming ECHO in Assistive Technology, Webinar Series.

Delaware, L., Knott, M.E., **Chabot, M.**, Gold, S., & O'Meara, J., (2018, December). *Ergonomics for kitchens and bathrooms for Living in Place* [Webinar]. National Kitchen and Bath Association, Webinar Series.

Delaware, L., Listou, E., **Chabot, M.**, Newton, D., & Stouffer, C. (2017, April). *Remodeling for independence and dignity* [Webinar]. National Association of Remodeler Industry, Webinar Series.

Delaware, L., Listou, E., **Chabot, M.**, & Bissig, C. (2017, February). *How electronic adaptive technology helps everyone Live in Place* [Webinar]. National Association of Remodeler Industry, Webinar Series.

Delaware, L. & **Chabot, M.** (2017, February). *Designing for independence and dignity, without talking about it!* [Workshop]. Philadelphia University, Philadelphia, PA.

Grants

Health Information Outreach Award (unfunded) **2020-2021**
National Network of Libraries of Medicine

- Project Title: Spreading stress reduction strategy awareness through a sensory based relaxation cart and mental health education resources
- Co-Primary Investigator

NEXUS Learning Grant (\$6000 funded) **2019-2020**

Thomas Jefferson University- East Falls

- Project Title: Piloting a sensory cart to reduce stress and increase readiness to learn among students on the East Falls campus
- Primary Investigator

NEXUS Learning Grant (\$6000 funded)

2019-2020

Thomas Jefferson University- East Falls

- Project Title: Increase health literacy through the power of visual storytelling with graphic novels
- Co-Investigator

NEXUS Learning Grant (\$6000 funded)

2018-2019

Thomas Jefferson University- East Falls

- Project Title: Piloting the use of software-enhanced classroom notetaking on the East Falls Campus
- Primary Investigator

NEXUS Learning Grant (\$6000 funded)

2017-2018

Philadelphia University

- Project Title: Greater Opportunity for Academic Learning and Living Successes Program (GOALS² Program)
- Co-investigator

Memberships and Affiliations

American Occupational Therapy Association

2008- present

Pennsylvania Occupational Therapy Association

2010- present

University Service Contributions

Committees

- Member of the Department of Occupational Therapy Curriculum Committee
- Member of the Jefferson College of Rehabilitation Sciences Curriculum Committee
- Member of the Department of Occupational Therapy Design Initiative
- Chair of search committee for East Falls MSOT Program Director (Spring 2019)
- Member of the Curriculum Examination Committee for College of Science, Health, and Liberal Arts

Design Programs

- Provide guest lectures and guest critiques to Architecture, Graphic Design, Landscape Architecture, and Interior Architecture programs
- Provide mentorship and serve as expert opinion for various populations, medical information accuracy, and overall functionality of the design solution, device, or space for Graphic Design, Industrial Design, and Interior Architecture's senior capstone projects

Coordination of Morocco Experience and Fieldwork

- Develop Fieldwork I program for OT, OTA, and Couples and Family Therapy students during the Student Ambassador Trip to Morocco

Professional Service Contributions

AOTA Special Interest Section

2018- 2021

Young Professionals Coordinator, Home and Community Health SIS

- Support students and new graduates in their transition to clinician
- Provide and develop resources and networking opportunities
- Communicate needs of students and new graduates to AOTA

Living in Place Institute

2017- present

Member of the Medical Advisory Board

- Review presentations and programming for content validity
- Coordinate publications and presentations on home modification topics
- Provide OT viewpoint within Living in Place Institute publications and initiatives
- Lead of Student Membership Sub-Team
- Member of Membership and Conference Teams

Pennsylvania Occupational Therapy Association

2017-present

Conference proposal reviewer (Productive Aging)

American Occupational Therapy Association

2018- present

Conference proposal reviewer (Productive Aging and CAPs)

Habitat for Humanity Construction Standards Task Force

2019-2020

Accessibility Committee Member

Western Schools

2018

Peer reviewer for course on older adults with depression and anxiety

Honors and Awards

Emerging and Innovative Practice Award

2020

- AOTA Conference 2020

Award of Appreciation

2018, 2019

- MSOT class of 2018 and 2019 in recognition of exceptional teaching and service

Special Interest Section Quarterly Excellence in Writing Award

2018

- AOTA Conference 2018

American Occupational Therapy Association Academic Leadership Institute 2016-2017

American Occupational Therapy Association Emerging Leader 2014-2015