

Katherine M. King MSN, RN, CMSRN

Professional summary:

Masters-prepared, certified medical surgical registered nurse, and experienced nurse educator for the past nine years. Dynamic, energetic, and dedicated to enriching and enhancing students' learning experiences. Emphasis in coordinating safe and competent care utilizing the nursing process. Nine years of experience in educating and guiding students within the skills laboratory, simulation, classroom, and clinical environments.

Core qualifications:

- Holds students to high standards emphasizing professionalism
- Reinforce teamwork and interprofessional collaboration
- Positive attitude and fosters a nurturing learning environment
- Seeks and facilitates exceptional student learning opportunities
- Extensive knowledge of evidence-based practice
- Excellent oral, written, and interpersonal communication skills

Experience:

Assistant Professor of Nursing – BSN Program: Wesley College, Dover DE. (August 2020 - May 2021).

- Classroom and online education provided to students enrolled in BSN program.
- Develop lecture materials, teaching strategies, and learning activities to facilitate optimal learning.
- Work closely with colleagues to integrate content and provide thorough education through experiences and classroom environments.
- Facilitate simulation lab experiences and instruct students in skills laboratories.

Adjunct Clinical Preceptor – BSN Program: Wesley College, Dover, DE. (January 2012-May 2020).

- Precept students on medical and surgical units in Wilmington and Newark, DE.
- Mentor and evaluate students assessments and findings, educate and reinforce on pathophysiology, and pharmacology knowledge in relation to patient care, and utilization of the nursing process in the development and revision of the plan of care.
- Emphasis on fundamental skills and thorough head-to-toe assessment on medical unit.
- On surgical unit, emphasize the importance of postoperative patient care, interprofessional collaboration, and patient education for successful discharge to home.

Adjunct Simulation and skills lab instructor:

- Set up and lead simulation experiences with students of all levels.
- Lead instruction in skills lab with supervised practice at all levels and assist with skills test out.

Adjunct Instructor-Masters Program: Wilmington University, New Castle, DE (June 2012-present).

- Instruct approximately 10-23 BSN students at the Master's level in a traditional, hybrid, and online classroom.
- Develop power point presentations, classroom activities, and other interactive teaching methods in the classroom and online setting.
- Work with program coordinator to execute program requirements as specified through syllabi and curriculum specifications.

Post-surgical Nurse: Joint Replacement Center. Christiana Care, Wilmington, DE. (February 2003 – May 2006 & October 2015 - present).

- Provide total care for patients undergoing knee, hip, or other orthopedic surgery.
- Unit expanded to include 23-hour observation plastic and ENT procedures.
- Work closely with physical therapists, occupational therapists and case managers in facilitating a successful discharge to home.
- Educate patients and families on medications, incision care and safety at home.
- Served as chairperson for the Education Practice Council.
- Created an algorithm for post-surgical anesthesia care.
- Presented lecture on neurovascular assessment at center-wide orthopedic symposium.
- Assisted in teaching weekly seminar to future patients educating on all of the aspects of joint replacement surgery and the rehabilitation process.
- Received an award for nursing excellence and recognized as an outstanding preceptor in training new staff on the unit.
- Chosen as floor delegate to instruct nurses on neighboring surgical unit on post-operative care of the orthopedic patient.

Nursing Instructor Adult Nurse Technician Program: NCCVT School District (Oct 2011 - May 2013).

- Developed lesson plans, teaching aids, and instruct adult education students in the classroom and in skills laboratory settings.
- Precepted students at extended care facilities reinforcing skills, safety, teamwork, and personal, efficient care.
- Evaluated students in facility for professionalism, time management, theoretical knowledge, accuracy, and safety.

Clinical Preceptor/School Nurse: St. Georges High School, Middletown, DE. (Jan. 2009-Sept. 2011).

- Precepted nurse technician students at nursing home facility. Evaluated students in facility for basic nursing care and professionalism, time management, theoretical knowledge, accuracy, and safety.
- Provided nursing care for over 1000 students. Assessed students' medical concerns and/or symptoms.
- Referred students to other staff, doctors for evaluation, or other outside agencies as needed.
- Performed scoliosis, audiometry, and vision screenings.
- Served on Crisis Response Team preparing first response kits for staff.

Other relevant experience:

Occupational Health Nurse: ING Direct, Wilmington, DE. (December 2007 – January 2009).

Provided outpatient care to approximately 900 employees. Developed inventory system for maintaining medical and office supplies. Created and organized corporate-wide event recognizing National Nutrition Month crafting all of the visual displays and games. Performed ergonomic assessments and provided equipment to correct deficiencies. Executed health screenings and provided nutrition and health consultation. Lead informal seminars on various nutrition and health topics. Managed and led influenza vaccination campaign and administered vaccinations to over 60% of staff.

Cardiac Nurse: Cardiac Evaluation Unit. Christiana Care, Newark, DE. (May 2006 –December 2007).

Provided bedside care for patients admitted to the emergency room with diagnoses related to chest pain, syncope, heart arrhythmias and chronic obstructive pulmonary disease. Prepared patients undergoing cardiac catheterizations, cardioversions and many other cardiac-related tests. Acted as a preceptor for students from local colleges instructing them on the interpretation of heart rhythms and advising on patient care.

Medical/Surgical Nurse. Christiana Care, Wilmington, DE. (February 2002 – February 2003). Provided bedside care for a variety of medical and surgical patients on a 40-bed unit. Initiated patient care plans, performed dressing changes and educated patients throughout their hospitalization and upon discharge to home. Worked as an assistant nurse manager coordinating patient care, scheduling and staffing, problem-solving and maintaining staff-family relations.

Medical/Surgical Nurse: Medical/Surgical Unit. St. Francis Hospital, Wilmington, DE. (February 2001-February 2002). Provide bedside care for a predominantly geriatric population on a 30-bed unit. Administered medications, performed bedside procedures including assisting doctors with lumbar punctures, central line placement, chest tube placement, and wound debridement. Gained experience with peritoneal dialysis, complex dressing changes and patient/family teaching.

Education:

Degrees completed:

Master's of Science Nursing Education: Wilmington University, New Castle, DE. May, 2005.

Bachelor's of Science Nursing: University of Delaware, Newark, DE. January, 2001.

Bachelor's of Science Dietetics: University of Delaware, Newark, DE. December, 1997.

Certifications: CMSRN certification is the recognized path for medical-surgical nurses to build and demonstrate commitment, confidence, and credibility thorough the Medical Surgical Nursing Certification Board. May 2019-May 2024.

Publications: Shingles and Shingles Vaccination. DNA Reporter February 2019. Volume 44(1).