
Linda G. McWhorter, Ph.D.

Assistant Professor, Licensed Psychologist
(Pennsylvania: PS018664; Delaware: B1-0001157)

Widener University, Institute for Graduate Clinical Psychology
One University Place, Chester PA 19013-5792
Cell: (704) 493-4236 – Office: (610) 499-1385; LGMcWhorter@widener.edu

EDUCATION

- 2018-2019 **Postdoctoral Fellowship, Research/Early Childhood Psychology**, PolicyLab and Neonatology Department, Children's Hospital of Philadelphia, Philadelphia, Pennsylvania. Training Director: Lauren Krivitzky, PhD. Supervisor/Mentor: Marsha Gerdes, PhD.
- 2017-2018 **Postdoctoral Fellowship, Pediatric Psychology**, Nemours/A.I. DuPont Hospital for Children, Wilmington, Delaware. Training Director: Colleen Sherman, PhD. Primary Supervisors/Mentors: Erica Sood, PhD, Julia Price, PhD.
- 2016-2017 **Predoctoral Internship, Pediatric Psychology**, Nemours/A.I. duPont Hospital for Children, Wilmington, Delaware. Training Director: Rochelle Glidden, PsyD. Primary Supervisor: Erica Sood, PhD.
- 2018 **Doctor of Philosophy in Health Psychology, Clinical Track**, University of North Carolina, Charlotte. Dissertation Chair: Sharon Portwood, PhD.
- **Dissertation** - A broken heart: The impact of pediatric open heart surgery on parents' wellbeing and parenting.
- 2014 **Masters of Arts in Clinical-Community Psychology**, University of North Carolina, Charlotte. Thesis Chair: Amy Peterman, PhD.
- **Thesis** - The associations between caregiver psychological disorders, parenting behavior, and severity of child maltreatment among physically abusive caregivers.
- 1991 **Masters of Arts in Communication Disorders, Speech-Language Pathology Track**, California State University, Los Angeles, California.
- 1991 **Certificate, Child Maltreatment and Family Violence**, California State University, Los Angeles, California.

1987 **Bachelor of Science in Speech and Hearing Sciences**, Speech Pathology and K-12 Education Track, University of South Alabama, Mobile.

LICENSURE

2018-present Pennsylvania Licensed Psychologist. License number PS018664.

2018-2019 Delaware Licensed Psychologist. License number B1-0001157.

PROFESSIONAL AND CLINICAL POSITIONS

2019-present **Assistant Professor,
Director, Widener Child Therapy Clinic**
Institute for Graduate Clinical Psychology Widener University, Chester, Pennsylvania. Teach courses in the Child, Adolescent, and Family Concentration; coordinate and oversee clinic operations; provide clinical supervision to practicum students and pre-doctoral interns; provide research mentorship to students; coordinate the student and faculty Spanish Psychology Interest Group.

2019-present **Psychologist, Private Practice**
Dragonfly Psychological Associates, PC, Media PA
Provide intake evaluations and psychological treatment for children and families; specializing in young children, family adjustment to serious pediatric illness, parenting issues, and anxiety.

2018-2019 **Research/Early Childhood Pediatric Psychology Postdoctoral Fellow.**
Children's Hospital of Philadelphia, Philadelphia, Pennsylvania. Specializing in Neonatal Follow Up through the Department of Neonatology and parenting and health equity research through PolicyLab.

2017-2018 **Pediatric Psychology Postdoctoral Fellow.** Nemours/A.I. duPont Hospital for Children, Wilmington, Delaware. Major rotation: Cardiology - providing inpatient family support, mentored supervision of a predoctoral intern, neurodevelopmental follow-up testing ages 6 months through 12 years, and outpatient therapy. Minor rotations: Cardiology research, Craniofacial clinic, Spanish-speaking specialty care outpatient, and Neurology outpatient.

2016-2017 **Pediatric Psychology Resident (predoctoral internship).** Nemours/A.I. duPont Hospital for Children, Wilmington, Delaware. Specializing in evidence-based inpatient and outpatient treatment in the medical setting and Spanish-speaking primary care services.

2010-2016 **Psychology Extern.** University of North Carolina, Charlotte. Health psychology, child clinical, integrated primary care, and neuropsychology experiences.

TEACHING EXPERIENCE

Fall 2021 **Instructor**
Case Conference II: Child and Adolescent Therapy. Doctoral level course as part of the pre-doctoral internship, Widener University, Chester, PA.

Spring 2021 **Instructor**
Introduction to Behavioral Research. Doctoral level course in the PsyD program, Widener University, Chester, PA.

Child and Adolescent Psychopathology. Doctoral level course in the PsyD program, Widener University, Chester, PA.

Fall 2020 **Instructor**
Case Conference II: Child and Adolescent Therapy. Doctoral level course as part of the pre-doctoral internship, Widener University, Chester, PA.

Summer 2020 **Guest Lecturer.**
Cognitive Neuroscience. Physical Therapy Doctoral Program Course, Widener University, Chester, PA.

Spring 2020 **Guest Lecturer**
Career Opportunities. A didactic training for predoctoral externs, Nemours/AI duPont Hospital for Children, Wilmington DE.

Spring 2020 **Instructor**
Child and Adolescent Psychopathology. Doctoral level course, Widener University, Chester, PA.

Fall 2019 **Co-Instructor**
Case Conference II: Child and Adolescent Therapy. Doctoral level course as part of the pre-doctoral internship, Widener University, Chester, PA.

Fall 2019 **Instructor**
Professional Supervision: Theory, Research, and Practice, DPSY 833. Doctoral level course, Widener University, Chester, PA.

Fall 2018 **Guest Lecturer**
Neonatal Intensive Care and Follow Up. Leadership Education in Neurodevelopmental and Related Disabilities (LEND), Children's Hospital of Philadelphia, Philadelphia, PA.

- Spring 2016 **Guest Lecturer**
Supervision and Consultation in Clinical Psychology. Doctoral level course, UNC Charlotte, NC.
- Fall 2015 **Guest Lecturer**
Introduction to Students with Special Needs. Undergraduate special education course, UNC Charlotte, NC.
- Spring 2013 **Guest Lecturer**
Introduction to Students with Special Needs. Undergraduate special education course, UNC Charlotte, NC.
- Summer 2010 **Instructor**
Psychology of Exceptional Children. Advanced undergraduate psychology course, UNC Charlotte, NC.
- Spring 2010 **Guest Lecturer**
Abnormal Psychology, PSYC 3151. Undergraduate psychology course, UNC Charlotte, NC.

SUPERVISION EXPERIENCE

- 2019-present **Clinical Supervisor**
Provide clinical supervision for clinical psychology interns and practicum students at the Widener Child Therapy Clinic.
- 2017-2019 **Supervisor in Training**
Provided mentored clinical supervision for pediatric psychology residents under the supervision of psychology faculty. Children's Hospital of Philadelphia, Nemours/AI duPont Hospital for Children.
- 2010-2011 **Supervisor in Training**
Provided mentored clinical supervision for an extern in the counseling master's program under the supervision of psychology faculty. Elizabeth Family Medicine primary care clinic, Charlotte, NC.
- 1992-1996 **Clinical Supervisor - Speech-Language Pathologist**
Provided clinical supervision to speech-language pathology fellows. Collaborative Communication Services, Charlotte, NC.

PODCAST

Spring 2020 **Positive Parenting during a Pandemic**, Primary Care Perspectives, Episode 19. Aimed at parents of children from ages 2-6 years old. Philadelphia, PA

WORKSHOPS/PROFESSIONAL DEVELOPMENT TEACHING EXPERIENCE

- Fall 2021 **Talking about Stress: Mental Health Conversations in Languages Other Than English**, a workshop offered at the North American Refugee Health Conference, Sept. 2021.
- Spring 2016 **Working with Difficult Patients in Public Health**, a professional development training for health department providers and nursing staff, Union County Health Department, Monroe, NC
- Spring 2016 **Relaxation and Stress Reduction for Working in Public Health**, professional development training for health department providers, nurses, interpreters, lab technicians and administrators, Union County Health Department, Monroe, NC.
- Spring 2016 **Working with Parents: Effective Techniques for Care Coordinators**, professional development training for Care Coordinators for Children (CC4C), Union County Health Department, Monroe, NC.
- Fall 2015 **Relaxation and Stress Reduction for OB Care Managers**, professional development training for obstetric and high risk obstetric nurse care managers through the Pregnancy Care Management Program, North Carolina Public Health.
- Spring 2015 **Clinical Implications of Traumatic Medical Events**, professional development training for infant and NC
- Summer 2013 **Working with Difficult Patients in Rehabilitation**, professional development training for Department of Rehabilitation, Carolinas Medical Center, Union, Monroe, NC
- Summer 2012 **There's an App for That! Using Mobile Technology in Primary Care Patients**, Noon Time Conference for family medicine physicians, Family Medicine, Carolina Healthcare System, Mercy Hospital, Charlotte, NC
- Summer 2012 **Working with Parents in Primary Care**, a half day didactics for family medicine residents, Elizabeth Family Medicine, Charlotte, NC.
- Summer 2011 **Working with Parents in Primary Care**, a half day didactics for family medicine residents, Elizabeth Family Medicine, Charlotte, NC.

- Spring 2011 **Motivational Interviewing for Family Physicians**, a half day didactics for family medicine residents, Elizabeth Family Medicine, Charlotte, NC.
- Fall 2010 **Motivational Interviewing for Family Physicians**, half day didactics for family medicine residents, Elizabeth Family Medicine, Charlotte, NC.
- 1988-2003 Presented numerous **in-service trainings to parents and caregivers** on topics ranging from parenting and communicating with your child to feeding and speech disorders. Mecklenburg County, North Carolina and Whittier, California.
- 1988-2003 Presented **in-service trainings to preschool teachers, and special education professionals** on speech and language stimulation, classroom behavior management, and sign language. Mecklenburg County, North Carolina and Whittier, California.
- 1998- 2000 **Red Flags for Feeding Disorders**, a repeating 2-hour professional development training for special educators at St. Mark's Special Day Program, Charlotte, NC
- 1999 **Multicultural Issues in Children with Special Needs**, a 2-hour professional development workshop for early intervention multidisciplinary teams. Developmental Evaluation Center, Charlotte, NC.
- 1996 **Phonological Disorders: Effective Evaluation and Treatment**, a full day professional development training for speech pathologists at Charlotte Mecklenburg Schools, Charlotte, NC.
- 1996 **Phonological Disorders Assessment and Treatment**, a presentation at North Carolina Speech Language and Hearing Association, Spring Conference, Charlotte, NC
- 1996 **Successful Classroom Collaboration: Making it Work**, a presentation at North Carolina Speech Language and Hearing Association, Spring Conference, Charlotte, NC.
- 1995 **Baby Signs: Learning to Communicate with Your Infant**, a 2-hour parent educational workshop. La Leche League of North Carolina, Area Conference, Charlotte, NC.
- 1988-1991 **Collaborative Service Delivery Model: Best Practices**, a half-day professional development training for early intervention professionals. Whittier Area Cooperative Special Education Program. Whittier, California.

GRANTS AND AWARDS

- 2020 **Provost Research Faculty Development Grant.** Research funds with Dr. Jacqlyn Zarabba to complete projects related to supervisor ratings of student trainees. (\$1300).
- 2020 **Faculty Mini-grant.** Student activities funding to take doctoral students in the Spanish Psychology Interest Group to Philadelphia on May 1st to the screening of the film “Las Madres de Berks.” Cancelled due to COVID-19 (\$200).
- 2020 **Faculty Development Grant.** Pedagogical Travel Funds for me and Dr. Elizabeth Foster to attend the Winter Institute on Qualitative Research Methods in 2021 to support qualitative research education and mentoring for Institute for Graduate Clinical Psychology students. Widener University, Chester, Pennsylvania. Cancelled due to COVID-19 (\$1,900).
- 2019-2020 **Co-Investigator.** Making Time for Time Out: Evaluating a Discipline Education Module for Parents of Young Children. Center for Pediatric Clinical Effectiveness Pilot Grant for Policy-Oriented Health Services. Children’s Hospital of Philadelphia (\$20,000).
- 2019-present **Co-Investigator/Content Expert.** Dissemination of PTSD Treatment Evidence to Refugee Health Providers and Refugee Communities. Eugene Washington PCORI Engagement Award: Dissemination Initiative (EA #15378). Principle investigator Katherine Yun, MD, MHS. PolicyLab, Children’s Hospital of Philadelphia, Pennsylvania (\$299,000).
- 2019 **Grant Writer/Senior Consultant.** LENA Start.Vanguard Grant, PI: Marsha Gerdes, PhD and Flavio Canha, PhD. PolicyLab, Children’s Hospital of Philadelphia, Pennsylvania (\$600,000).
- June 2018 **Best Research Poster Award** from the Neurodevelopmental Outcome Collaborative at the 7th Annual Scientific Sessions, Kansas City, Missouri.
- April 2018 **Graduate Student Poster Award** from APA Division 54, Cardiology Special Interest Group at the Society of Pediatric Psychology Annual Conference, Orlando, FL.
- Spring 2017 **Graduate and Professional Student Government Travel Grant,** UNC Charlotte, North Carolina to present at the Society of Pediatric Psychology Annual Conference, Portland, OR (\$500).
- Fall 2015 **Health Psychology Program Research Grant,** UNC Charlotte, North Carolina to purchase participant incentives for dissertation data collection (\$500).

- August 2014 **Graduate Student Poster Award** from APA Division 37 - Section for Child Maltreatment at the American Psychological Association Annual Convention, Washington, DC.
- Spring 2014 **Health Psychology Program Travel Grant**, UNC Charlotte, North Carolina to present at the American Psychological Association Annual Convention, Washington, DC. (\$500).
- Spring 2014 **Graduate and Professional Student Government Travel Grant**, UNC Charlotte, North Carolina to present and attend as the graduate student representative of Division 37 the American Psychological Association Annual Convention, Washington DC (\$500).
- Spring 2013 **Health Psychology Program Travel Grant**, UNC Charlotte, North Carolina to present at the Society of Behavioral Medicine Annual Meeting (\$500).
- Spring 2013 **Graduate and Professional Student Government Travel Grant**, UNC Charlotte, North Carolina presented at the Society for Research in Child Development Biennial Meeting, Seattle, Washington (\$500).
- Summer 2013 **PEO Scholars Award Nominee**, Davidson, North Carolina.
- Spring 2012 **Health Psychology Program Research Grant**, UNC Charlotte, North Carolina (\$500).
- Spring 2012 **Health Psychology Program Travel Grant**, UNC Charlotte, North Carolina to present at the Association for Psychological Science 25th Annual Convention, Washington, D. C. (\$500).
- Spring 2011 **2nd Place Paper Presentation** in the Health Services Division of the GRAD Research Fair for the paper presentation, UNC Charlotte, North Carolina. "The effect of brief relaxation on needle anxiety."
- Spring 2011 **Health Psychology Program Travel Grant**, UNC Charlotte, North Carolina to present poster at the Society of Behavioral Medicine 32nd Annual Meeting, Washington, D.C. (\$500).
- Summer 2010 **Summer Doctoral Teaching Initiative Fellowship**, UNC Charlotte, North Carolina (\$4,700)
- Summer 2010 **Health Psychology Program Summer Research Grant**, UNC Charlotte, North Carolina (\$1,200).
- Fall 2009 **Health Psychology Program Research Grant**, UNC Charlotte, North Carolina to fund research materials for needle anxiety study (\$500).

PEER REVIEWED PUBLICATIONS

- McWhorter, L.G.**, Christofferson, J., Neely, T., Hildenbrand, A. K., Alderfer, M, Randall, A., Kazak, A, & Sood, E. (in press). Overprotective parenting, parental post-traumatic stress and emotional and behavioral problems in children with congenital heart disease. *Cardiology in the Young* 1-8.
- Gramszlo, C., Karpyn, A., Christofferson, J., **McWhorter, L. G.**, Demianczyk, A. C., Lihn, S. L., Tanem, J., Zyblewski, S., Boyle, E. L., Kazak, A. E., & Sood, E. (2020). Supporting parenting during infant hospitalization for congenital heart disease. *Cardiology in the Young*, 30(10), 1422-1428.
- Hoffman, M.F., Karpyn, A., Christofferson, J., Neely, T., **McWhorter, L. G.**, Demianczyk, A. C., James R., Hafer, J, Kazak, A. E., & Sood, E. (2020). Fathers of children with congenital heart disease: Sources of stress and opportunities for intervention. *Pediatric Critical Care Medicine* 21(11): e1002-e1009.
- Enlow, P. T., **McWhorter, L. G.**, Genuario, K., Davis, A. (2019). Supervisor-supervisee interactions: The importance of the supervisory working alliance. *Training and Education in Professional Psychology* 13(3), 206-211. doi:10.1037/tep0000243
- McWhorter, L. G.** & Gil-Rivas, V. (2014). The effect of brief functional relaxation on college students' needle anxiety during injected vaccinations. *Journal of American College Health*, 62(3), 166-172.

BOOK CHAPTERS/SCHOLARLY REPORTS

- Council of Chairs of Training Councils (2021). CCTC 2020: Social Responsiveness in Health Service Psychology Education and Training Toolkit. <https://www.cctcpsychology.org>
- McWhorter, L. G.**, Ortiz, P. M., Gurung, A., Saulinas, K, Walens, L. Anil, L., Stubber, P, Miller, S., & Yun, K. (Spring, 2020). Effective treatment for refugee adults with post-traumatic stress disorder (PTSD): A summary of practice recommendations for clinicians. PolicyLab, Children's Hospital of Philadelphia. <https://policylab.chop.edu/reports-and-tools/effective-treatment-refugee-adults-post-traumatic-stress-disorder-ptsd-summary>
- Al-Mudaris, M., Saradar, M., Tabidi M., Gurung, A., Ortiz, P., **McWhorter, L. G.**, & Yun, K. (2020) *Arabic Glossary: Effective Treatment of Refugee Adults with Post-Traumatic Stress Disorder*. Children's Hospital of Philadelphia. <https://policylab.chop.edu/project/helping-refugees-ptsd-receive-care-they-need>

- Nyun, M., Tin, S. S., Day, N., Gurung A., Ortiz P., **McWhorter L. G.**, & Yun, K. (2020) *Karen Glossary - Effective Treatment of Refugee Adults with Post-Traumatic Stress Disorder*. Children's Hospital of Philadelphia. <https://policylab.chop.edu/project/helping-refugees-ptsd-receive-care-they-need>
- Mudenge, N. U., Emedi, P., Pinda, P., Gurung, A., Ortiz, P., **McWhorter, L. G.**, & Yun, K. (2020) *Swahili Glossary - Effective Treatment of Refugee Adults with Post-Traumatic Stress Disorder*. Children's Hospital of Philadelphia. <https://policylab.chop.edu/project/helping-refugees-ptsd-receive-care-they-need>
- Gurung, A., Kafley, D., Thapa, K., Ortiz, P., **McWhorter, L.**, & Yun, K. (2020) *Nepali Glossary: Effective Treatment of Refugee Adults with Post-Traumatic Stress Disorder*. Children's Hospital of Philadelphia. <https://policylab.chop.edu/project/helping-refugees-ptsd-receive-care-they-need>
- Johnson, S. & **McWhorter, L.** (2018). Temporomandibular joint disorders. In J. Kreutzer; B. Caplan; J. DeLuca (Eds.), *Encyclopedia of Clinical Neuropsychology*, 2nd Edition. New York: Springer-Verlag.
- NPC-QIC Interstage Learning Lab. (2017). Parent Bulletin.
- Gil-Rivas, V. & **McWhorter, L.** (2013). Self-medication. In P. Miller (Ed.), *Principles of Addiction: Comprehensive Addictive Behaviors and Disorders*, vol.1. San Diego, CA: Elsevier.
- Kulkarni, S. J. & **McWhorter, L. G.** (2015). *Domestic violence needs assessment: Findings from the Women's Commission and Shelter Survey*. Final Report prepared for the Charlotte-Mecklenburg Department of Community Support Services.
- McWhorter, L.** (2011). Temporomandibular joint disorders. In J. Kreutzer; B. Caplan; J. DeLuca (Eds.), *Encyclopedia of Clinical Neuropsychology*. New York: Springer-Verlag.

WORKS IN PROGRESS

- Franklin, M., Karpyn, A., Jennifer Christofferson, J., **McWhorter, L. G.**, Demianczyk, A., Brosig, C., Delaplane, E., Lihn, S., Zyblewski, S., Kazak, A. E., & Sood, E. (manuscript under review). Barriers and facilitators to discussing parent mental health with pediatric healthcare providers: Perspectives of parents raising a child with congenital heart disease.

NATIONAL CONFERENCE PRESENTATIONS

- McWhorter, L. G.** (2021, June). *Dissemination of PTSD Treatment Evidence to Refugee Health Providers & Refugee Communities*. Panel presentation as part of Disseminating

Evidence: Findings People Can Use at AcademyHealth 2021 Annual Research Meeting, Virtual.

McWhorter, L. G. (May, 2021). *Parent and family risk and resilience in CHD*. Invited Keynote Speaker and Expert Panelist at the Hospital for Sick Children's Labatt Family Heart Centre (LFHC) Annual Family Conference, Toronto, Ontario, Canada.

Driscoll, C. F. B., Christofferson, J., **McWhorter, L. G.**, Demianczyk, A. C., Brosig, C. L., Jackson, E. A., Gramszlo, C., Zyblewski, S., Kazak, A. E., & Sood, E. (2021, February). *Parent preferences for psychosocial support following diagnosis of congenital heart disease*. Poster to be presented at Cardiology 2021, Philadelphia, Pennsylvania

Amaro, C. M., Alderfer, M. A., Christofferson, J., **McWhorter, L. G.**, Demianczyk, A. C., Neely, T., Kazak, A. E., & Sood, E. (November, 2020). *Parent Perspectives on the Experiences of Siblings of Children with Congenital Heart Disease*. Poster presented at the 9th Annual Scientific Sessions of Cardiac Neurodevelopment Outcome Collaborative, presented in virtual format.

McWhorter, L. G. & Mudenge, N. U. (September, 2020). *Dissemination of PTSD Treatment Evidence to Refugee Health Providers & Refugee Communities*. Invited talk in the symposium Evidence for Dissemination: Findings people want to know about. Patient Centered Outcomes Research Institute's Virtual Annual Meeting, Accelerating Impact on Care and Patient-Centered Outcomes.

McWhorter, L. G. (April, 2020). *Parent and family risk and resilience in CHD*. Invited Keynote Speaker and Expert Panelist at the Hospital for Sick Children's Labatt Family Heart Centre (LFHC) Annual Family Conference, Toronto, Ontario, Canada. Conference cancelled due to COVID-19.

Gramszlo, C., Karpyn, A., Christofferson, J., **McWhorter, L. G.**, Demianczyk, A., Kazak, A., & Sood, E. (March, 2020). *Supporting parenting during infant hospitalization: Recommendations from a crowdsourced study*. Poster presentation at the Society of Pediatric Psychology Annual Conference, Dallas, TX.

McWhorter, L. G., Christofferson, J., Demianczyk, A. C., Brosig, C. L., Alderfer, M., Toth, M., Tanem, J., Kazak, A. E., & Sood, E. (February, 2020). *Parenting support recommendations crowdsourced from parents of children with congenital heart disease*. Poster presentation at the Cardiology 2020: 23rd Annual Update on Pediatric and Congenital Cardiovascular Disease, Lake Buena Vista, FL.

Gramszlo, C., Karpyn, A., Christofferson, J., **McWhorter, L.**, Demianczyk, A., Neely, T., Zyblewski, S., Shillingford, A., Kazak, A., & Sood, E. (February, 2020). *Education and preparation needs of parents following congenital heart disease diagnosis*. Poster presentation at the Cardiology 2020: 23rd Annual Update on Pediatric and Congenital Cardiovascular Disease, Lake Buena Vista, FL.

Christofferson, J., **McWhorter, L. G.**, Demianczyk, A., Brosig, C., Delaplane, E., Alderfer, M., Kazak, A., & Sood, E. *Psychosocial needs of parents following diagnosis of congenital heart disease: A crowdsourced study*. Poster submitted for Presentation at the 2019 Society of Pediatric Psychology Annual Conference, New Orleans, LA.

McWhorter, L. G., Christofferson, J., Alderfer, M. A., Neely, T., Randall, A., & Sood, E. (June 2018). *The effects of parental post-traumatic stress on parenting and child adjustment in families of children with CHD*. Award-winning poster presented at the 7th Annual Scientific Sessions of the Cardiac Neurodevelopmental Outcome Collaborative Kansas City, Missouri.

Lewis, K., **McWhorter, L. G.**, Melissa A. Alderfer, M. A., Zettler-Greeley, C., Pinto, A. T., & Sood, E. (June 2018). *Integrating an early literacy parent education program into cardiac neurodevelopmental follow-up: Successes and barriers*. Poster presented during the 7th Annual Scientific Sessions of the Cardiac Neurodevelopmental Outcome Collaborative Kansas City, Missouri.

McWhorter, L. G., Christofferson, J., Sood, E., Demianczyk, A., Zyblewski, S., Brosig, C., Lihn, S., Neely, T., Tanem, J., Randall, A., Delaplane, E., Toth, T., Boyle, E. B., Williams, C., Melissa Alderfer, M., & Kazak, A. (April 2018). *Family psychosocial care model for congenital heart disease: A crowdsourced study*. Oral presentation at Society of Pediatric Psychology Annual Conference, Orlando, FL.

Enlow, P. T., Carpenter, J., & **McWhorter, L. G.** (April 2018). *Differences in service utilization and trainee satisfaction across two inpatient consultation-liaison training models*. Oral presentation and award-winning poster presented at the Society of Pediatric Psychology Annual Conference, Orlando, FL.

McWhorter, L. G. & Herlong, J. R. (April, 2018). *A broken heart: The impact of CHD on parent experiences, parental PTSD and parenting practices*. Award-winning poster presented at the Society of Pediatric Psychology Annual Conference, Orlando, FL.

McWhorter, L. G. & Herlong, J. R. (April, 2017). *Fathers' experience of raising a child with a critical congenital heart defect*. Paper presented at the Society of Pediatric Psychology Annual Conference, Portland, Oregon.

Boyd, A. S., **McWhorter, L. G.**, & Stephenson, P. (March, 2015). *Rapid Resources For Families: Intensive alternative family treatment*. Paper presented at the 28th Annual Research & Policy Conference on Child, Adolescent, and Young Adult Behavioral Health, Tampa, FL.

McWhorter, L. G. (August, 2014). *The associations between caregiver psychological disorders, parenting behavior, and severity of child maltreatment among physically abusive caregivers*. Award-winning poster presented at the annual meeting of the American Psychological Association, Washington D. C.

- McWhorter, L. G.** (March, 2014). *Associations between caregiver psychological factors, parenting behavior, and child maltreatment*. Paper presented at the GRAD Research Symposium, UNC Charlotte Graduate and Professional Student Association, Charlotte, NC.
- McWhorter, L. G.,** Smith, C., & Gil-Rivas, V. (May, 2013). *Relationships between mindfulness, emotion regulation, distress, and sleep*. Poster presented at the Association for Psychological Science 25th Annual Convention, Washington, D. C.
- Smith, C., **McWhorter, L. G.,** & Gil-Rivas, V. (May, 2013). *The contribution of perceived stress and sleep quality to somatization symptoms*. Poster presented at the Association for Psychological Science 25th Annual Convention, Washington, D. C.
- McWhorter, L. G.,** Scott, T., Gil-Rivas, V., & Hypes, A. (April, 2013). *The contribution of trauma exposure and punishing parenting to romantic relational aggression in young women*. Poster presented at the Society for Research in Child Development Biennial Meeting, Seattle, Washington.
- McWhorter, L. G.,** Gil-Rivas, V., Bickett, A., Waxman, D., & Tapp, H. (March, 2013). *Who do physicians refer for behavioral medicine?: Collaborative care services in family medicine*. Poster presented at the Society of Behavioral Medicine 34th Annual Meeting, San Francisco, CA.
- Scott, T., **McWhorter, L. G.,** Gil-Rivas, V., & Hypes, A. (May, 2012). *Romantic relational aggression in women: The influence of parenting and emotion regulation*. Poster presented at the Association for Psychological Science 24th Annual Convention, Chicago, Illinois.
- McWhorter, L. G.,** Bickett, A., Gil-Rivas, V., Tapp, H., & Waxman, D. (April, 2012). *The impact of training and experience on collaboration between primary care physicians and behavioral medicine interns in a primary care setting*. Poster accepted at Society of Behavioral Medicine 33rd Annual Meeting, New Orleans, LA.
- Gil-Rivas, V. & **McWhorter, L. G.** (August, 2010). *Factors associated with the flu and vaccines*. Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.
- McWhorter, L.** (March, 2010). *Illness representation, risk perceptions, and intention to vaccinate for H1N1*, Paper presented at the GRAD Research Fair, UNC Charlotte Graduate and Professional Student Association, Charlotte, NC.

REGIONAL/LOCAL PRESENTATIONS

Braun, M. & McWhorter, L. G. (April, 2021). *Positive parenting the PriCARE way: Strategies for pediatricians and parents to encourage positive behavior in young children*. Talk presented at the Updates in Primary Care Virtual Conference, Children's Hospital of Philadelphia, Philadelphia, PA.

Wood, J., DePaul, E., **McWhorter, L. G.** & Kratchman, D. (Feb., 2021). *PriCARE Positive Discipline Module*. Talk presented at the PolicyLab's virtual Morning Speaker Series: Pilot Grant Showcase. Philadelphia, PA.

RESEARCH EXPERIENCE

- 2019-2021 **Co-Investigator/Content Expert**
Dissemination of PTSD Treatment Evidence to Refugee Health Providers and Refugee Communities. PI: Katherine Yun, MD, MHS, PolicyLab, Children's Hospital of Philadelphia (\$299,000).
- 2019-2021 **Co-Investigator/Content Expert**
PriCARE parenting intervention in pediatric primary care. PI: Joann Wood, MD, PolicyLab, Children's Hospital of Philadelphia.
- 2018-2019 **Study Coordinator**
LENA Start Spanish. PI: Marsha Gerdes, Ph.D., PolicyLab, Children's Hospital of Philadelphia.
- 2017-2019 **Research Assistant**
Family psychosocial care model for congenital heart disease: A crowdsourced study funded through the Pilot Grant, NIGMS Institutional Development Award (U54-GM104941). PI: Erica Sood, Ph.D., Division of Pediatric Behavioral Health, Nemours/A.I. duPont Hospital for Children.
- 2015-2018 **Principal Investigator**
A broken heart: The impact of pediatric open heart surgery on parents' wellbeing and parenting, a dissertation defended January 19, 2018. Dissertation Chair: Sharon Portwood, Ph.D., Public Health Department, UNC Charlotte.
- 2015-2016 **Project Coordinator**
Shaping the message: African American youth and their families use media to promote violencefree dating relationships, CBPR project funded by the Eunice Kennedy Shriver National Institute of Child Health & Human Development of the National Institutes of Health under Award Number R13HD085961. Co-PI: Shanti Kulkarni, Co-PI, Ph.D., School of Social Work, UNC Charlotte.
- 2013-2015 **Research Assistant**

An Evaluation of the Rapid Resource for Families Intensive Alternative Family Treatment pilot program. PI: Suzanne Boyd, Ph.D., School of Social Work, UNC Charlotte.

Fall 2013 **Principal Investigator**

The associations between caregiver psychological disorders, parenting behavior, and severity of child maltreatment among physically abusive caregivers, a thesis defended December 12, 2013. Thesis Chair: Amy Peterman, Ph.D., Psychology Department, UNC Charlotte.

2011-2013 **Co-Principal Investigator**

The impact of training and experience on collaboration between primary care physicians and behavioral medicine interns in a primary care setting. Supervisors: Virginia Gil-Rivas, Ph.D., Health Psychology Ph.D. Program, UNC Charlotte, and Hazel Tapp, Ph.D. and Dael Waxman, M.D. CMC Department of Family Medicine.

2009-2012 **Principal Investigator**

The effects of brief relaxation on needle anxiety, a 2nd year research project defended May 2012. Supervisor: Virginia Gil-Rivas, Ph.D., Health Psychology Ph.D. Program, UNC Charlotte.

2009-2013 **Research Assistant**

Factors associated with the flu and vaccines. PI: Virginia Gil-Rivas, Ph.D., Health Psychology Ph.D. Program, UNC Charlotte.

PROGRAM DEVELOPMENT AND IMPLEMENTATION

2020 **Developed and lead the student and faculty Spanish Psychology Interest Group**, a monthly experiential group to support bilingual clinical skills offered at Widener University, Chester, Pennsylvania.

2015 **Co-developed and co-led Taller de Relajacion (Relaxation Workshop)**, a 3-week structured coping skills group for underserved immigrant women offered in Spanish. Union County Health Department, Monroe, North Carolina.

2010-2011 **Co-developed and co-led Mindfulness for Graduate Students**, a weekly drop-in structured group. UNC Charlotte Grad Life Center, Charlotte, North Carolina.

2010-2012 **Developed and co-led Mindful Parenting**, a structured psychoeducation group for a low-income, primary care population. Elizabeth Family Medicine, Charlotte, North Carolina.

SERVICE TO THE PROFESSION

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| 2020-present | Reviewer of articles for Journal of Medical Psychology and Cardiology in the Young. |
| 2019-2020 | Reviewer of symposium and poster abstracts for Division 54 programming at the American Psychological Association's Annual Meeting. |
| 2019 | Mentored Reviewer of articles for Pediatrics under the mentorship of Marsha Gerdes, PhD., Children's Hospital of Philadelphia. |
| 2017-2019 | Member of the Patient and Family Support Learning Lab through the National Pediatric Cardiology Quality Improvement Collaborative (NPC-QIC) in the creation of the informational bulletins, "A Parent's Guide to HLHS." |
| 2016-2018 | Mentored Reviewer of articles for Journal of Pediatric Psychology under the mentorship of Erica Sood, Ph.D., Nemours/A.I. duPont Hospital for Children. |
| 2016 | Mentored Reviewer of conference submissions for Special Topics Meeting: Technology and Media in Children's Development, Society for Research in Child Development under the mentorship of Dr. Yalda T. Uhls and Dr. Candice Odgers. |
| 2013-2016 | Reviewer of articles for the Journal of American College Health. |
| 2014 | Graduate Student Representative for Division 37 of the American Psychological Association, the Society for Child and Family Policy and Practice. Completed Student Board Report for Division meeting; advocated for graduate student needs; coordinated with the Early Career Professional board member on projects of joint interest. |
| 2013 | Reviewer of poster applications, Society for Behavioral Medicine's 35 th Annual Meeting |
| 2013 | Graduate Student Representative – Designate , Division 37 of the American Psychological Association, the Society for Child and Family Policy and Practice. Compiled internship resource list for graduate students, compiled information for officer's manual for the student board. |

SERVICE TO THE UNIVERSITY

- 2020 **Search committee member** for the clinical director position in Speech and Language Pathology Program, Widener University, Chester, PA.
- 2020 **Coordinator**, Faculty Writing Group to support untenured faculty in productive scholarly work. Widener University, Chester, PA.
- 2019-present **Member**, Faculty Affairs Committee, Outcomes Committee, and Academic Affairs Committee, and he ad hoc Internship COVID-19 Planning Committee, Institute for Graduate Clinical Psychology, Widener University, Chester, PA.
- 2020-present **Director**, Widener Child Therapy Clinic, providing supervision and sliding scale services to underserved members of the community, Chester, PA.
- 2019-present **Faculty Coordinator**, Spanish Psychology Interest Group, School of Health Services Professions, Widener University. Chester, PA.
- 2019-present **Member**, Community Services Council, School of Health Services Professions, Widener University, Chester, PA.
- 2014-2017 **Quantitative statistics consultant** for doctoral students in Health Psychology and Educational Leadership, University of North Carolina, at Charlotte, NC.
- 2010-2014 **Member**, Philanthropy Committee, Health Psychology Graduate Student Association, University of North Carolina, at Charlotte, NC.
- 2010-2013 **Developed and coordinated** a mindfulness and compassion meditation research and practice group for Health Psychology students and faculty, University of North Carolina, at Charlotte, NC.
- 2009-2013 **Member**, Executive Committee, Health Psychology Graduate Student Association, University of North Carolina, at Charlotte, NC.
- 2012 **Student representative** for faculty committee on APA Accreditation self-study for the Health Psychology PhD Program, University of North Carolina, at Charlotte, NC.
- 2011-2012 **President**, Health Psychology Graduate Student Association, University of North Carolina, at Charlotte, NC.
- 2011 **Reviewer** for the undergraduate Psychology Department journal, University of North Carolina, at Charlotte, NC.

- 2010-2011 **Editor**, Health Psychology Program Newsletter, University of North Carolina, at Charlotte, NC.
- 2010-2011 **Website Administrator** for the Health Psychology Ph.D. Program, University of North Carolina, at Charlotte, NC.
- 2010-2011 **Website Administrator** for the Health Psychology Graduate Student Association, University of North Carolina, at Charlotte, NC.
- 2009-2010 **Chair**, Philanthropy Committee, Health Psychology Graduate Student Association, University of North Carolina, at Charlotte, NC.

SERVICE TO COMMUNITY

- 2020 **Provided pro bono services** to underserved and uninsured families in Delaware County, Pennsylvania.
- 2020 **Consulted virtually with families on child behavior during COVID-19 through the Homeless Health Initiative** coordinated by Children's Hospital of Philadelphia, Philadelphia, Pennsylvania.
- 2016-2019 **Volunteered** with Habitat for Humanity on a number of home build projects. Wilmington, Delaware.
- 2015-2016 **Coordinated** the first annual Teen Media Literacy Conference along with several non-profit groups and UNC Charlotte faculty. Charlotte, North Carolina.
- 2008-2016 **Assisted underprivileged youth** in college and financial aid applications. Monroe and Charlotte, North Carolina
- 2003-2016 **Interpreted** for special education meetings with Spanish speaking families, Union County Head Start Program and Union County Public Schools, Monroe, North Carolina.
- 2003-2016 **Interpreted** for Spanish speaking community **accessing government and medical services**. Encouraged participation in the educational process for Spanish speaking families, through advocating at their child's educational planning meeting, Monroe, North Carolina.
- 2014 **Co-designed a program evaluation** for the Parent Café program offered through Children's Trust, South Carolina.

- 2008-2014 **Coordinated** and participated in **various philanthropic activities** through the Philanthropy committee of the Health Psychology Graduate Student Association, including volunteering for Make a Wish Foundation, Regional AIDS Interfaith Network, Charlotte Greater Enrichment Program at Merry Oaks Elementary School, and Habitat for Humanity.
- 2013 **Co-developed** a beginner and intermediate **curriculum for the Program Evaluation Training Institute** through the Council for Children's Rights.
- 2011 **Living kidney donor** through University of Alabama at Birmingham's Transplant Program.
- 2007 Provided a **speech and developmental one-day clinic in Pochahuisco**, to a variety of children with special needs in a rural town where special education access is limited. **Guerrero, Mexico.**
- 2007 **Consulted** with Special Education Director, Profesor Pablo Luna Martinez, and Communication Teacher, Marta Cecilia Tejeda Garcia, at the Centro Multiple de Educacion Especial school in Chilapa; provided information on service delivery in the United States, consulted about service delivery ideas for students with speech and language delays. **Guerrero, Mexico.**

PROFESSIONAL ORGANIZATIONS

Member – American Psychological Association, division 54.

LICENSE, CERTIFICATION AND SPECIAL SKILLS

- Since 2018 Pennsylvania: PS018664; Delaware: B1-0001157
- 2016-17 Trained in Parent Child Interaction Therapy, Nemours/A. I., duPont Hospital for Children, Wilmington DE.
- 2016 Certified Bilingual - Spanish at the Native/Near Native Speaking Level for providing direct services and interpreting routine information/family concerns to medical providers. Nemours/A. I. duPont Hospital for Children, Wilmington DE.
- 2001 Certified Bilingual Spanish, for speaking and writing (advanced level, per ACTFL). University of North Carolina, Charlotte.
- 1991 Certificate in Child Maltreatment and Family Violence, California State University, Los Angeles.

REFERENCES

Marsha Gerdes, Ph.D.

Licensed Psychologist
The Children's Hospital of Philadelphia
34th and Civic Center Boulevard
Chop North, Room 1534
Philadelphia, PA, 19104
Telephone: (215) 590-2165
E-mail: gerdes@email.chop.edu

Erica Sood, Ph.D.

Licensed Psychologist
Division of Behavioral Health
Nemours/A.I. duPont Hospital for Children
1600 Rockland Road
Wilmington, DE, 19803
Telephone: (302) 651-6304
E-mail: Erica.Sood@nemours.org

Sharon Portwood J.D., Ph.D.

Professor
Department of Public Health Sciences
University of North Carolina, at Charlotte
9201 University City Boulevard
Charlotte, North Carolina 28223
Telephone: (704) 687-7916
E-mail: sgportwo@uncc.edu