

ALICE VALIANT ELY, PH.D.

Institute of Graduate Clinical Psychology, Widener University
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EDUCATION & TRAINING

2014	Ph.D. in Clinical Psychology Department of Psychology, Drexel University
2014	Psychology Internship, Behavioral Medicine and Eating Disorders UCSD/VA San Diego Internship Training Program (APA accredited)
2011	M.S. in Clinical Psychology Department of Psychology, Drexel University
2011	Summer Institute in Mental Health Research Bloomberg School of Public Health, Johns Hopkins University
2005	B.A. in Psychology Department of Psychology, University of Pennsylvania
2003	International Study Abroad Programme University of St. Andrews, School of Psychology, St. Andrews, Scotland, UK

PROFESSIONAL APPOINTMENTS & EXPERIENCE

2024 – Present	Assistant Professor Institute for Graduate Clinical Psychology Widener University, Chester PA
2023 – Present	Adjunct Assistant Professor Cooper Medical School of Rowan University Cooper University Health Care, Camden NJ
2022 – 2024	Psychologist Addiction Medicine, Center for Healing Cooper University Health Care, Camden NJ
2021 – 2023	Psychologist Bryn Mawr Psychological Associates, Bryn Mawr PA
2022	Visiting Assistant Professor Department of Psychology Haverford College, Haverford PA
2019 – 2021	Postdoctoral Fellow T32 Translational Addiction Research Fellowship Center for the Studies of Addiction, Department of Psychiatry University of Pennsylvania, Philadelphia PA
2017 – 2019	Psychologist Center for Heart and Vascular Health, Behavioral Health Service Line Christiana Care, Newark DE

2014 - 2016 **Postdoctoral Fellow**
T32 Fellowship in Biological Psychiatry and Neuroscience
Eating Disorders Center for Treatment and Research, Department of Psychiatry
University of California, San Diego CA

AWARDS and HONORS

2021 **NIDA Director's Travel Award**, College on Problems of Drug Dependence
2017 – 2018 **Value Institute Scholar**, Christiana Care
2017 **Outstanding Young Investigator Contributions to the Study of Eating Disorders**,
Journal of Abnormal Psychology
2012 **New Investigator Travel Award**, Society for the Study of Ingestive Behavior
2012 **International Travel Award**, Office of International Programs, Drexel University,
2008 – 2010 **Dean's Fellowship**, Department of Psychology, Drexel University
2005 **Cum Laude distinction**, University of Pennsylvania
2003 – 2004 **Dean's List**, University of Pennsylvania

GRANT FUNDING

2019 Delaware-CTR ACCEL Pilot grant: **Cognitive and biopsychosocial factors in**
Outpatient Heart Failure (National Institute of General Medical Sciences
U54GM104941)
Role: Principle Investigator upon award; \$81,621

TEACHING EXPERIENCE

2022 **Foundations of Psychology**
Department of Psychology, Haverford College
2021 **Comorbidity of Obesity and Eating Disorders with Substance Use** (Guest Lecture)
Department of Psychology, Drexel University
2019 **Cardiovascular Behavioral Health** (Guest Lecture)
Department of Psychology, La Salle University
2018 – 2019 **Resident Research Training Program Faculty**
Institute for Learning, Leadership and Development, Christiana Care
2017 – 2019 **Cardiovascular Behavioral Health**
Center for Heart and Vascular Health, Christiana Care
2017 **Behavioral Assessment**
Department of Psychology, Drexel University
2016 **Bariatric Mental Health Assessment** (Guest Lecture)
Department of Psychology, Widener University
2015 **Continuing Medical Education** (Guest Lecture)
UCSD Eating Disorder Center for Treatment and Research
2012 – 2013 **Cognitive Behavioral Interventions I & II**
Department of Health Psychology, University of the Sciences, Philadelphia
2012 **Introduction to Psychology**
Department of Psychology, Drexel University

LICENSURE & CERTIFICATION

2022 – Present **Practicing Psychologist**, New Jersey (35SI00686500), expiration 6/30/2025
2017 – Present **Licensed Psychologist**, Delaware (B1-0001085), expiration 7/31/2025
2017 – Present **Licensed Psychologist**, Pennsylvania (PS018206), expiration 11/30/2025

PUBLICATIONS

*denotes mentee/student co-author

24. **Ely, A.V.** & Skelton, W. (under review) Mind the Gap: The Role of Embedded Clinical Health Psychologists in Hospital-based Addiction Medicine
23. Hou, S., Heil, J., Salzman, M.S., **Ely, A.V.**, Snyder, S., Terracciano, D., Rafeq, R., Ganetsky, V., Carroll, G., Haroz, R. (under review) Emergency Department Utilization of the Methadone “72-Hour Rule” to Initiate or Bridge and Link to Outpatient Treatment: A Retrospective Cohort Study
22. Schonewald, B., **Ely, A.V.**, Salzman, M. (2024) Impact of an Alcohol Withdrawal Screening and Treatment Protocol for Hospitalized Patients, *Journal of Substance Use and Addiction Treatment*, epub ahead of print
21. **Ely, A.V.** & Wetherill R., (2022) Reward and inhibition in obesity and cigarette smoking: Neurobiological overlaps and clinical implications. *Physiology & Behavior* doi: 10.1016/j.physbeh.2022.114049
20. **Ely, A.V.**, *Keyser, H., Spilka, N., Franklin, T.R. Wetherill, R., Audrain-McGovern, J. (2021) Associations between smoking motives and behavior as a function of body mass index. *Drug and Alcohol Dependence – Reports*, 1, 100008
19. **Ely, A.V.**, Jagannathan, K., Spilka, N., *Keyser, H., Rao, H., Franklin, T.R. Wetherill, R. (2021) The influence of obesity and overweight on intra-network resting-state connectivity in chronic cigarette smokers. *Drug and Alcohol Dependence*, 227, 108911
18. Franklin, T.R., Jagannathan, K., Spilka, N., Keyser, H., **Ely, A.V.**, Janes, A. C., Wetherill, R., (2021) Smoking-induced craving relief relates to increased DLPFC-striatal coupling in nicotine-dependent women, *Drug and Alcohol Dependence*, 221, 108593.
17. Wetherill, R., Spilka, N., Maron, M., Keyser, H., Jagannathan, K., **Ely, A.V.**, Franklin, T.R. (2021) Influence of the natural hormonal milieu on brain and behavior in women who smoke cigarettes: Rationale and methodology. *Contemporary Clinical Trials Communications*, 21, 100738
16. Kaye, W.H., Wierenga, C.E., Bischoff-Grethe, A., Berner, L. A., **Ely, A.**, Bailer, U.F., Paulus, M., Fudge, J.L. (2020) Neural insensitivity to the effects of hunger in women remitted from anorexia nervosa, *American Journal of Psychiatry*, *appiajp201919030261*. Epub ahead of print.
15. **Ely, A.V.**, *Alio, C., *Bygrave, D., *Burke, M., Walker, E. E., (2020) Relationship between psychological distress and cognitive function differs as a function of obesity status in inpatient heart failure. *Frontiers in Psychology: Psychology for Clinical Settings*. 11, doi: 10.3389/fpsyg.2020.00162
14. **Ely, A.V.**, Jagannathan, K., Ketcherside, K.A., Hager, N., Franklin, T.R., Wetherill, R., (2019)

Double jeopardy: Comorbid obesity and cigarette smoking linked to neurobiological alterations in inhibitory control during smoking cue exposure. *Addiction Biology*. e12750.

13. Stedal, K., **Ely, A.V.**, *Kurniadi, N., Robinson E., Kaye, W.H., Wierenga, C.E., (2019) A process approach to verbal memory assessment: Evidence of inefficient learning in remitted anorexia nervosa. *Journal of Clinical and Experimental Neuropsychology*. 41, 653-663
12. Berner, L. A., Simmons, A. N., Wierenga, C.E., Bischoff-Grethe, A., Bailer, U., Paulus, M., **Ely, A.V.**, Kaye, W.H., (2018) Altered Interoceptive Activation Before, During, and After Aversive Breathing Load in Women Remitted from Anorexia Nervosa. *Psychological Medicine*, 17, 1-13
11. **Ely, A.V.**, Wierenga, C.E., Bischoff-Grethe, A., Bailer, U., Berner, L., Fudge, J., Paulus, M., Kaye, W.H. (2017) Response in taste circuitry is not modulated by hunger and satiety in women remitted from bulimia nervosa. *Journal of Abnormal Psychology*, 126, 519-530.
10. **Ely, A.V.**, Wierenga, C.E., Kaye, W.H. (2016) Anxiety impacts cognitive performance in remitted anorexia nervosa *European Eating Disorders Review*, 24, 347-51.
9. **Ely, A.V.**, *Howard, J.A., & Lowe, M.R. (2015) Delayed discounting and hedonic hunger in the prediction of lab-based eating behavior. *Eating Behaviors*, 19, 72-75.
8. **Ely, A.V.**, Childress, A.R., Jagannathan, K., & Lowe, M.R. (2015) The way to her heart? Response to romantic cues is dependent on hunger state and dieting history: an fMRI pilot study. *Appetite*, 95, 126-131
7. Wierenga, C., **Ely, A.V.**, Bischoff-Grethe, A., Bailer, U., Simmons, A., Kaye, W.H. (2014) Are extremes of consumption in eating disorders related to an altered balance between reward and inhibition? *Frontiers in Behavioral Neuroscience*, 8, 410.
6. Wierenga, C.E., Bischoff-Grethe, A., Melrose, A.J., Irvine, Z., Torres, L., Bailer, U.F., Simmons, A., Fudge, J.L., McClure, S.M., **Ely, A.**, Kaye, W.H. (2014) Hunger does not motivate reward in anorexia nervosa. *Biological Psychiatry*, 77(7), 642-652.
5. **Ely, A.V.**, Childress, A.R., Jagannathan, K., & Lowe, M.R. (2014) Differential reward response to palatable food cues in past and current dieters: an fMRI study. *Obesity*, 22(5), E38-45
4. **Ely, A.V.**, *Winter, S. & Lowe, M.L. (2013) The generation and inhibition of hedonically-driven food intake: Behavioral and neurophysiological determinants in healthy weight individuals. *Physiology & Behavior*, 121, 25-34
3. Wamsley, E.J., Shinn, A.K., Tucker, M.A., Ono, K.E., McKinley, S.K., **Ely, A.V.**, Goff, D.C., Stickgold, R., & Manoach, D.S. (2013) The effects of eszopiclone on sleep spindles and memory consolidation in schizophrenia. *SLEEP* 36, 1369-1376
2. Wamsley, E.J., Tucker, M.A., Shinn, A.K., Ono, K.E., McKinley, S.K., **Ely, A.V.**, Goff, D.C., Stickgold, R., & Manoach, D.S. (2011) Reduced sleep spindles and spindle coherence in schizophrenia: Mechanisms of impaired memory consolidation? *Biological Psychiatry*, 71, 154-161
1. Manoach, D.S., Thakkar, K.N., Stroynowski, E., **Ely, A.V.**, McKinley, S.K., Wamsley, E.J., Djonlagic, I., Vangel, M.G., Goff, D.C., & Stickgold, R. (2010) Reduced overnight consolidation of

procedural learning in schizophrenia is related to specific sleep stages. *Journal of Psychiatric Research*, 44, 112-120

BOOK CHAPTERS & INVITED CONTRIBUTIONS

Kaye, W.H. & Ely, A.V. Appetitive Regulation in Anorexia Nervosa and Bulimia Nervosa. (2017) In S. Agras (Ed.) Oxford Handbook of Eating Disorders, Second Edition. Oxford University Press

Ely, A.V., Berner, L., Wierenga, C.E., Kaye, W.H., (2016) Neurobiology of eating disorders: clinical implications, *Psychiatric Times*

Ely, A.V. & Kaye, W.H. Eating disorders: Biological Factors. (2017) In A. E. Wenzel (Ed.) The SAGE Encyclopedia of Abnormal and Clinical Psychology. Thousand Oaks: SAGE Publications Inc.

Ely, A.V. & Cusack, A. (2015) The binge and the brain, *Cerebrum: The Dana Foundation on Brain Science*

Ely, A.V. & Kaye, W.H. (2015) Ambivalence to recovery: what does the brain have to do with it? *Gurze-Salucore Eating Disorders Resource Catalogue*

Lowe, M.R., Butryn, M.L., Ely, A.V. (2013) Causes and Consequences of Obesity in Women. In Mary V. Spiers, Pamela A. Geller and Jacqueline D. Kloss (Eds.) Women's Health Psychology. Hoboken: Wiley

SELECTED CONFERENCE PRESENTATIONS

*denotes mentee/student co-author

Lombardi, A., Heil, J., Ely, A.V., Salzman, M. (accepted) Inpatient initiation of methadone treatment in opioid use disorder. Association for Multidisciplinary Education and Research in Substance use and Addiction, Chicago IL

Cesar, B., Moore, J., Isenberg, R., Heil, J., Haroz, R., Salzman, M., Ely, A.V. (accepted) Extended-Release Buprenorphine Initiation in an Emergency Department Setting, American Academy of Emergency Medicine, Austin TX

Shank, F., Prial, J., Ely, A.V. (2024) Pain but not psychiatric distress correlated with cognitive function in patients with Opioid Use Disorder in hospital settings, Society for Behavioral Medicine, Philadelphia PA

Ely, A.V., Hunter, K., Schonewald, B., Salzman, M., (2023) Body Mass Index in Alcohol withdrawal: Predictive or Protective? College on Problems of Drug Dependence, Denver

Franklin, T.R., Jagannathan, K., Spilka, N., Keyser, H., Ely, A.V., Rao, H., Wetherill, R., (2022) Effects of estradiol and progesterone fluctuations across the menstrual cycle on cerebral blood flow: a longitudinal perfusion fMRI study in naturally cycling women. College on Problems of Drug Dependence, Minneapolis

- Ely, A.V., *Keyser, H., Spilka, N., Franklin, T.R., Wetherill, R., (2021)** Associations between smoking motives and self-reported smoking as a function of body mass index. College on Problems of Drug Dependence, Virtual
- *Bygrave, D., Wright, R., Walker, E., *Alio, C., Ely, A.V., (2021)** Do sex differences and depression contribute to cognitive performance in outpatient heart failure? Society for Behavioral Medicine, Virtual
- Ely, A.V., Jagannathan, K., Spilka, N., Franklin, T.R., Wetherill, R., (2020)** The Influence of BMI on Intra-Network Resting State Connectivity in Cigarette Smokers. The Obesity Society, Virtual
- Ely, A.V., Williams, K., *Condiracci, C. (2019)** “Obesity paradox” evident in the relationship between cognitive function and hospitalizations in heart failure patients. Heart Failure Society of America, Philadelphia PA
- *Alio, C., Williams, K., *Condiracci, C., Ely, A.V. (2019)** Quality of life in heart failure patients differs based on the interaction between depression and cognitive function: A pilot study. Heart Failure Society of America, Philadelphia PA
- Ely, A.V., Bischoff-Grethe, A., Jagannathan, K., Wierenga, C.E., Kaye, W.H. (2019)** Brain response to reward-based decision-making in bulimia nervosa. Eating Disorders Research Society, Chicago IL
- Ely, A.V., Williams, K., *Condiracci, C. (2019)** Obesity may moderate the relationship between cognitive performance and severity of heart failure. Society for Behavioral Medicine, Washington DC
- Ely, A.V., Jagannathan, K., Ketcherside, K.A., Franklin, T.R., Wetherill, R. (2018)** Obese smokers show altered reward-related functional connectivity associated with level of nicotine dependence. Society for Neuroscience, San Diego CA
- Ely, A.V., Stedal, K., *Kurniadi, N., Robinson, E., Kaye, W.H., Wierenga, C.E. (2018)** Set-shifting difficulties in remitted anorexia nervosa: evidence of perseveration in verbal learning. International Conference on Eating Disorders, Chicago IL
- Ely, A.V., Williams, K., Condiracci, C. (2018)** Cognitive screening in an outpatient heart failure clinic: Preliminary data. ACCEL Community Research Exchange, Newark DE
- Ely, A.V., Jagannathan, K., Hager, N., Pater, H., Childress, A.R., Franklin, T.R., Wetherill, R., (2017)** Hypoactivation of inhibitory control brain regions in obese smokers during smoking cue exposure. Oral presentation at The Obesity Society, Washington DC
- Ely, A.V., Wierenga, C.E., Bischoff-Grethe, A., Bailer, U., Kaye, W.H. (2017)** Impulsivity linked to underactivation of striatal regions in response to sweet taste when fed. Society for the Study of Ingestive Behavior, Montreal Canada
- Berner, L., Ely, A., Wierenga, C., Bischoff-Grethe, A., Simmons, A., Bailer, U., & Kaye, W. (2017).** The Impact of Fasting and Eating on Control and Reward Responses in Women Remitted from Bulimia Nervosa. Society of Biological Psychiatry, San Diego CA

- *Kurniadi, N., **Ely, A.V.**, Wierenga, C.E., Kaye, W.H. (2017) Neurocognitive profiles of individuals remitted from eating disorders. International Neuropsychological Society, New Orleans LA
- Ely, A.V.**, Wierenga, C.E., Bischoff-Grethe, A., Bailer, U., Berner, L., Fudge, J., Paulus, M., Kaye, W.H. (2016) Brain response to taste in women remitted from bulimia nervosa is not modulated by hunger and fullness. Oral presentation at Eating Disorders Research Society, New York NY
- Ely, A.V.**, Bischoff-Grethe, A., Wierenga, C.E., Melrose, J., Bailer, U., Kaye, W.H., (2015) Fear of food in anorexia nervosa: Harm avoidance is linked to diminished neural response to taste reward. American College of Neuropsychopharmacology, Hollywood, FL
- Ely, A.V.**, Bischoff-Grethe, A., Wierenga, C.E., Melrose, J., Bailer, U., Kaye, W.H., (2015) Altered response to taste in individuals recovered from anorexia nervosa is dependent on hunger state. UC San Diego Postdoctoral Research Symposium, San Diego CA
- Ely, A.V.**, Wierenga, C.E., Kaye, W.H. (2015) The Role of Anxiety in Inhibitory Control Deficits in Eating Disorders. Society for the Study of Ingestive Behavior meeting, Denver, CO
- Ely, A.V.**, Childress, A.R., Jagannathan, K., & Lowe, M.R. (2014) Sensitivity to rewarding stimuli in young women prone to weight gain is dependent on hunger state: an fMRI pilot study. American College of Neuropsychopharmacology
- Ely, A.V.**, Wierenga, C., Bischoff-Grethe, A., Bailer, U., Kaye, W.H. (2014) The role of striatal dopamine pathways in reward and inhibitory dysfunction in eating disorders. UC San Diego Postdoctoral Research Symposium, San Diego CA
- Ely, A.V.**, Childress, A.R., Jagannathan, K., & Lowe, M.R. (2013) The way to her heart? Young women prone to weight gain show elevated brain response to romantic cues after having eaten. Oral presentation, Society for Neuroscience, San Diego CA
- Ely, A.V.**, *Howard, J.B., Lowe, M.R. (2013) Selective indulgence: Delay discounting, appetitive responsivity and the prediction of hedonic overeating. Oral presentation, Society for the Study of Ingestive Behavior meeting, New Orleans LA
- *Howard, J.B., **Ely, A.V.**, Lowe, M.R. (2013) Hedonic Hunger and Restrained Eating: An Examination of Their Effects on Consumption of Highly Palatable Snack Foods. Drexel University College of Arts and Sciences Research Day, Philadelphia PA
- Ely, A.V.**, Childress, A.R., & Lowe, M.R. (2012) Interaction of dieting status with reward response to palatable food cues: an fMRI study. Oral presentation, Society for the Study of Ingestive Behavior, Zurich, Switzerland
- Ely, A.V.**, Childress, A.R., Jagannathan, K., & Lowe, M.R. (2012) Interactive effects of hunger, food cues and dieting on brain activation. The Obesity Society, San Antonio TX
- Ely, A.V.**, & Lowe, M.R. (2011) Susceptibility of chronic dieters to hedonic overeating: An fMRI study. Eating Disorders Research Society, Edinburgh, Scotland

Ely, A.V., O’Planick, A., Tahlilani, K.K., Bunnell, D.W., Ice, S.M., & Lowe, M.R. (2010) Anorexia nervosa, bulimia nervosa and binge eating: Assessing the power of food. The Renfrew Center Foundation Conference, Philadelphia PA

Ely, A.V., Butryn, M.L., Stice, E., & Lowe M.R. (2010) *Predicting the development of loss of control over eating in college-aged women.* Eating Disorder Research Society, Cambridge, MA

Ely, A.V., Butryn, M.L., Stice, E., & Lowe, M.R. (2010) Prospective predictors of the emergence of loss of control over eating in young women prone to weight gain. Oral presentation, Society for the Study of Ingestive Behavior, Pittsburgh PA

Lowe, M.R., & **Ely, A.V.** (2010) The Power of Food Scale: Assessing the hedonic lure of the food environment. University of Pennsylvania Institute for Diabetes, Obesity and Metabolism Gastrointestinal Surgery Retreat, Philadelphia PA

Ely, A.V., O’Planick, A., Tahlilani, K.K., Bunnell, D.W., Ice, S.M., & Lowe, M.R. (2009) Assessing food preoccupation with the Power of Food Scale based on eating disorder diagnosis and presence/absence of binge eating. Eating Disorder Research Society, Brooklyn, NY

WORKSHOPS and SYMPOSIA

Segal, A., Bryce, K., **Ely, A.V.,** LaGrotte, C. (2024) Health Psychologist Integration on Medical Services: Upstream Approach to Improve Downstream Outcomes. American Psychological Association Division 38 – Society for Health Psychology, Seattle WA

Fizur, P., **Ely, A.V.,** LaGrotte, C. (2024) Addressing Upstream Factors in Integrated Care: Novel Implementation of Evidence-Based Interventions to Increase Engagement. Society for Behavioral Medicine, Philadelphia PA

Foo, K., Bermeo, C., **Ely, A.V.** (2023) Intersection of Mood Disorders and Substance Use Disorders. Center of Excellence Training, Cooper University Center For Healing, Camden NJ

INVITED TALKS

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| 2022 | The role of eating behavior and bodyweight in substance use
Grand Rounds, Department of Psychiatry, Cooper University Health Care |
| 2022 | Taste & Decision-Making: Exploring the Neurobiology of Bulimia Nervosa
Speaker Series, Department of Psychology, Haverford College |
| 2018 | Clinical Implications of Neurobiological Dysfunction in Comorbid Obesity and Smoking
Value Institute, Christiana Care Health System |
| 2017 | Cognitive Behavioral Treatment of Heart Failure-Related Distress
Grand Rounds, Department of Psychiatry, Cooper University Health Care |
| 2017 | Novel Findings in the Neurobiology of Obesity in Smoking
Addiction Seminar, Department of Psychiatry, University of Pennsylvania |

RESEARCH MENTORSHIP

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- 2024 **Contingency Management for Opioid Use Disorder Buprenorphine Treatment Engagement: 3-Month Outcomes**, Shelby Goodwin, Rowan University (Dissertation Committee Member)
- 2023 – Present **Capstone Mentor**
The Role of Behavioral Medicine Consults Post Non-Fatal Opioid Overdose, Jordan Moass, Cooper Medical School of Rowan University (Capstone Mentor)
- The interaction of housing instability and cognitive function on severity of opioid use disorder**, Jennifer Prial, Cooper Medical School of Rowan University (Capstone Mentor)
- 2015 – 2016 **Mentor in Undergraduate Research and Career Development**
UCSD Eating Disorder Center for Treatment and Research

SERVICE TO DEPARTMENT

-
- 2023 – 2024 **Core Faculty**, Psychology Internship Program
Cooper University Health Care
- 2018 – 2019 **Cardiovascular Stress Management Workshop Coordinator**
Cardiac Rehabilitation, Christiana Care
- 2017 – 2019 **Steering Committee**, Psychology Internship Program
Christiana Care
- 2014 – 2016 **Lecture Series Coordinator**
Eating Disorders Center for Treatment and Research, University of California San Diego

SERVICE TO PROFESSION

-
- Committee Membership**
- 2023 – Present Early Career Members Committee, College on Problems of Drug Dependence
- Abstract Review**
- 2023 – Present Society for Behavioral Medicine Annual Meetings
- 2023 Society for Research on Nicotine and Tobacco Annual Meeting
- 2016 – 2017 The Obesity Society Annual Meetings
- 2009 – Present **Manuscript Review**
Appetite, Brain and Behavior, Eating Behaviors, Drug and Alcohol Dependence: Reports, Frontiers: Behavioral Neuroscience, Journal of Adolescent Health, Journal of the American Academy of Child and Adolescent Psychiatry, Neurobiology of Stress, Neuroimage, Neuroscience, Nicotine & Tobacco Research, Obesity, Psychiatry Research, Psychiatry Research: Neuroimaging, Psychological Medicine, Physiology & Behavior

2015 **Grant Review**
The Wellcome Trust, United Kingdom

CLINICAL TRAINING

2013 - 2014 **Predoctoral Intern**
VA Healthcare System & University of California, San Diego, CA
2012 - 2013 **Neuropsychological Assessor**
Penn Memory Center, University of Pennsylvania, Philadelphia, PA
2011 - 2012 **Behavioral Therapist**
Weight Management Clinic, St. Christopher's Hospital for Children, Philadelphia, PA
2011 - 2012 **Practicum Therapist**
Main Campus Student Counseling Center, Drexel University, Philadelphia, PA
2010 -2011 **Practicum Therapist**
Addiction Treatment and Center City Clinics, Drexel University, Philadelphia, PA
2009 - 2010 **Practicum Therapist**
Adolescent and Dual Diagnosis Units, Friend's Hospital, Philadelphia, PA

SELECTED TRAINING ACTIVITIES

2023 **Montreal Cognitive Assessment Certification, MoCA Cognition**
2018 **Mindfulness Tools for Healthcare Professionals, Jefferson University**
2017 **Challenges in CBT Supervision, Philadelphia Behavior Therapy Association**
2017 **Minimizing Health Disparities, Delaware Psychological Association**
2016 **Mindfulness-Based Stress Reduction, UCSD School of Medicine**
2015 **Experimental Design and Statistical Analysis Seminar, UCSD School of Medicine**
2014 **Functional MRI in Cognitive Neuroscience, UCSD School of Medicine**
2013 **Cognitive Processing Therapy for PTSD, VA San Diego Healthcare System**
2013 **Motivational Interviewing, UCSD/VA San Diego Healthcare System**
2013 **Maudsley Family-Based Treatment for Eating Disorders in Adolescents, UCSD**
Center for Eating Disorder Treatment and Research
2010 **Cognitive Behavioral Therapy for Bulimia Nervosa, EDNOS, and Binge Eating**
Disorder Renfrew Center Conference

MEDIA COVERAGE

2017 "How bulimics' brains are different" CNN.com, Health section
2015 "The Effect Eating Has on Female Desire: Study" Time.com, Health section
790 KABC-AM Los Angeles, live radio interview
740 KTRH-AM Houston, recorded radio interview

ADDITIONAL WORK & SERVICE EXPERIENCE

2015 – 2024 **Director of Operations**
Board of Directors, ConserFest
2008 – 2010 **Graduate Assistant**
Program for Eating Disorders and Obesity Research, Drexel University

2006 – 2008 **Research Assistant**
Center for Sleep and Cognition, Beth Israel Deaconess Medical Center

PROFESSIONAL AFFILIATIONS

Society for Health Psychology: American Psychological Association Division 38
Society of Addiction Psychology: American Psychological Association Division 50
College on Problems of Drug Dependence, Associate Member
Society for Research on Nicotine and Tobacco
Society for Behavioral Medicine
Society for Neuroscience
Philadelphia Behavior Therapy Association
American Women in Science

PAST AND CURRENT COLLABORATIVE RELATIONSHIPS

Addiction Medicine Department, Cooper University Health Care, Camden NJ
Health and Behavioral Integrated Treatments Research Unit, Rowan University, Glassboro NJ
Brain and Behavioral Vulnerabilities Lab; University of Pennsylvania, Philadelphia PA
Biopsychosocial Health and Cognition Lab; University of Delaware, Newark DE
Eating Disorders Center for Treatment and Research; University of California, San Diego CA