

CONTACT INFO: Telephone: (610) 499-1276
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EDUCATION:

- PhD in Health Professions Education, Widener University – Currently Enrolled with anticipated completion 2026
- DPT in Physical Therapy, Widener University - 2008
- B.A. in Sociology, Widener University - 2004
- B.A. in Criminal Justice, Widener University, 2004
- Certificate in Accounting, Widener University, 2004

LICENSURE:

- Physical Therapy - Pennsylvania #PT019441
- Direct Access- Pennsylvania #DAPT002868

CERTIFICATIONS:

- Certified in Mechanical Diagnosis and Therapy (Cert. MDT), McKenzie Institute
- Certified in LSVT BIG

TEACHING EXPERIENCE:

- Director of Clinical Education and Clinical Assistant Professor, College of Health & Human Services, Widener University, January 2025 – Present
- Experienced interprofessional educator teaching courses with graduate level physical and occupational therapy students. Course content includes foundational anatomy, client management foundations, multisystem examination, ultrasound and electrophysiological modalities, and case conferences for a student-run clinic. Facilitate and coordinate clinical education experiences throughout the curriculum.
- Adjunct Faculty Member, College of Health & Human Services, Widener University, 2015 – December 2024
- Experienced interprofessional educator teaching courses with graduate level physical and occupational therapy students. Course content includes foundational anatomy, introductory interventions, multisystem examination, ultrasound and electrophysiological modalities, and case conferences for a student-run clinic.

PROFESSIONAL EXPERIENCE:

- Founder and Owner, Full Range Health Services, 2014 – Present
- Regional Director, Fox Rehabilitation, 2012 – 2014
- Director of Post-Operative Orthopedic Program, Fox Rehabilitation, 2013-2014
- Physical Therapist, Fox Rehabilitation, 2011 - 2012
- Physical Therapist, In Motion Physical Therapy, 2010 - 2011
- Physical Therapist, Novacare Rehabilitation, 2009 – 2010
- Clinical Instructor, Novacare Rehabilitation, 2010
- Physical Therapist, Per Diem, Temple University Hospital, 2009 – 2012

- Physical Therapist, Per Diem, Delaware County Memorial Hospital, 2008 – 2011
- Physical Therapist, Full Time, Temple University Hospital, 2008 – 2009

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:

- American Physical Therapy Association
- McKenzie Institute of America

HONORS AND AWARDS:

- Award for Service to the Profession, Widener University, 2008
- Clinical Excellence Award, Widener University, 2008
- George A. Hansell Jr. Scholar Athlete, Widener University, 2004

CONSULTANT POSITIONS:

- Member of Surrey Services Advisory Council- Spring 2017-Spring 2018
- Professional Advisory Committee Member – Renaissance Home Health, 2014 – 2016
- Professional Advisory Committee Member – Suma Home Health, 2016 – 2018

PROFESSIONAL PRESENTATIONS:

- Alumni Speaker Series, Home Health Care, Presented at Widener University’s Institute for Physical Therapy Education, April, 2024
- Faculty Roles in a Student- Run Pro Bono Model: Letting Go Gracefully, Presented with Dr. Jill Black, PT, DPT, EdD at the Eastern and Western Regional Pro Bono Network Conferences, March 2019
- Alumni Speaker Series, Private Practice Start-Up, Presented at Widener University’s Institute for Physical Therapy Education, February, 2018

COMMUNITY PRESENTATIONS:

- Presented various times at community organizations throughout the Greater Philadelphia Area from 2012 to Present
 - Living with Back Pain
 - Falls and Balance
 - Arthritis
 - Therapy Care Management

RESEARCH INVOLVEMENT:

- Marketing Services to Transform Society: How a Marketing Project has Fostered Student Leadership Growth while Achieving Referral of Clients in Need of Pro Bono Service. Justin Gilfillan, Patrick Rutledge, Leonard Harmon, Michael McDevitt, Jill D. Black.

SERVICE TO UNIVERSITY:

- Admissions Committee Member, Widener University, 2018-2020
- Chester Community Physical Therapy Clinic Advisory Board, Widener University, 2015-2020

COMMUNITY SERVICE:

- Volunteer Youth Softball Coach, Spring 2021-Present

- Volunteer Brazilian Jiu Jitsu Coach, Fall 2018-Present
- Member of Board of Directors, Community YMCA, Summer 2018-Winter 2020
- Volunteer Pro Bono Clinic Supervisor, 2014-Summer 2015
- Volunteer Swim Coach, Ursinus College, 2010-2011

TEACHING RESPONSIBILITIES IN PHYSICAL THERAPY:

<u>Semester</u>	<u>Year</u>	<u>Course Number</u>	<u>Position</u>
Summer	2024	PT 708	Instructor
Spring	2024	PT726	Lab Instructor
Spring	2024	PT805	Lab Instructor
Fall	2023	PT 730	Instructor
Spring	2023	PT 726	Lab Instructor
Spring	2023	PT 805	Lab Instructor
Fall	2022	PT 730	Instructor
Spring	2022	PT 726	Lab Instructor
Spring	2022	PT 805	Lab Instructor
Fall	2021	PT 730	Lab Instructor
Spring	2021	PT 726	Lab Instructor
Spring	2021	PT 805	Lab Instructor
Fall	2020	PT 730	Lab Instructor
Spring	2020	PT 726	Lab Instructor
Spring	2020	PT 805	Lab Instructor
Fall	2019	PT 730	Lab Instructor
Spring	2019	PT 805	Lab Instructor
Spring	2019	PT 726	Lab Instructor
Fall	2018	PT 730	Lab Instructor
Fall	2018	PT 880	Course Moderator
Summer	2018	PT 818	Instructor
Spring	2018	PT726	Lab Instructor
Fall 2021 to Current			Grand Rounds Consultant
Fall 2016 to Spring 2020			Grand Rounds Moderator
Fall 2015 to Spring 2020			Student-Run Pro Bono Clinic Supervisor

INDIVIDUAL LECTURES IN PHYSICAL THERAPY:

- Sales: The Taboo Topic
- Lumbar Spine: An Introduction to the McKenzie Method

CONTINUING EDUCATION IN PHYSICAL THERAPY:

- May 2023: Interprofessional Education Collaborative Institute
- December 2022: Ethics for Physical and Occupational Therapy Professionals (2022)
- December 2022: Review of Systems: Integumentary, Hematologic, Cardiovascular, and Pulmonary
- December 2022: What is Developmental Coordination Disorder?
- December 2022: Examination of the Patient with Knee Osteoarthritis
- December 2022: Differential Diagnosis & Management of Anterior Knee Pain

- December 2022: Case Studies of the Hip: Osteoarthritis
- December 2022: Preventing Falls Across Therapy Settings
- December 2022: Wound Care: Staple and Suture Removal
- December 2022: Superior Rehabilitation: Using Practical Strategies for Aging Adults Part 1
- December 2022: How Strong is Your Patient's Exercise Program Part 2

CONTINUING EDUCATION IN PHYSICAL THERAPY (Continued):

- December 2022: Social Determinants of Health: Impacting Geriatric Care Management
- November 2022: Differentiating Dementias: Alzheimer's, Vascular, and Lewy Body
- November 2022: Differentiating Dementias: Frontal, Temporal, and More
- November 2022: The Aging Spine
- November 2022: How Strong is Your Patient's Exercise Program Part 1
- November 2022: Making Lifestyle Transitions with the Older Adult
- November 2022: Cervico-Thoracic Spine Management
- November 2022: Overview of Maintenance Therapy for Home- and Clinic-Based Providers
- December 2020: Effective Exercise Dosing to Optimize Recovery and Beyond
- November 2020: The Shoulder: Traumatic and Post Operative Injuries
- November 2020: Ethics in Physical and Occupational Therapy Professionals
- August 2020: LSVT BIG Certification
- April 2019: McKenzie Institute- Advanced Clinical Decision Making
- November 2018: Differential Diagnosis of Lateral Elbow Pain
- November 2018: Upper Extremity Assessment: Elbow to Hand
- November 2018: Differential Diagnosis & Conservative Management of Lateral Knee Pain
- November 2018: Ethics in Physical Therapy
- November 2018: Hospice and Palliative Care: Transitions from Rehab to End of Life
- November 2018: Getting a Grip on Upper Extremity Spasticity Assessment and Management
- November 2018: A Comprehensive Approach to Parkinson's Disease
- April 2018: The Hands-On Guide to Vestibular Rehabilitation
- January 2017: Intro to IASTM and Core Principles of IASTM
- December 2016: Regional Review of Musculoskeletal Systems: Chest and Thoracic Spine
- December 2016: Regional Review of Musculoskeletal Systems: Hip, Groin, and Lower Extremity
- December 2016: Medical Screening and Clinical Decision Making
- December 2016: Regional Review of Musculoskeletal Systems: Lumbar Spine, Abdomen, and Pelvis
- December 2016: Legal and Ethical Issues in Geriatric Rehabilitation
- October 2016: The Power of Residual Memory: Therapeutic Approaches to Dementia
- March 2015: Soft Tissue Buffet
- October 2013: Connecting and Communicating: Demystifying Resistance and Refusals in Those with Dementia
- September 2013: Ethical and Legal Standards of Care: A Mock Trial
- May 2013: Parkinson's Disease: Practical Tools for Rehab Management

- May 2012: McKenzie Credentialing Examination
- February 2012: Evaluation and Management of Upper Extremity
- April 2011: McKenzie Part D: Advanced Cervical and Thoracic Spine and Extremities
- December 2010: McKenzie Part C: Problem Solving Workshop
- October 2010: McKenzie Part B: Cervical and Lumbar Spine
- May 2010: McKenzie Part A: Lumbar Spine

CONTINUING EDUCATION IN PHYSICAL THERAPY (Continued):

- February 2010: Evidence-Based Active Care for Today's Physical Therapist
- June 2009: Spinal Cord Injury presented by Moss Rehab